

## Concordia 4-H

Concordia Parish 4-H  
405 Carter Street  
3rd Floor  
Vidalia LA 71373

Phone: 318-336-7084

- Concordia 4-H Agents -

Joe P. Bairnsfather  
Extension Agent (4-H)  
jbairnsfather@agcenter.lsu.edu

Ada Palermo  
Extension Agent (4-H)  
apalermo@agcenter.lsu.edu

"To Make the Best Better"  
Visit our web site  
www.lsuagcenter.com  
(Click on parishes on the right  
side - then select Concordia)

# Your Character Counts!

## LaCharacter



### RESPECT:

**Courtesy**—Use good manners; be courteous, polite and civil to everyone; don't use put-downs, insults, yelling or ridicule to embarrass or hurt another.

**Golden Rule**—Treat others the way you want to be treated; respect the dignity, privacy and freedom of all individuals; value and honor all people for themselves, not what they can do for you or to you; respect others' property—take good care of property you are allowed to use, and don't take or use property without permission; respect the autonomy of others—tell them what they should know to make good choices about their own lives; don't use, manipulate, abuse, demean or mistreat anyone.

**Cold Weather FUN!** When it is cold outside, sometimes all we want to do stay inside and curl up on the couch. It is important to make sure that you get exercise and eat a nutritious diet, even in the winter time. With a little creativity, you can find lots of way to get a little exercise and a **LOT of FUN** indoors. Gather up as many objects as

you can think of that would make a great obstacle course. Pillows, open boxes, and hula-hoops are excellent suggestions. Get your family together and see who can go through the course the fastest. Make bread, soft pretzels or pizza. Kneading, shaping and rolling dough is great for your arm muscles. Take a neighborhood walk !!



Any adult interested in volunteering with 4-H contests and activities-give the 4-H Office a call at 336-7084 .

We will place your name on file to assist with future 4-H events.

### "GET THE PICTURE" Contest Results (See insert for "Camp Catch Phrase" results)

1<sup>st</sup>-Bailey Book(Mont 5), Kade Passman (Mont 6);2<sup>nd</sup>-Ashleigh Cole(VJH 6); 3<sup>rd</sup>-Megan Coco (Mont 4);**Purple- Mont 4-** Bryce Simpson, Destiny Billiot; **Mont 5-**Cheyanna Jacks, Tiffany Weeks, Gabbi Woodruff, Jessie Ables; **Mont 6-** Gabriel Holleran, Dalton Simpson; **VUE 4-** Billie Nations, Holden Ferrington; **VUE 5-**Brittany Boren; **Blue- Mont 4-**Briattney Duncan; **Mont 5-** Merrideth Chapman, Taylor McCaughey; **Hunt Jr. -**Sydni Black, Sarah Clifton; **VUE 4-** Zachary Nelson, Arden Tiffée, Katlyn McCarver, Brittany Stanley, Caleb Lee; **VUE 5-** Allyson Cole, Ajah Williams, Amber Thompson; **Red- Mont 4-** Zachery Green, Kierstin Pecanty; **Hunt Jr. -**Greg Couture, Sloane Young; **VUE 4-** Garrett Floyd, Shelby Brady, Allye Braley, Bailey Wolf, Desteni Clay, Leah Havard, Taurelle Ceasor, Brehonor Harris, Seth Lee, Kelsee Sontoyo, Allie Brixey, Cassie Johnson, Cole Gatlin, Mersadies Vestal, Madison Johnston, Chase Bryan, Jonathan Norris, Skyler Jones; **VUE 5-** Morgan White, Robert Drummy, Brooke Daniels, Kristen Dunson, Cameron Davis, Chris Vest, Mikayla Smith; **VJH 6-**Kaitlin Jones, David Vines, Gracyn Nelson; **White- Mont 4-**Harley Parrish; **Mont 5-**Sierra Squyres, Lyndsey Evans, Emily Woodrum; **Hunt Jr. -**Brooke Magee; **VUE 4-**Destiny Smith, Caitlyn Ballard, Devin Alexander, Landon Alexander; **VUE 5-** Erick Burton, Mark Cupstid;

If you have a disability which requires special assistance for your participation in 4-H meetings or activities, please call Concordia Extension Office at 336-7084. Membership and participation in activities and events are open to all citizens without regard to race, color, national origin, gender, religion, age, veteran status, or disability.

## 4-H NEWS FLASH



Concordia 4-H

DECEMBER 2008

4-H News & Notes for Grades 4-6

### 4-H DATE LINE

#### DECEMBER 2008

5 Christmas Ornaments Due  
15 Agriculture 4-H Photography Contest Entries Due & "Get the Picture"- "Action" Due  
24-Jan.1 4-H Office Closed/Holidays

#### January 2009

7 Louisiana CAN Fight Hunger Campaign Deadline-Report Weights  
16 Honey Bee Essays Due  
16-17 Ag Expo  
19 Registration Deadline-Cookery  
23 "Hoops and Clovers" 4-H Night Ticket Orders Due (\$22/Each)  
23 "Get the Picture"- "Your Choice" Due  
24 Sweet Potato, Pecan & Egg Cookery  
24-25 State 4-H Fashion Camp  
Grant Walker Educational Center

#### February 2009

4-7 Northeast District Livestock Show, Delhi  
10 Registration Deadline-Cookery  
16 Ground Beef, Seafood & Poultry Cookery Contest  
14-21 LSU Jr. Livestock Show, Gonzales, LA  
20 "Get the Picture"- Trick Photography" Due  
27 "Hoops and Clovers" 4-H Night (Hornets vs. Milwaukee)-New Orleans Arena—7:00 p.m.

4-H Summer Camp— June 29-July 3, 2008 at Camp Grant Walker Educational Center



### 4-H Cookery Contests



#### Sweet Potato, Pecan, & Egg Cookery

Date: January 24, 2009  
Location: Community Center, Ferriday, LA  
Deadline to Register: January 19, 2009

Attention 4-H'ers, Are you ready to kick off 2009 with our annual Cookery Contest? If so, it's time to get creative and prepare your favorite recipes for the judges. More details are available at the 4-H office. Call 336-7084 if you have any questions.

#### Ground Beef, Seafood, & Poultry Cookery

Date: February 16, 2009  
Location: Community Center, Ferriday, LA  
Deadline to Register: February 10, 2009

### Honey Bee Essay Contest



Topic: "The Dance Language of Bees"  
Essays due: January 16, 2008

Length: 750-1000 words (essay only) - typed or computer-generated, double-spaced, 12 pt (Times or similar type style), on one side of white paper following standard manuscript format.

Contact the 4-H Office for a complete list of rules and a website for reference and links to other beekeeping sites.





Louisiana State 4-H Fashion Camp 2009

Looking for something to do the weekend of January 24-25, 2009 ? ?

Then, maybe "A Passion for Fashion" is the answer!

The State Fashion Board will be hosting the 2009 State 4-H Fashion Camp at Grant Walker 4-H Education Center. The camp schedule kicks off on **Saturday, January 24, at 9:30 a.m. and concludes at 11:00 a.m. on Sunday, January 25.** Campers will be busy, day and night, with an exciting agenda. We can send two 4-H campers (10-13 years old) and one adult leader (project leader, junior leader, parent, grandparent, aunt, uncle, etc.) for camp. For more information, please call Ms. Ada at 336-7084.



"Hoops and Clovers"

**Date:** Friday, February 27, 2009  
**Game:** Hornets versus the Milwaukee Bucks - 7:00PM  
**Location:** New Orleans Hornets Arena, New Orleans, La.  
**Ticket Cost:** \$22— all ticket orders are due by January 23rd  
*(You must provide your own transportation)*

Purpose of Event:

- ◇To provide an opportunity for 4-H'ers to experience an event outside of their home base.
- ◇To provide 4-H'ers the opportunity to interact with others from around the state.
- ◇To increase recognition of the 4-H program within the state.

Member opportunities to promote:

- Ball girl/boy - 2 - Must be 8 - 12<sup>th</sup> grade 4-H member
- Captain's Program - one 4-H member - no age requirement
- High five team - 10 - no age requirement
- Honeybee photo - 25 - no age requirement
- Player photo - 25 - no age requirement
- Tunnel group (Hornets) - 25 - no age requirement
- Tunnel Group (Milwaukee Bucks) - 25 - no age requirement
- Basketball Buddies - 10 - no age requirement
- Half time presentation - one 4-H member per parish - no age requirement
- Pre-Game Courtside Program - 10 - no age requirement



AGRICULTURE 4-H PHOTOGRAPHY CONTEST - 2008-09



Entries are due in the parish 4-H office (Extension Office) no later than **December 15, 2008 to compete.** Rules and Regulations:

- ◀ All pictures must relate to Agriculture;
  - ◀ Divisions will include: 4<sup>th</sup>-6<sup>th</sup> & 7<sup>th</sup>-12<sup>th</sup>;
  - ◀ Picture must be taken by individual listed on entry label.
  - ◀ Entry label must include name, parish, grade, and category.
  - ◀ Photograph entered must have been taken during 2008.
  - ◀ All entries must be 8" x 10" (color or black/white). (No other size pictures will be accepted);
  - ◀ All 8" x 10" pictures must be mounted on a 10" x 12" thin art/mount board this will allow a 1" border. (Please-no foam core board)
  - ◀ Each photograph must include a one-line title mounted on thin art/mounted board below picture.
  - ◀ You are limited to enter only one picture in each of the categories that are listed below
  - ◀ Winning photographs will be displayed during Ag Expo -January 16-17, 2009
  - ◀ All photographs will be returned to parish extension offices by Feb.15, 2009.
- Photography Contest Categories: - Farm Animals - Horticulture/Plants/Crops - Any Other Agriculture

"LOUISIANA CAN FIGHT HUNGER" Campaign

4-H Clubs from throughout the parish can participate in the "Louisiana CAN Fight Hunger" Campaign by collecting cans of food. It is each individual club's option as to who the food will be given to. It can be given to a needy family in your community or to a food bank.

We will need each club to provide us with the weight of the food collected so this can be given to the State 4-H Campaign. This campaign will continue until **January 9th, 2009.** A special THANK YOU for reaching out to those in need in our communities and parish!



"Get the Picture" Contest

Each month 4-H'ers will have the opportunity to enter one picture in the category for that month. The picture must be submitted by the due date and must have been taken by the 4-H'er (you must have taken the picture yourself) within the past year. Photos must be 3 1/2 " x 5" or 4" x 6" (your choice). Printed pictures from digital cameras will also be accepted. Divisions will be: 4th-6th; 7th-8th; 9th-12th. Photos will be displayed at various locations in Concordia Parish. DO NOT mount the photos.



Complete and attach the entry form below to the back of the picture with clear tape and turn in to your 4-H Leader or the 4-H Office by the due date. Monthly categories are:

December-Action Picture; January-Your Choice (Be Creative); February-Trick Photography; March-Photo Story (3-4 Pictures). The January category is "Your Choice" and the **DUE DATE IS JANUARY 23RD.**

4-H Photography Contest: **JANUARY—"Your Choice"**

Date Due: **January 23rd** Grade: \_\_\_\_\_

Name: \_\_\_\_\_ School: \_\_\_\_\_

Division: (Circle one): 4th-6th 7th-8th 9th - 12th