



Cloverleaf

Calcasieu 4-H

Junior-Senior Edition

October 2008

Louisiana 4-H is 100 Years and Counting...

That's right! With the 2008 - 2009 year, 4-H in Louisiana begins our 2nd century of working with the youth of our state. And if you think that 4-H is mainly cows and cooking, have we got a surprise for you! We have a year's worth of fun and educational

opportunities for you.

Information about 4-H activities can be found in the Cloverleaf newsletter you'll receive at your monthly club meeting or at the Junior Leader meeting. You can also find newsletters, calendars, forms, etc on our web



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Claire Galley Voted State 4-H President

4-H University is a statewide event for 4-Hers ages 13 and over. One of the things 4-Hers do at 4-H U is elect officers for Louisiana 4-H. Calcasieu Parish is proud to have 3 members serving on the state Executive Board this year! Claire Galley from Sulphur High School was elected President of Louisiana 4-H. Taylor Chargois (Calcasieu Home School Club) and Brandon Guillory (Iowa Sr. Club) were elected to serve

on the Executive Board this year as Southwest Regional Representatives. In addition, we're proud to have Jenna Zaunbrecher (Bell City) serving on the state Fashion Board, Kristin Davis (Calcasieu Home School) and Jeanne Thibodeaux (Sulphur Sr.) on the Food and Fitness Board, and Cameron Durham (Calcasieu Home School) will be representing us on the State Science, Engineering and Technology Board.

4-H Rocks the House... and the Senate!

"4-H Rocks the House... and the Senate!" is our Junior Leadership Club's service-learning project for the year. Club members will be learning about our election process, what the candidates stand for and the importance of being informed. The culmination of the project will be a trip to Washington, DC during Spring Break.

In addition to their service-learning project, the Junior Leadership club sponsors several activities throughout the year - the Mini Farm, a dance at the parish livestock show and exchange trip to name a few. Members also help with parish contests, camps and workshops for elementary and junior 4-H'ers.

How can you get in on the fun? Join the Junior Leadership Club, of course. Four-H members who are 13 and over are eligible to become members.

The next meeting of the Junior Leadership Club will be held **October 14, 2008 at 7:00 p.m.** at the 4-H Office.

Last Chance at History!!!

We will be selling the Louisiana 4-H Centennial t-shirts this fall for the last time. If your club does not sell them you can purchase shirts that have "Calcasieu 4-H" on them from the 4-H Office. T-shirts are \$6. The order form is online at the Calcasieu 4-H web site, and orders must be received by October 30th with payment.. We also have yard signs and car stickers at low prices!!

Officer Training Helps Club Officers Get A Good Start On The Year

Good officers are the key to an active and successful 4-H club. Have you been chosen to serve as an officer for your local club? If so, you have an important job to do for your club members. Our Officer Training Workshop is your chance to learn exactly what your responsibilities as a club officer are and how

to best carry out those responsibilities. Our parish Officer Training Workshop will be held on **October 13, from 4:30 p.m. to 5:30p.m.** at the 4-H Office on Gulf Hwy. We hope to see all club officers on October 13th.



Project Clubs are Organizing for the 4-H Year

While you are a member of your school's 4-H club, you can also participate in project clubs that are a part of our parish 4-H program. Project clubs are groups that conduct all of their activities in one project area. If any of these project areas interest you, come be a part of the fun. You'll learn more about the project area, get to participate in 4-H activities outside of your regular school club and make new friends who have the same interests as you do.

4-H Shooting Sports Program

The Shooting Sports club is for members



who are interested in learning more about wildlife habitat and management, gun safety, hunting ethics, and more. The outdoor skills project consists of shotgun, archery, rifle, black powder, pistol and hunting. Volunteers are needed to help teach in the six areas.

The Shooting Sports club meets monthly on Saturdays. New members interested in joining **must attend** the first meeting to be held on Monday, **October 13 at 6:30 p.m.** at the 4-H Office.

4-H Fishing Sports Program

We're really excited about our 3rd year of our 4-H Fishing Sports program. Last year's club toured the LDWF Fish Hatchery, conducted fishing workshops and participated in a fun fishing day. Many more activities are being planned for this year. An initial parent's meeting and enrollment meeting will be held on **October 14 at 6:30**

at the 4-H Office. If you are interested in learning about the Fishing Sports program, please complete and return the form found at the end of the Cloverleaf by October 10.

Horse Project Club



Interested in Horses? Then this is the club for you. You do not have to have a horse to participate, only a strong interest in horses. Some of the activities the club has planned are field trips to veterinary clinics, breeding farms, trail rides and other horse related activities.

To find out more about the Horse Club or to join, please come to our enrollment meeting on **Monday, October 27, 2008 at 6:30 p.m.** at the 4-H Office.

Green TEENs Environmental Club

Are you concerned about what's happening to our environment? Do you want to learn ways that you can help protect our environment? Then our Green TEENs Environmental club is just right for you. We'll be having our first meeting on Monday, **October 20 at 6:00 p.m.** at the 4-H office. Last year was the first year for our Green TEENs club, and it was full of activities from marking storm drains to planting trees to replace those lost to Hurricane Rita to doing trail maintenance at Sam Houston Jones State Park. On the 20th, we'll brainstorm ideas for this year's projects. We hope to see you there.



Magazine Fundraiser

Calcasieu 4-H is trying a new fundraiser this year through American Publishers. **We are not asking you to sell magazines!** Here's how the fundraiser works. American Publishers offers over 700 magazines with many big name titles. These magazines are offered at low discounted prices. For every magazine purchased or renewed through this fundraiser, Calcasieu 4-H will receive 40% profit. It's simple and easy.

To find out more or look over the 700 magazines offered, go to www.aphearst.com. Use the Calcasieu 4-H web code #WC3158. Through the website you can purchase new magazines that you would normally buy at

the grocery store, renew a current subscription, and purchase gift subscriptions for your family members, friends or children during the holiday season.

Tell family, friends and relatives about this. They can enjoy reading their favorite magazines while supporting 4-H. It's that easy and Calcasieu 4-H will receive 40% of the sales to support Calcasieu 4-H programs, awards, trip, camps and more! For more information, email or call our office.



Mark Your Calendar....

October

- 5-11 National 4-H Week
- 6 Parish Leader Training, 5 p.m., 4-H Office
- 11 Cal-Cam Fair Livestock Show, West Cal. Arena
- 13 Officer Training, 4:30 p.m., 4-H Office
- 14 Jr. Leader Meeting, 7:00 p.m., 4-H Office
- 14 Candy Distribution
- 16 Pet Show, Burton Coliseum, Sheep and Swine Arena
- 22-Nov 9 Louisiana State Fair

November

- 1 Deadline for Parish 4-H Enrollment
- 1 Deadline for Beef Grazing Project applications
- 1 Beef, Egg & Rice Cookery, Burton Coliseum, Chalkley Room
- 7 Character Counts posters due, 4-H Office
- 11 Jr. Leader Meeting, 7:00 p.m., 4-H Office
- 15 Elementary Project Workshop Day, 8:30 a.m., Gayle Hall
- 24 Junior & Senior Workshops, 7:30 a.m. - 5:00 p.m., 4-H Office
- 25 Cal-Cam Livestock Showmanship Clinic, 9:00 a.m., Burton Coliseum
- 25 Livestock Judging (Beef, Swine, Poultry, Dairy, Horse,) & Meats ID Contests, 12:30 p.m., Burton Coliseum
- 28-Dec 2 National 4-H Congress Trip, Atlanta, GA

December

- 3 Pre-registration for Demonstration Day
- 5 Parish, District Livestock Entries Due
- 6 Demonstration Day, 8:30 a.m., 4-H Office
- 9 Jr. Leader Meeting, 7:00 p.m., 4-H Office
- 15 Start Junior Beef Grazing Project
- 24-Jan 2 Holidays

4-H Contests Begin this Month

Participating in 4-H contests is a great way to win awards, meet new people and qualify for district and state activities. In addition, if you are 13 and over by January 1, 2009, participation in at least one parish contest will qualify you to participate in 4-H University to be held in June on the LSU campus.

Contest rules will be found each month in the Cloverleaf newsletter and are also available at our parish web site.

Character Counts Poster Contest - Due November 7th

1. Open to any 4-H club member.
- 2.. Poster must be on 11" x 14" poster board. Posters must not have brand names listed on them or have anything thicker than 1/8" glued to them.

First and second place winners in each division will receive monetary awards of \$10 and \$5 respectively to be presented at the end-of-the-year recognition program.

All posters must have the contestant's **name, address, grade, 4-H club** and **school name** on the back in the upper right hand corner. Please leave the posters flat, not rolled.

Posters should make others aware of character education through the "Character Counts" program. The poster should include at least one of the 6 pillars of character - trustworthiness, respect, responsibility, fairness, caring and citizenship.

Pet Show- October 16th - Burton Coliseum

Registration 6:00 - 6:30 p.m. Show Begins 6:30 p.m.
Each 4-H'er can enter only one pet.

1. Categories of pets include dogs, cats, rabbits, fowl, fish, reptiles, any other. It does not include cows, horses, sheep, pigs, or goats.
2. Elementary and junior members will compete separately in categories where 5 or more pets are registered. In categories where less than 5 pets are registered, elementary and junior 4-H'ers will compete together.
3. In each category, animals will be judged on characteristics such as best groomed, largest (height), smallest (height), most unusual, longest hair, prettiest eyes, etc.
4. This is a "fun" pet show. It is not necessary to have a registered animal. Grooming and cleanliness are important.

Please Note: Categories/characteristics to be judged will vary.

We may add or delete categories depending on the number of pets registered.

Beef & Rice Cookery; Egg, Beef & Rice Ambassador Contests - November 1, 2008 - Chalkley Room at Burton Coliseum

Registration begins at 8:30 a.m.; contests begin at 9:00 a.m. Awards will be presented at 12:00 noon.

First and second place winners in all divisions of all contests will receive an award of \$10 and \$5 respectively to be presented at the end-of-the-year recognition program.

In addition, The first place winners in each category of Beef and Rice Cookery will compete for "sweepstakes" of that category. The "sweepstakes" winner in each category will represent Calcasieu Parish at the area contest held in the spring.

All dishes entered in cookery contests must be prepared at home and brought to the contest ready for serving. Each dish

must be chilled on ice and brought to the contest in an ice chest. No hot dishes will be allowed. Please bring a copy of the recipe you used with your name, age and 4-H club on the back. Bring only the dish, recipe and ice chest to the contest.

Rice Cookery Contest

1. Bring prepared rice dish to the contest. The dish must contain at least one (1) cup of cooked rice. Wild rice is not a cultivated rice in Louisiana and does not meet the requirement of 1 cup rice. Dishes containing rice products such as rice cereal, rice flour, etc., must also contain cooked rice.
2. Two servings of the dish should be exhibited at the contest.
3. The contest will be divided into three categories.

Rice Main Dish - contains significant amounts of beef, poultry or seafood.

Rice Side Dish - rice dressing is considered a side dish.

Rice Dessert

Beef Cookery

1. Each dish must use a minimum of one pound ground beef.
2. Two servings of the dish should be exhibited at the contest.
3. Contestants may enter a total of 2 dishes. Contestant may not enter 2 dishes in the same category. Categories include:
Low Calorie Main Dish - a dish which has less than 300 calories per serving. List each ingredient on the recipe and write the number of calories beside each. Then total. Divide the total number of calories by the number of servings.

One Dish Meal - a dish that provides food from at least 3 of the 5 main food groups. The amount is not specified, but it should be enough to provide some nutrients.

Quick and Easy Main Dish - a dish that takes less than one hour to prepare, including cooking or baking time. List each preparation step separately on the recipe and write the preparation time beside each step, then total the time.

Egg, Beef & Rice Ambassador Contests

Division I - (Grades 4-6) Contestant (a) designs a standard poster 22" x 28" relating to one of the five topics concerning egg, beef, or rice (production, food preparation & nutritive value, food safety, processing, marketing), (b) presents a 2-3 minute explanation of poster subject, and (c) responds to questions from judges.

Division II - (Grades 7-9) In addition to the requirements for Division I, Division II contestant also prepares an essay not to exceed 500 words or 3 typed pages, double spaced, about the selected subject.

Division III - (Grades 10-12) Contestant will present a 5-8 minute illustrated talk concerning egg, beef or rice. (Only egg illustrated talk requires a dish.)

Information for ambassador contests can be obtained from the 4-H Office.

1. One table and one easel will be provided.
2. No dish is needed to compete in these contests with the exception of Division III Egg.
- 3.. 1st place winners in each age category will represent Calcasieu at the area contest in March. The Rice Ambassador contest ends at District. Winners from the area contest in Beef and Egg will compete at the State Contest.



Calcasieu 4-H

Cooperative Extension Service, Calcasieu Parish

7101 Gulf Hwy., Lake Charles, LA 70607

(337) 475-8812; (337) 475-8815 (fax)

Nancy Cronan, Extension Agent, 4-H, Nronan@agcenter.lsu.edu

Trent Guidry, County Agent, 4-H, TGuidry@agcenter.lsu.edu

Jimmy Meaux, County Agent, 4-H, JMeaux@agcenter.lsu.edu

The LSU Agricultural Center is a statewide campus of the LSU System and provides equal opportunities in programs and employment. Louisiana State University and A & M College. Louisiana parish governing bodies, Southern University, and United States Department of Agriculture cooperating.

4-H Centennial Scavenger Hunt

A Centennial Scavenger Hunt sponsored by the Louisiana 4-H Foundation will take place through **November 31, 2008** to find photos, medals, trophies, clothing, demonstration materials, record books, 4-H camp memorabilia, etc. for developing exhibits in the Louisiana 4-H Museum.

Items can be loaned or donated to the museum. For more information on how to loan or donate items, contact the 4-H office

Scavenger Hunt Categories

- Most unique item bearing the 4-H emblem & a parish name
- Oldest item bearing the 4-H emblem
- Oldest 4-H Record Book or 4-H scrapbook
- Oldest 4-H project bulletin
- Photo of 4-H'ers in the act of "learning by doing", running a 4-H meeting, engaged in a service project, doing a demonstration or public speaking
- Oldest trophy, medal, or certificate
- 4-H "uniforms" worn in the past
- 4-H award trip photo of youth having fun and/or learning
- 4-H award trip memorabilia
- Short Course or 4-H University photo of 4-H'ers
- Camp Jesse Harrison photos and memorabilia
- Other camp photos and memorabilia
- Old 4-H demonstration materials, any topic

Clovers to....

4-H U Chaperones

Keri Cronan, Anne Farrar, Charlene Smith, Pat Durham, Cathy Guillory, Tammy Gaspard, Angie Benoit, Chris Chitty

Summer Camp Counselors & Adult Volunteers

Hannah Vincent. Taylor Chargois, Kristen Davis, Sabrina Gould, Jenna Zaunbrecher, Jon Thomas Chargois, Brandon Guillory, Garet Berry, Sharon Nabours, Gail Toups

Lost Camp Counselors & Volunteers

Jon Thomas Chargois, Taylor Chargois, Brandon Guillory, Jeanne Thibodeaux, Sharon Nabours, Charlene Smith

Shooting Sports Winners

Eric Smith-National Wildlife Habitat Judging-Placed 6th overall and La Team placed 3rd

Eric Smith and John LeJeune-National Champion Hunting team repre-

4-H Fishing Sports Club -Return By October 10, 2008 to Calcasieu Parish 4-H, 7101 Gulf Hwy., Lake Charles, LA 70607

Name: _____

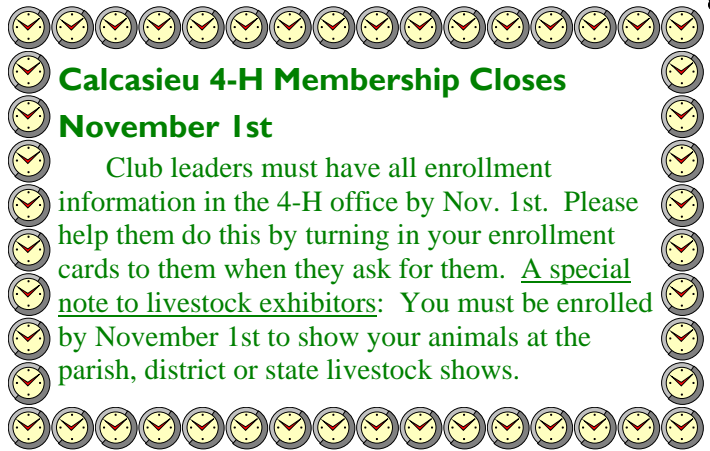
Address: _____

Phone: _____

School: _____

Grade: _____ Age: _____

Parent's Signature: _____



Calcasieu 4-H Membership Closes

November 1st

Club leaders must have all enrollment information in the 4-H office by Nov. 1st. Please help them do this by turning in your enrollment cards to them when they ask for them. A special note to livestock exhibitors: You must be enrolled by November 1st to show your animals at the parish, district or state livestock shows.

senting Louisiana at National Shooting Sports Competition in Nebraska. Eric Smith-national high point individual winner

Parish Horse Show Winners

Breakaway Roping, 14 & over 1st place, Nicholas Sonnier; Breakaway Roping, 13 & under 1st place, Kelsey Chesson; Tie Down Roping, 14 & over 1st place, Josh Denison; Stake Race, 14 & over 1st place, Jamie Wooster; 13 & under 1st place, Kelsey Chesson; Pole Bending, 14 & over 1st place, Jamie Wooster; 13 & under 1st place, Kelsey Chesson; Barrel Racing, 14 & over 1st place, Jamie Wooster; 13 & under 1st place, Kelsey Chesson; Western Pleasure, 14 & over 1st place, Jamie Wade; 13 & under 1st place, Morgan Bertrand; Western Horsemanship, 14 & over 1st place, Hannah Landry; 13 & under 1st place, Morgan Bertrand; Western Riding, 14 & over 1st place, Hannah Landry; Trail, 13 & under 1st place, Morgan Bertrand; Reining, 13 & under 1st place, Jaycie Laughlin; Western Showmanship, 14 & over 1st place, Jamie Wade; 13 & under 1st place, Morgan Bertrand; English Showmanship, 14 & over 1st place, Hannah Landry; 13 & under 1st place, Morgan Bertrand; Champion Quarter Horse Gelding, Jaycie Laughlin; Champion Quarter Horse Mare, Raeleigh Whitfield; Champion AOB Grade Horse Gelding, Dustin Braquet; Champion AOB Grade Horse Mare, Emily Bertrand; Champion Appaloosa Gelding, Brianna Beaugh; Champion Paint Horse Gelding, Morgan Bertrand; Champion Paint Horse Mare, Jamie Wade; Champion Arabian Mare, Hannah Landry; Hunter Under Saddle, 13 & under 1st place, Morgan Bertrand; 14 & over 1st place, Hannah Landry; Hunt Seat Equitation, 13 & under 1st place, Morgan Bertrand; 14 & over 1st place, Hannah Landry; High Point Performance Winner Junior Division, Morgan Bertrand; Senior Division, Hannah Landry; High Point Speed Winner Junior Division, Kelsey Chesson; Senior Division, Jamie Wooster

Horse Premier Exhibitor

Elementary division, Jaycie Laughlin; Junior division, Brennen Dimas; Overall Winner, Jaycie Laughlin