



4-H CLOVER TALK

Allen Parish

October, 2009

October

- 1-14 4-H Club Meetings
- 5-9 National 4-H Week
- 10 Beef, Rice & Seafood Cookery Contests @ Oberlin Cafeteria
- 12 Jr. Leader Meeting @ 6:00 p.m.
- 16 Rice Festival - Crowley
- 20 4-H Officer / Leader Training
- 23-Nov. 7 Louisiana State Fair - Shreveport

November

- 3-13 4-H Club Meetings
- 16 Jr. Leader Meeting @ 6:00 p.m.
- 23 Sweet Potato, Pecan, Egg & Poultry Contests @Oberlin Cafeteria
- 24 Outdoor Education Day
- 30 4-H Club Dues

**National 4-H Week
October 5-9, 2009**

4-H/FFA LIVESTOCK SHOW DATES

- Allen Parish Show - - January 28 – 30, 2010
- SW District Show - February 1 – 6, 2010
- LSU State Show - February 15 - 20, 2010



4-H Camp Grant Walker Needs Your Ideas!

Catch-Phrase Contest

What's a good theme for 4-H Summer Camp? Send us your most creative ideas for a slogan – in 7 words or less. Please include illustrations for t-shirt design. Submit your slogan to the 4-H Office by October 23, 2009. Include your full name, age, 4-H Club, complete mailing address, and telephone number. For more information call the 4-H Office at (337) 639-4376.

OFFICER TRAINING



How do you call a meeting to order? How should minutes be written? What does a club reporter do?

Find out all of this and more at the officer training Tuesday, October 20th. It starts at 4:00 p.m. and ends at 5:00 p.m. and will be held at Oberlin Elementary Auditorium.

If you have been elected as a club officer you need to be at this training to help your club do well in the Bet Club Contest!



LEADER TRAINING

While your officers are at their training come and find out what your role as club leader is all about. Hot of the press will be the Leader Handbook. You'll also get Junior Leader tips to have a successful 4-H year.



Junior Leader Club

Our next meeting will be held October 12th at 6:00 p.m. at the Oberlin Public library. Any 4-H member who is 13 years old and older can join. We will meet once a month and get involved in teaching younger members, helping with contests and socializing with other members. We will be attending the November 14th LSU Homecoming Football Game against Louisiana Tech as a group. Officers elected for the 2009-2010 school year are: president – Korey Ryder, Oberlin; vice President – Zachary Earl, Elizabeth; Secretary – Matt Hebert, Oberlin; treasurer – Caroline Smith, Covenant; Parliamentarian – Josh Deshotel, Kinder and Photographer – Amanda Edwards, Kinder. Serving as our adult sponsors are: Sandy Scimemi, Glenda Allison, Dayna Matt, Bridget Earl, and Janice Brown. Our leadership team will be teaching at the Parish officers Training on October 20th. Members will be conducting the educational program at our Rice, Seafood & Beef Cookery Contest on October 10th.



**4-H gives kids
a chance to**

- learn *New* things,
- develop *New* skills,
- travel to *New* places,
- make *New* friends,
- and best of all
- have lots of **FUN!**








To view any 4-H newsletter in color or find entry forms, news, etc., visit our website at:
www.lsuagcenter.com/en/our_offices/parishes/Allen.



4-H CLOVER TALK

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Clovers To:

-  Allen Parish Fair participants.
-  Newly elected club officers.
-  Jr. Leaders helping with the Fair booth:
Korey Ryder, Matthew Hebert, Addison Pitre, Matthew Allison, Tucker Scimemi, Shaina Matt, Ashlyn Matt, Zachary Earl, Nick Maricle, John Blackwell, George Gillbert, Amanda Edwards, Katelyn Shreeman, Kristen Shreeman and Caroline Smith.
-  Mrs. Sandy Scimemi, Mrs. Glenda Allison and Mrs. Bridget Earl for all their help with the Jr. Leader club and Fair Booth!
-  4-H Advisory Committee for your guidance: Sharon Falke, Bridget Earl, Gregory Monceaux, Tony Hebert, Sandy Scimemi, Bridget M. Earl, Keith Guillory, Korey Ryder, Matthew Hebert, Jessica Carrier, Tina Goebel, Nancy Cronan, and Randy Bellon.



I pledge my **head**
to clearer thinking,
my **heart** to greater
loyalty, my **hands**
to larger service, and
my **health** to better
living, for my club,
my community,
my country,
and my world.

The 4-H name and emblem is protected under 18 USC 707

COMMODITY COOKERY CONTESTS

Open to all 4-H'ers in Allen Parish



Remember: Prepare your dish(s) the night before the contest and refrigerate it. On the day of the contest place prepared dish into ice chest on ice to transport to contest. Only one dish may be entered in each commodity (one rice, one seafood, one sweet potato, one pecan, one beef, one egg, and one poultry).

Pick up more details from the 4-H agents if you plan to participate. Any and all club members are invited to enter. The overall winners will travel to the Area Cookery Contest in the spring. Make plans now to participate!



BEEF, RICE & SEAFOOD

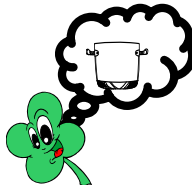
October 10, 2009

Oberlin Cafeteria @ 9:30 a.m.

Beef Cookery Rules: A minimum of one pound of **ground beef** must be included in this dish. This contest is divided into three divisions: (1) Low-Calorie; (2) One-Dish Meal. This contest is sponsored by the Allen Parish Cattlemen Association.

Rice Cookery Rules: Contest will be divided into three divisions: (1) Main Dish, (2) Salad, and (3) Dessert. At least **1 cup** cooked rice must be contained in the recipe. Overall winners in each division will be asked to participate in the Rice Festival held in Crowley, Friday, October 16, 2009.

Seafood Cookery Rules: Contest is divided into five categories. These categories include: (1) Catfish (Louisiana Farm Raised), (2) Crab, (3) Shrimp, (4) Crawfish, (5) Other Seafood (oyster, carp, bull frog, squid, shark, alligator, etc.). The dish must have at least one cup of seafood. The seafood must be fresh, frozen, pasteurized or dried - **CANNED IS NOT ACCEPTABLE!** Also, surimi, an artificial crab made from fish, **can not** be used. There can be no raw seafood in the final dish.



SWEET POTATO & PECAN

EGG & POULTRY

November 23, 2009

Oberlin Cafeteria @ 9:30 a.m.

Sweet Potato Cookery Rules: A minimum of 1 cup of frozen, fresh or canned sweet potatoes must be included in this dish. This contest is divided into two divisions: (1) Dessert, and (2) Other.

Pecan Cookery Rules: A minimum of 1 cup of pecans must be included in this dish. This contest is divided into three divisions: (1) Candy, (2) Dessert, and (3) Other.

Egg Cookery Rules: A minimum of 4 eggs must be included in this dish. This contest is divided into three divisions: (1) Appetizer/Salad; (2) Main Dish; (3) Dessert.

Poultry Cookery Rules: A minimum of 2 pounds bone in or 1 pound boneless poultry must be included in this dish. This contest is divided into two divisions: (1) Chicken; (2) Processed Poultry (including turkey).

Allen Parish Cooperative Extension Service

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Extension Programs

Agriculture
Economic/Community Development
Environment/Natural Resources
Families/Nutrition/Health
4-H Youth Programs

Sincerely,

Randy Bellon
County Agent
Allen Parish

Nancy C. Cronan
Extension Agent
Allen Parish