

JANUARY 2008



The Clover Patch Celebrating 100 years of Louisiana 4-H



EXTENSION PROGRAMS
 Agriculture
 Economic/Community
 Development
 Environment/Natural Resources
 Families/Nutrition/Health
 4-H Youth Programs

JANUARY IS SAFETY MONTH



We would like all clubs to help promote safety awareness by conducting activities in their clubs, homes and communities.

A \$25.00 cash award will be presented to the Junior, Junior High & Senior Club that performs the best Safety Month Campaign. Deadline for leaders to turn in Safety Reports is at the February club meetings. Ideas in the past included the following:

- Organizing a school Safety Patrol
- Fire drills
- After school safety
- Bus evacuation drills
- Poster, essay, poem, bulletin board contests
- Skits and Plays
- News articles
- First aid kits for schools
- Announce safety tips on school PA system
- Seat Belt Safety

LIVESTOCK SHOW DATES



Iberville Parish Show
 January 11 - 12

Acadiana District Livestock Show
 January 22 - 26
 LSU State Junior Livestock Show
 February 9 - 16



4-H NIGHT WITH THE HORNETS

Attention all 4-H members, you are invited to attend the annual 4-H Night as the Hornets host the Seattle Supersonics. The game will be held on Friday, February 22, 2008 at the New Orleans Arena. 4-H Members and their families may purchase tickets at a reduced rate of \$18 if you are providing your own transportation. For \$25, tickets and transportation will be provided by the 4-H office. Ticket orders and money must be received by January 22, 2008. Please contact the 4-H office if you are interested in purchasing tickets.



4-H NIGHT WITH THE MUDBUGS

Attention all 4-H members, you are invited to attend the annual Mudbugs hockey game in Shreveport, LA. The game will be held on Saturday, March 15, 2008. 4-H Members and their families may purchase tickets at a reduced rate of \$13. Ticket orders and money must be received by Tuesday, February 25, 2008. Transportation will not be provided by the 4-H Office. Please contact the 4-H office if you are interested in purchasing tickets.

CHALLENGE CAMP

Attention all 7th & 8th grade members, 4-H Challenge Camp will be held on **March 27-29, 2008** at Camp Grant Walker in Pollock, LA. If you are interested in attending Challenge Camp, please contact your club leader or the 4-H Office for more information, and an application. (Applications due February 22nd)

4-H ACHIEVEMENT DAY THEME CONTEST

Your club has the opportunity to be recognized for designing the theme for the 2008 Iberville Parish 4-H Achievement Day. This is a competition that will recognize one 4-H club for designing a theme focused on celebrating the Louisiana 4-H Centennial; 100 years of Developing Youth.

The rules for the competition are as follows:

1. The theme must be developed by a **team** of 4-H members.
2. Theme must be illustrated on a regular size white poster board of what the stage area would look like promoting 4-H and the Environment.
3. Must have the words 4-H along with the 4-H clover displayed in the theme.
4. The design used for the stage area will also be used for the program and any other decorations used for the day. Please keep away from using electrical and flammable materials.
5. The winning club will be given \$100 dollars to purchase materials to reproduce the winning theme submitted by your club. The winning club will also be responsible for

setting up the display the evening before 4-H Achievement Day.

6. On the back of the poster the clubs name should be listed along with all the 4-H member's names who helped design the theme



ARBOR DAY



Arbor Day 2008 is January 18 in Louisiana and Florida because these states *green-up* earlier than other states. The purpose of this day is to develop the idea of conservation and it is an annual tree planting day celebrated throughout the nation. Here are some Arbor Day activities for you and your club to consider:

1. Plant one or more trees on Arbor Day to landscape your school or home grounds.
2. Plant a tree to begin a school or community forest.
3. Plant a memorial tree in memory of someone or something special.
4. Collect poems or write poems about trees. Paste the poems on posters and display them at school or in your community.



DAIRY POSTER CONTEST

Dairy posters for the Dairy Billboard Contest are due at your **February** club meeting and will be picked up by the 4-H agent. Be creative. Remember, this is the full size poster and **no eggs or other non dairy products such as margarine**. **ALL** posters are due no later than Friday, February 22, 2008.



RECORD BOOKS

Record books are due in the 4-H Office by March 19, 4:30 p.m. More details will be made available in the February Clover Patch.

A State Partner in the Cooperative Extension System

LSU Agricultural Center is a statewide campus of the LSU System and provides equal opportunities in programs and employment. Louisiana State University and A. & M. College, Louisiana parish governing bodies, Southern University, and United States Department of Agriculture cooperating. Membership and participation in activities and events are open to all citizens without regard to race color, national origin, gender, religion, age, veteran status or disability." If you have a disability that requires special accommodations for you to participate in the meeting/program, please contact the 4-H Office



NUTRITION FACTS

Snacks can be good for us, if we make good choices. Snacking has become a way of life for both adults and children. A recent study reported that over 95 percent of the women and children in this country have at least one snack each day. Kids like you benefit from healthy snacks. If you can't eat enough at meal time to satisfy your hunger and provide all of the nutrients you need, grab a snack! Snacks can provide the additional foods you need.

Many common snack foods are high in fat, sugar and sodium. If these foods are used for snacks frequently, they can affect our health. Some healthy snack ideas are: Raw vegetables served with a low fat dip, fresh fruit, low fat muffins, non-sugared cereals, popcorn, and low-fat yogurt.

Help your parents shop and pick out your own healthy snacks at the store. Plan your snacks throughout the day, and carry with you so you don't get hungry! Try to pick your snacks based on the suggested number of servings in the MyPyramid.



SWEET SHOPPE RESULTS

JUNIOR DIVISION: Peanut Butter Cookies: 1st place, Kayla Callegan, Dorseyville, 2nd place, Kolbi Sanchez, Crescent; 3rd place, Bryanna Jones, Dorseyville; **Blue Ribbon:** Megan Daigle, EJ Gay; **Oatmeal Cookies:** 1st place, Sean Griffin, EJ Gay; 2nd place, Wes Hestand, Crescent; 3rd place, Christen Diamond, St. John; **Blue Ribbon:** Chelvin Price, Dorseyville; **Divinity Candy:** 1st place, Alexandra Eymard, St. John; **Chocolate Chip Cookies:** 1st place, Christen Diamond, St. John & Blane Torregrossa, Crescent; 2nd place, Tatyanna Jones, EJ Gay, Emma LeBlanc, E Iberville & Madeline LeBlanc, E Iberville; 3rd place, JaQual Peterson, EJ Gay; **Blue Ribbon:** Brenna Jackson, Dorseyville; Tomi Taylor, Crescent; Aalijah Ross, N Iberville; **Pralines:** 1st place, Alegwa Melancon, Dorseyville; 2nd place, Christopher Foster, Dorseyville; 3rd place, Kelsa Jackson, Crescent; **Blue Ribbon:** Jommeeshia Williams, Dorseyville; Tori Jones, Dorseyville; Jada Williams, E Iberville; **Red Ribbon:** Blane Torregrossa, Crescent; Kaylar Anderson, Dorseyville; Blake Ruiz, Crescent; Makik Victorian, N Iberville; Jamecia Jones, Dorseyville; **Fudge:** 1st place, Jesslyn Settoon, Crescent & Christen Diamond, St. John; 2nd place, Alyssa Bolotte, Dorseyville; 3rd place, Megan Bethly, Dorseyville; **Blue Ribbon:** Ineka Martin, Dorseyville; Jada Pierce, Crescent; Kolbi Sanchez, Crescent; **Red Ribbon:** Christopher Foster, Dorseyville; Bryanna Jones, Dorseyville; **White Ribbon:** Tomi Taylor, Crescent; **Any Other Cookie:** 1st place, Alyssa Suarez, Crescent & Christen Diamond, St. John; 2nd place, Alexandra Eymard, St. John & Jesslyn Settoon, Crescent; 3rd place, Emma King, Crescent; **Blue Ribbon:** Brooke Donnachricha, EJ Gay; Kia Dominique, Dorseyville; Analisa Collard, N Iberville; **Red Ribbon:** Simone White, Dorseyville; Kayla Davenport, N Iberville; **White Ribbon:** Keshia Foster, Dorseyville; Tyree Mims, N Iberville **JUNIOR HIGH DIVISION: Peanut Butter Cookies:** 1st place, Sarah Barker, Crescent; 2nd place, Danielle Plughey, EJ Gay; 3rd place, Derek Sanchez, Crescent; **Oatmeal Cookies:** 1st place, Sarah Barker, Crescent; **Chocolate Chip Cookies:** 1st place, Rose Haydel, E Iberville; 2nd place, Kiajandria Frazier, E Iberville; 3rd place, Zhane Long, E Iberville; **Blue Ribbon:** Sarah Barker, Crescent; **Red Ribbon:** Julia Comeaux, E Iberville; **Any Other Cookie:** 1st place, Sarah Barker, Crescent; 2nd

place, Zhane Long, E Iberville; 3rd place, Anastasia Hebert, EJ Gay; **SENIOR DIVISION: Pralines:** 1st place, Kerri Williams, E Iberville; **Fudge:** 1st place, Myranda Sanchez, MAL; **Participation Ribbons:** Caitlin Penn, Doreyville; Tanisha, Young, Dorseyville; Quineshia Charles, N Iberville; Adrienne Mitchell, Crescent



4-H WINTER FOODS FEST

The 4-H Foods Fest Cookery Contestants learned more about proper handling and preparation by participating in the contest. While the judges were busy, some youth attended the nutrition pyramid posse stations in the gym.

The Cookery participants are as follows: **EGG-Appetizer/Salad-** 1st Place- Christen Diamond (SJM); 2nd Place- Jesslyn Settoon (Crescent 5); 3rd Place-Brittany Johnson (EJ Gay 6); Blue Award-Kelsa Jackson (Crescent 6) **Main Dish-** 1st Place- Christen Diamond (SJM) **Desserts-** 1st Place-Kolbi Sanchez (Crescent 5); 2nd Place Alexandra Eymard (SJE); 3rd Place-Lynzi Vaughn (PHS); Blue Award- Myranda Sanchez, Derek Sanchez, Kelsa Jackson; Red Award-Sarah Barker, Tomi Taylor.

POULTRY-Chicken-1st Place- Brittany Johnson; Aaron Kimble (SJE); Wes Hestand (Crescent 4); Red Award-Jesslyn Settoon, Christopher Foster, Sarah Barker, Alexandra Eymard **Processed Poultry Products-**1st Place Sarah Barker; 2nd Place- Kelsa Jackson.

SEAFOOD- Crab- 1st Place- Alexandra Eymard; 2nd Place Sarah Barker **Shrimp-**1st Place- Sarah Barker; 2nd Place-Lynzi Vaughn; 3rd Place-Wes Hestand; Blue Award- Derek Sanchez; Red Award- Kejuan Washington **Fish or Other-**1st Place (tie)- Christopher Foster; 1st Place (tie) Jesslyn Settoon **Crawfish-** 1st Place-Sarah Barker; 2nd Place-Kelsa Jackson; 3rd Place-Aaron Kimble; Blue Award- Kolbi Sanchez, Christen Diamond.

BEEF-One Dish Meal-1st Place-Derek Sanchez; 2nd Place-Christopher Foster; Blue Award- Jesslyn Settoon, Halie Verret **Quick & Easy-**1st Place- Wes Hestand; 2nd Place-Kolbi Sanchez; 3rd Place-Kelsa Jackson

OVERALL WINNERS:

Beef- Derek Sanchez, Italian Meatloaf; **Seafood-**Alexandra Eymard- Crab & Broccoli Soup; **Egg-** Kolbi Sanchez, Crème de Menthe Brownies; **Poultry,** Sarah Barker, Turkey Tarts



RURAL ELECTRIC YOUTH TOUR

Club members 16 and older may apply for this award trip. The Association of Louisiana Electric Cooperatives, Inc. will sponsor two 4-H'ers to attend the tour in Washington D. C., in June 2008. Applications may be picked up from the 4-H office and due at February club meeting.



CHRISTMAS WORKSHOP

The Holiday spirit filled the air as Christmas music played in the background and Iberville Parish 4-H'ers enjoyed making Christmas ornaments & crafts during the recent Christmas Fun Shops held at St. John Middle and East Iberville Schools. Many 4-H members participated in the Christmas Fun Shop. 4-H'ers participated by making crafts such as, designing and constructing gingerbread trains, Christmas stockings, reindeer bugs, and snowman ornaments. The crafts constructed may be used as ornaments or Christmas gifts. Four-H



participants at the Christmas Fun Shop were: Alexandra Eymard, Blake Ruiz, Kinlyn Carlin, Blane Torregrossa, Jada Pierce, Casey Curry, Jesslyn Settoon, Chris Granier, Christen Diamond, Tomi Taylor, Tanisha Young, Galencia Spriggs, Ta'Mychele Johnson, Traci Granier, Taylor Davis Skylar Edwards, Jamal Holland, Jamien Holland, Traylynn Martin, Jada Williams, Malcolm Calloway, Maya Isidore, Madeline LeBlanc, Emma LeBlanc, Makayla King, Chauncie Lacour, Sidney Jacobs, Jacques Comeaux, Maria Comeaux, Tramecia Videau, & Darius Chriss. Senior 4-H'ers who helped were Lynzi Vaughn, Kolbi Handy, Vilien Gomez, Niosha Price, Brennan Vaughn, Edolia Davis, Amber Cambre, Rose Haydel, Julia Comeaux, Jeremy Brigalia, Donovan Calloway, & Michael Brigalia.



MEETING EVALUATION RESULTS NOVEMBER 2007

Senior High Division	
1 st place.....	White Castle High
2 nd place.....	North Iberville High
Junior High Division	
1 st place	St. John Middle
2 nd place	E.J. Gay
3 rd place	Crescent 678
Junior Division	
1 st place	Dorseyville
2 nd place	Iberville Elementary
3 rd place	North Iberville Elementary

BEEF POSTER CONTEST

Beef posters will be due March 25th. There will be no March meeting, so posters must be submitted to the 4-H Office. The February Clover Patch will contain rules and regulations



CHRISTMAS WREATH DECORATING CONTEST RESULTS

1ST PLACE Dorseyville



GOOD LUCK...To all livestock exhibitors at the upcoming livestock shows. The following 4-H members will be participating in the parish show here in Plaquemine, the district show in Lafayette and the State Livestock show in Gonzales: Lacey Blanchard, Jake Callegan, Ryan Courville, Albert Deville, Emily Deville, Jody Deville Jr., Christen Diamond, Elise Persick, Katelyn Persick, Brittany Persick, Emma King, Londyn Kolder, Ty LeLeux, Jeremiah Molden, Jarod Pupera, Ben Ramagos, Alyssa Regira, Racheal Sandidge and Dakota Smothers



"4-H is a community of young people across America who are learning leadership, citizenship & life skills."

Have a Happy and Safe New Year in 2008!

Kimberly Jones & Shannon Dietz
4-H Youth Development