



Caddo Parish 4-H Cookery Contest CLOVERBUDS

Monday, Nov. 3, 2008 (Registration begins at 5 p.m. No entries accepted after 6 p.m. Judging begins at 6 p.m.), Woodmen of the World Bldg. 1151 Kay Lane (located south of LSU-S, past Stratmore Drive in between E. King Hwy and Youree Drive. Kay Lane is across Youree Drive from Azalea Garden Subdivision.

COOKERY CONTEST BASIC RULES:

- The contestant must be a Caddo Parish 4-H club member.
- You may enter only one **(1) dish** in Beef – Quick & Easy.
- The dish must be prepared the night before & **chilled** in refrigerator.
- Dish must be transported to the contest **on ice** in an insulated **ice chest**.
- Contestants should bring a dish prepared by the contestant to the contest. A **copy of the recipe** must accompany the dish. The recipe must make only one standard size dish. The ENTRIE dish must be exhibited at the contest. Anything used to enhance the appearance of the dish must be in or on the serving container.

****Dishes not chilled & transported on ice in an insulated ice chest will be disqualified.**

Cloverbud Division Rules: (You may enter only 1 dish)

BEEF (minimum of 1 pound ground must be **used**)

- **Quick & Easy:** Ready to serve is less than 1 hour; list time for each step

