



## LOUISIANA STATE UNIVERSITY SYSTEM

### **Memorandum**

From: Ken Krogstad, Plan Administrator  
Date: March 27, 2009  
Re: LSU First Health Plan Premiums for FY 09-10

The LSU System is pleased to announce that premiums for LSU First Health Plan members **will not increase** for the coming fiscal year that begins July 1<sup>st</sup>.

During these difficult economic times, this is especially good news for LSU employees, spouses, and dependents covered by the plan. Launched in 2002, LSU First enrollment has climbed steadily and is the single most popular health care option for LSU employees.

LSU First is based on the consumer-directed health care insurance model, which gives consumers information about costs and quality enabling them to become more cost-conscious buyers of health care services. Under the LSU First plan, members can take advantage of Health Reimbursement Accounts (HRAs) combined with various no-cost preventive care initiatives such as routine exams, immunizations, mammograms, colonoscopies, and prostate exams.

During the upcoming plan year, members will be encouraged to take advantage of available plan features, including generic drugs at no out-of-pocket expense, and annual free checkups and on-line health assessment which are effective in detecting medical problems before they become more advanced and costly.

Visit the LSU First website at [www.lsufirst.lsu.edu](http://www.lsufirst.lsu.edu) for the premium rate sheet, a benefits snapshot and other important Annual Enrollment information.