

Mark Your Calendars!



Lafayette Parish 4-H Hotline

November 2006



1010 Lafayette St., Ste. 325, Lafayette, LA, 70501
337-291-7090; 337-291-7099 (Fax)
www.lsuagcenter.com

Officer Training

A parish wide officer training session was held for all 4-H officers at Lafayette Middle School on October 19, 2006. Most of our club officers attended and they all learned how to be better officers. A big **“Thank You”** is extended to the Jr. Leaders and 4-H Leaders for conducting the training sessions and the St. Genevieve Elementary 4-H officers for conducting the sample meeting. Also, a super thank you to Mr. Rick Poulan, Principal at Lafayette Middle for his continued support and cooperation. We are also very appreciative to the faculty and staff at LMS who once again graciously opened their doors and welcomed us. Now that all officers have been properly trained, we should have some smooth running and interesting meetings.

December CRD

One again Lafayette Parish 4-H'ers will take place in the TV 10 Food for Families Drive in a big way. Several clubs participated in the 4-H Caravan of Food as we traveled to the Cajundome to deliver food for the needy. Four-H'ers were featured on "Meet Your Neighbor" and met some of the TV 10 celebrities. This year we plan to do all of that again and now is the time to start making plans.

All 4-H Clubs are asked to participate and collect as much as they can. Then, on **December 7th**, representatives from each club will meet at the Cajundome to form a caravan proclaiming 4-H Food for Families. Your leaders have all the details. Check with them.

National 4-H Week

Congratulations 4-H'ers you did it again! From all accounts, National 4-H Week was a success in Lafayette Parish. The application forms are slowly coming in. You all have done some outstanding projects with your clubs.

We especially want to thank the clubs who so generously remembered us, the 4-H Staff, during the week and brought goodies for the staff to enjoy.

Christmas Cookie Contest

The 4-H Christmas Cookie Contest will be held during your **December club meeting**. Certificates will be awarded to all winners and participants. The three categories will be:

1. Largest Christmas Cookie
2. Prettiest Christmas Cookie
3. Most Unusual Christmas Cookie

Remember:

- No store bought cookies can be entered.
- Bring your cookies to school the day of your meeting.
- You may enter more than one category.
- One cookie can be entered in only one contest.

Record Book Workshop

Get a head start on project/record books this year by taking part in the 4-H Record Book Workshop. We will introduce the new 4-H Portfolio that 7th-12th graders will use. It is scheduled for November 29 at Lafayette Middle School; to begin at 4:00 PM. To attend you must pre-register by calling 291-7090. All 4-H'ers are encouraged to attend.

November 2006

- 1 Exhibition Poultry Entries Due
- 1 Possession Date for Beef, Sheep & Goats
- 2 First Day of Club Meetings
- 3-4 Louisiana Volunteer Leader Retreat, Chicot State Park
- 6 Junior Leader Officer Meeting
- 8-13 Livestock Educational Trip for Beef and Sheep Louisville, KY
- 17 Final Day of Candy Sale
- 11 4-H Fall Fest, Evangeline Elementary
- 27-30 Deadline for turning in Candy Sale Money 4-H Office
- 15 Spring Livestock Entries Due, 4-H Office
- 19-21 4-H Educational Trip, New Orleans, LA
- 20 Service-Learning Workshop, Abdalla Hall, UL
- 20 Junior Leader Meeting, 4-H Office
- 21 Livestock Farm Tour, 4-H Office
- 23-24 **Thanksgiving Holiday, Office Closed**
- 23-28 National 4-H Congress, Atlanta, Georgia
- 28 Lafayette 4-H Foundation Board Meeting
- 29 Record Book Workshop, Lafayette Middle
- 30 4-H Quarterly Training, New Iberia
- TBA Swine Educational Trip, Louisville, KY

December 2006

- 1 Possession Date for Swine
- 4 Livestock Advisory Board Meeting
- 4 Junior Leader Officer Meeting
- 4 Body Walk, Burke Elementary
- 5 Body Walk, Ridge Elementary
- 6 Body Walk, J. W. James Elementary
- 6 4-H Food for Families Drive, Cajundome
- 7 Body Walk, Cathedral-Carmel
- 8 Body Walk, Alice Boucher Elementary
- 8 Award of Excellence Applications Due 4-H Office
- 8 Key Club Applications Due, 4-H Office
- 15 Area Livestock Clinics, Sugarena, New Iberia
- 15-16 Cajun Classic Beef Show, Sugarena, New Iberia
- 18-19 Annual Agent's Conference, Baton Rouge
- 25-1 **Christmas Holiday/New Year's Holiday, 4-H Office Closed**
- TBA Junior Leader Meeting
- TBA Livestock Hoof Trimming Clinic

Food & Fiber-It's a Matter of Taste

Taste buds are the tiny elevations on your tongue and in the lining of the cheeks and on the roof of your mouth. You even have a few on your lips! Taste buds are shaped much like an onion bulb and have a small opening or **taste pore** at the very tip. This pore allows food and drink molecules to come into the taste bud. At this point, special cells contained in the taste bud, called **taste cells**, receive the food and drink molecules. Each taste bud is made up of approximately 100 taste cells. These cells live for only 1 to 2 weeks and then are replaced. That's why your taste for food changes. Foods that you don't like today may be more appealing as you get older. So, never stop trying new foods.

Sincerely,

Angie Arnould

Angie Arnould
Assoc. County Agent
4-H Youth Development
Lafayette Parish

Jan Coussan

Jan Coussan
Extension Agent
4-H Youth Development
Lafayette Parish

Charles Hebert

Charles Hebert
County Agent
4-H Youth Development
Lafayette Parish

It is the policy of the LSU AgCenter, Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, national origin, religion, gender, age or disability. If you have a disability which requires special assistance for your participation in any aforementioned activity, please contact the Lafayette 4-H office at 337-291-7090.



Be A Jr. Leader

It's still not too late for 8-12 graders to join the Lafayette Parish 4-H Junior Leadership Club. The next scheduled meeting of the Junior Leadership Club is **Monday, November 16, at the 4-H Office to begin at 5:45 p.m.** November 16 is also the deadline to join Junior Leadership without paying a late fee. The final deadline is the **December Meeting**. Membership is only \$5.00 for the entire year.

Character Counts

Congratulations to all of you who put our first pillar of character, **RESPECT**, into practice. We all know that a good person is someone to look up to and admire and knows the difference between right and wrong and always tries to do what is right. A good person lives according to the "Six Pillars of Character".

The pillar for November is **RESPONSIBILITY**. When we do our best, don't quit, are prepared, work hard, and work with pride, we are being **RESPONSIBLE**. When we take charge of our life, set realistic goals and keep a positive outlook, we are practicing this month's pillar: **RESPONSIBILITY**.

What else can you do to be a responsible person?

Albertson's Community Partners Program

The Lafayette 4-H Foundation is happy to announce that we are participating in the Albertson's Community Partner's program.

All 4-H'ers are asked to encourage their parents, grandparents or friends who shop at Albertson's to sign up for this program. Every time the card is used, Albertson's will donate money to the 4-H Foundation. It's as easy as that! Parents will be able to sign up at Fall Fest. Money raised will support the 4-H program.

Fall Fest

All 4-H'ers and their families can make plans to attend the 18th annual **4-H Fall Fest** scheduled for **November 11th** at Evangeline Elementary School. **4-H members** will have a chance to compete in various contests. See the separate sheet for rules and contests.

The day should be lots of fun. We are encouraging 4-H members, leaders and parents to bring lawn chairs, blankets, etc. and make plans to spend part of the day with us. Check the Fall Fest Rules and Regulations given to all members for the time schedule and specific contest rules. We hope to see you there. **Special Note: All Cats And Dogs Entered in Either The Dog or Pet Show Must Show Proof of Rabies Vaccination. Farm Animals And Captive Wild Animals Are Not Allowed at Fall Fest.**

Candy Sale

Four-H'ers throughout the parish have been selling World's Finest Chocolate candy. Proceeds from the candy sale have gone back to 4-H'ers as reduced fees for 4-H Camp, 4-H Challenge Camp and 4-H University. We hope your candy sale is going well! Remember, if you have any questions, please call the 4-H Office at 291-7090. The last day to sell candy is November 17th.

Community Service Learning

Want to take your community service projects to another level? Come to the CSL Workshop on Monday, November 20, at Abdalla Hall from 8:00am to 5:30pm. Lunch will be provided so RSVP at 291-7090. Many 4-H members and 4-H Clubs are already actively involved in community service projects, and this workshop will help you whether you're just starting out or if you are experienced in planning and conducting community service projects. CSL combines service with student learning in a way that both student and community benefit. In the wake of the recent disastrous events, there is no greater time to get involved.

Livestock Entries

It is already time to begin preparing if you plan to exhibit livestock at the 4-H livestock shows in January and February, 2007. All members planning to exhibit Beef, Dairy, Sheep, Swine, Goats or Poultry will be required to complete entry forms on each of their animals and return the forms to the 4-H Office by November 15th.

Livestock entry forms will be sent through the mail. Call Mr. Charles or Ms. Angie at 291-7090 if you haven't received your entry forms by November 6th or if you need more information about the 4-H Livestock Program.

Finalized dates for the livestock shows are:

Parish Show & Sale - Jan. 19-20, 2007

District Show - Jan. 24-27, 2007

State Show - Feb. 10-17, 2007

Cajun Classic

Parent volunteers are being recruited as well as class sponsors to assist with the show. It will be held at the Sugarena in New Iberia on Saturday, December 15-16, 2006. For more information call the 4-H office.

Horse News

The 4-H horse shows will take place next summer. Exhibitors must have their horses by **April 1** and will also be required to send in entries by that time. Our parish 4-H horse clinics are tentatively scheduled to begin on **March 28th** with our Grade Horse Check-In Clinic at the Blackham Coliseum.

All 4-H'ers who enrolled in the horse project will periodically receive horse information, as well as their entry forms, through the mail. Contact Mr. Charles at 291-7090 with any questions about the 4-H Horse Program.

Broiler Chick Project

It is time to order broiler chicks for the 2007 LSU Broiler Show. Broilers are meat-type chickens. The project lasts approximately 6 weeks. Chicks are \$.35 each. The orders must be received by November 14th. For more information contact Mrs. Angie at 291-7090.

Clover Corner

Hi New 4-H Members!

Welcome to 4-H. My name is Clover and I've been in 4-H for many, many years. I'm so excited that you have joined this great club and I hope you have a great year.

I wrote you a note on page 3 of your Discovering 4-H booklet. Read it as soon as you can and get started. The booklet has a total of 61 pages. If you work on it at a steady pace, you'll have everything finished by the February deadline.

Look for my note in each Hotline that will help you keep up with your booklet. I know the booklet inside and out, I'll give you hints on what to do and when.

Several things take a while to complete so it's a good idea to start those things now. A good place to start is in the PLANT section. It begins on page 29. Read and start the activities on pages 29 & 30. Another good activity to start is growing radish on page 36. Also, open to the ENVIRONMENT section on page 40 and start looking for insects before it gets too cool outside.

This is a good time to feed the birds in our area. Work on pages 43 & 44. Lots of humming birds have been spotted around. Check out the Dig Deeper on page 44 and feed a few humming birds before they all fly south!

November is a good month for outdoor activities. If you look hard you will find good leaves to trace on page 32. Finish up this unit by doing the soil experiment on page 37. Here's a hint, the My Garden Soil is an Achievement Day contest. Get it done now, and you will have one less thing to do before Achievement Day rolls around.

On cool, rainy days when you can't go outside, pages 4 through 11 are good indoor activities. This is a good time to do pages 12 to 23. These are sewing, cooking and reading activities. Get a head start and do some of these.

Always have someone take pictures of you while you are working on your projects. A few photos in your book will make it look sharp. I'll be in touch and give you hints next month. **HAVE A GREAT YEAR IN 4-H!**

Yours Truly,

Clover