



Calcasieu 4-H

Cooperative Extension Service, Calcasieu Parish

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The LSU Agricultural Center is a statewide campus of the LSU System and provides equal opportunities in programs and employment. Louisiana State University and A & M College. Louisiana parish governing bodies, Southern University, and United States Department of Agriculture cooperating.

Clothing Contests

Junior (grades 6-8)

1. Open to any 6th grade member. Seventh & 8th grade contestants must be enrolled in clothing.
2. Categories include:
 - Skirt and Blouse - any type skirt - no sleeves or collar required on blouse.
 - School Dress - may be a one piece dress or a jumper and blouse.
 - Sportswear - must make a complete outfit. Examples include: pants (or shorts) and blouse - pants (or skirt), blouse, and jacket - pantsuit, etc.
3. Contestants will be judged on construction and appearance. Garments need to be modeled with appropriate accessories. Accessories include scarves, belts, hat, costume jewelry, etc. - any material or fabric is acceptable.

Senior (grades 9-12 or 14 years old by January 1)

1. Contestants must be enrolled in Clothing.
2. Contestants may enter all of the following categories but not more than one outfit per category:
 - School or Casual Dress - includes one or two piece dresses suitable for school, sports activities or casual wear.
 - Pants Outfit - includes complete outfits such as pants suits, short sets, western clothes, swimwear (must include a cover-up suitable for school), sports or casual wear.
 - Creative Choice - Garments must comprise a complete outfit - any type or number of pieces. Outfit must feature 5 or more of the following: bound buttonholes; collar or other neckline treatment - other than plain, faced edge; creative stitchery; cuffs; design that must be matched; gathers, ruffles, flounces; handmade accessory; lining; pleats or tucks; pockets; sleeves; special seam - flat felled, French, lingerie, etc.; tailored collar; trim or decorative detail; underlining; use of unusual fabric; waistband or waistline; worked on 2 or more fabrics of different weights or textures; yoke; and zipper.
3. Garments need to be modeled with appropriate accessories. Accessories include scarves, belts, hat, costume jewelry, etc. - any material or fabric is acceptable.

Fashion Camp - January 24 - 25, 2009

Form Due: December 14, 2008

Send to: Fashion Camp, 7101 Gulf Hwy., Lake Charles, LA 70607

Name: _____

Address: _____

School: _____

Phone: _____

Parent's Signature: _____

Challenge Camp 7th Graders

\$50 camp fee due Feb. 9, 2009.

Send to: Challenge Camp, 7101 Gulf Hwy., Lake Charles, LA 70607

Name: _____

Address: _____

School: _____

Phone: _____

Adult T-Shirt Size: _____

Parent's Signature: _____

Clovers to....

Egg Ambassador

Elementary - 1st: Kari Davis, 2nd: Mallory Nicholson

Senior - 1st: Kristen Davis, 2nd: Taylor Chargois

Beef Ambassador

Junior - 1st: Corey Castillo

Senior - 1st: Trevor Foreman

Junior Rice Cookery

Dessert - 1st: Kane Vest; 2nd: Mallory Nicholson; 3rd: Sydney Stevens; HM: Logan Granger, Julia Hebert, Bailey Bourque

Side Dish - 1st: Kari Davis; 2nd: Gabby Carrier; 3rd: Grheason Shields; HM: Chelsea Richard, Sydney Stevens, Skylar Gilmore

Main Dish - 1st: Justin Miller (sweepstakes); 2nd: Corey Castillo; 3rd: Mallory Nicholson; HM: Julia Hebert, Madelyn Nichols, Kourtney LeBlanc

Senior Rice Cookery

Dessert - 1st: Klancy Shope (sweepstakes); 2nd: Josh Denison; 3rd: Chloe Friend; HM: Ragen Ross

Side Dish - 1st: Ragen Ross; 2nd: Kristen Davis; 3rd: Jennifer Doland; HM: Jeanne Thibodeaux, Jacey Main, Trevor Foreman

Main Dish - 1st: Anna Espey; 2nd: Katelyn LeBlanc; 3rd: Kristen Davis; HM: Chloe Friend, Matthew Berry, Trevor Foreman



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Afterschool Round-up

When you shop at **JCPenney in Prien Lake Mall** between **December 5 and December 14, 2008**

and round your purchase up to the next whole dollar, the JCPenney Afterschool Fund will donate the difference to the **Calcasieu 4-H** to provide children in this community with access to life-enriching afterschool programs .

Cloverleaf

Calcasieu 4-H

Junior-Senior Edition

December 2008

Now is the Time to Get Started on Your Project Books

You should have received your project books by now. Completed projects are due in the 4-H office March 23. March may seem a long time away, but it will be here before you know it! So get started on your project books now. If you do 1-2 activities each month, you'll easily finish your project by March.

How do you know what you need to do in your project to complete it? Before you begin any of the activities in the book, read the first few pages. Somewhere in those first few pages, it will tell you what you need to do to complete your project.

The 4-H Portfolio is the record form we use for reporting your 4-H project. The portfolio will be available from the 4-H office and on our website. The portfolio asks several questions you may want to think about throughout the year. These questions include:

What was your favorite part (s)/activity in 4-H?

Who is your role model in 4-H? Why?

What is 1 thing you learned in 4-H this year? If you were in charge of 4-H in your parish, how would you make it better?

You will also be asked about any leadership roles you played and any citizenship activities you took part in. Be sure to keep a running list of these types of activities through the year. And finally, you will be asked to tell something about the project you completed. One last thing while you're working on your project.... Take pictures! Take pictures! Take pictures!

We'll be sharing more about project completion with you later in the year.



7th Graders "Blast into 2009" at Challenge Camp

Are you looking for a challenge? Do you want to have fun with other 7th graders from across Southwest Louisiana? Then join us as we "Blast into 2009" at 4-H Challenge Camp. This year's Challenge Camp will be held March 6 - 8, 2009 at the Bunkie Conference Center.

At Challenge Camp, seventh grade 4-H members from all over SW Louisiana will

work as teams to set goals, meet challenges and have lots of fun.

Cost of the camp is \$50.00 and includes transportation to camp, meals and a t-shirt. If you would like to participate, complete the form found at the end of the Cloverleaf and return it to our office along with your \$50.00 camp fee by February 9th.

Passion for Fashion: It's PJ Time

That's the theme of this year's fashion camp to be held January 24 - 25, 2009. Fashion camp is open to 4-H members 10 - 13 years old. Calcasieu can send two campers and one adult leader. A few of the educational activities for campers that go along with our fashion theme include: PJ's, T-shirt pillow, Sleep mask, Classy night-time book cover,

along with a Service Learning Project: Letters to Military Kids whose family member is deployed. And you will return home with ideas to host a fashion workshop in your parish. Cost of the camp is \$45, which covers lodging, meals, camp supplies and a t-shirt. If you'd like to participate, please complete the form at the back of the Cloverleaf.

Are You Ready for Livestock Show Season?

Livestock season will be here before you know it, so now's the time to make sure you have everything ready.

Livestock show entry forms are due December 5, 2009. All livestock exhibitors should have received a 2009 Livestock Show Booklet outlining show entry procedures, schedules and rules. Please read this information carefully and return your entry forms by the deadline date of December 5th. If you have not received this information, please call the 4-H office immediately!

Validation of animals for the 2009 livestock shows will be completed by December 6, 2008. Don't forget to have your market and breeding hogs validated the first week of December.

December 2, 2008 -

Burton Coliseum Barn 1:00 – 6:00 p.m.

December 6, 2008 -

Iowa High School 8:00 - 10:00 a.m.

Sulphur High School 8:00 – 10:00 a.m.

Bell City High School 8:00 - 9:00 a.m.

More information on validation of livestock animals can be found in the October and November Cloverleafs

Calf scramble competition gives the opportunity to win a calf to show! A calf scramble will be held at each rodeo performance during the district show, and the winners will receive \$1000 towards the purchase of a calf to show at next year's district show.

Louisiana 4-H Foundation Sponsors Award Of Excellence and Key Club

The 4-H Award of Excellence recognizes outstanding junior members. Members may receive this award only once. Basic requirements for the Award of Excellence are:

1. Must be under 14 years old on January 1, 2009.
2. Must have at least 2 years of 4-H club work including this year.
3. Must score at least 100 points on the award application.

The 4-H Key Award in Louisiana gives recognition to 4-H members who have shown outstanding leadership ability in their club and in the parish. A member can receive this

award only once. The basic requirements for this award are as follows:

1. Must be 16 years old by January 1, 2009.
2. Must have 3 years of 4-H club work including this year.
3. Must have completed one year of active Junior Leadership work excluding this year.
4. Must score at least 140 points on the award application.

If you'd like to compete for these awards, contact the 4-H office for an application. Applications are due January 9, 2009.

Four-H'ers must meet certain criteria to be eligible to compete. They must be a 4-H or FFA member, must have access to reasonable facilities to keep and care for a calf, must meet academic standards for show participation, must be able to give reasonable assurance that you are able to feed, groom, and care for a calf, must not be enrolled beyond the junior year in high school, must be in good physical condition without evidence of recent injury, must show the calf at next year's district livestock show. If you are interested and would like more details, please call our office. Deadline for entry is January 3rd. The entry forms are also on our website.

Exhibitors will compete for Outstanding Exhibitor during our parish livestock show. If you are showing beef, sheep, swine or goat at this year's parish livestock show, you are eligible to compete in the Outstanding Exhibitor Contests. There is an Outstanding Exhibitor Contest for each species (beef, sheep, goat and swine). Each contest will consist of a short test on project book materials; a skill-a-thon, in which you I.D. different breeds, parts of animals, feeds, etc. Parish workshops attended and showmanship and livestock show participation will also earn points. This contest focuses on the knowledge and skills you have and not how great your animal is. All exhibitors are encouraged to participate. For study guides on beef or swine call the 4-H Office or visit our website.

Mark Your Calendar....

December

- 3 Pre-registration for Demonstration Day
- 5 Parish, District Livestock Entries Due
- 6 Demonstration Day, 8:30 a.m., 4-H Office
- 9 Jr. Leader Meeting, 7:00 p.m., 4-H Office
- 15 Start Junior Beef Grazing Project
- 24-Jan 2 Holidays

January

- 7 Pre-registration for all Clothing Contests
- 8 Jr. Leader Meeting, 7:00 p.m., 4-H Office
- 9 Key Club, Award of Excellence Applications due
- 10 Clothing Contests, Consumer Decision Making, Photography, Seafood, Poultry & Sugar Contests, Gayle Hall, 8:30 a.m.

22-24 Parish Jr. Livestock Show

24-25 4-H Fashion Camp, Camp Grant Walker

31 Parish Jr. Livestock Sale

February

1-7 Southwest District Livestock Show

12 Jr. Leader Meeting, 7:00 p.m., 4-H Office

14-21 LSU State Livestock Show

14-15 Food and Fitness Camp, Camp Grant Walker

21 Pre-registration for Public Speaking

28 Public Speaking, Personal Development, Food Exhibits & Interviews, Dog Care, Plant I.D., Insect, Wildlife, Consumer Foods Judging Contests, Gayle Hall, 8:30 a.m.

TBA Rural Electric Youth Tour applications due

26-28 Southern Livestock Show, Poultry Show & Market Goat Show

Seafood, Poultry and Sugar Cookery; Consumer Decision Making, Clothing, Ready-to-Wear and Photography Contests

January 10, 2009 at Gayle Hall. These contests would be an excellent way to start off the new year in 4-H. Registration begins at 8:30 a.m., contests begin at 9:00 a.m., and awards will be presented at 12:00 noon. First and second place winners in all divisions will receive awards of \$10 and \$5 respectively to be presented at the end-of-the-year recognition program.

Dishes for cookery contests must be prepared at home and brought to the contest ready for serving. Each dish must be chilled and brought to the contest on ice in an ice chest. No hot dishes will be allowed. Bring only the dish, ice chest and recipe to the contest. Recipes should have your name, age, and 4-H club written on the back. Recipes will not be returned.

The first place cookery winners in each category will compete for "sweepstakes" winner of that category and will represent Calcasieu Parish at the district contest.

Clothing entries must be pre-registered by January 7, 2009.

Seafood Cookery

1. Seafood Cookery categories are **Oyster, Crab, Shrimp, Crawfish, Fish and Other Seafood**
2. All contestants may enter only one dish. Only 2 servings of the dish need to be exhibited.
3. Each dish must use a minimum of one cup of seafood. The seafood must be fresh, frozen, pasteurized or dried. **Canned seafood will not be acceptable.** Contestants must exhibit a different Seafood Cookery dish each year. Contestants may not use the same recipe twice.

Sugar Cookery

1. The recipe must contain at least one cup of sugar.
2. Two servings of each dish must be exhibited at the contest.

Creativity and originality are encouraged. The use of previous winning recipes is discouraged.

The contest will be divided into two categories:

1. **Baked Items** (bread, cakes, pies, cookies, etc.)
2. **Other Desserts** (candies, icebox pies, ice cream, etc.) This does not include jams, jellies, preserves, etc.

Chicken, Turkey and Seafood Ambassador Contests

1. **Division II** – (Grades 7-9) Contestant (a) designs a standard poster 22" x 28" relating to one of the five topics concerning chicken, turkey or seafood (production, food preparation and nutritive value, food safety, processing, marketing), (b) prepares an essay not to exceed 500 words or 3 typed pages, double spaced, about the selected subject, (c) presents a 2-3 minute explanation of subject, (d) responds to questions from judges.

Division III-(Grades 10-12) Contestant will present a 5-8 minute illustrated talk concerning chicken, turkey or seafood. **Information for illustrated talks can be obtained from the 4-H Office.**

2. One table and one easel will be provided.

3. No dish is needed to compete in these contests.
4. 1st place winners in each age category will represent Calcasieu at the state contest in April.

Photography Contest

1. Open to any 4-H club member.
2. Categories are:
 - A. People - any age.
 - B. Animals - pets, farm animals, zoo animals, fish, etc.
 - C. Outdoor Shots - can include buildings, landscapes, flowers, plants, gardens, water, butterflies, and other insects.
4. Mount your picture on an 8 ½ x 11 sheet of paper (one picture per sheet). Put your category on upper right hand corner and name, grade, and school on back of paper. Pictures should be regular snap shot size pictures. They can be color or black and white. Only one picture per category.
5. Scoring Factors are:
 - Composition - arrangement of subject, foreground, background and supporting subjects in a picture. (15 points)
 - Sharpness - focus, depth of field, clearness. (10 points)
 - Correct exposure - film speed, lens opening, lightness or darkness of picture, shutter speed. (5 points)
 - Appealing Picture - attracts attention, interesting, good subject. (20 points)

Consumer Decision Making

1. Open to any 4-H member.
2. Contestant will be required to select the best buy from four like items and rank each item in order of preference. Example: contestant ranking - 4 radios, 4 blow dryers, etc.
3. Contestants will be required to justify their reasons for placings as a tie breaker.

Ready-to-Wear

1. Open to any 4-H member.
2. Contestants will be required to select the best buy in clothing items and accessories and rank each item in order of best to worst according to the situation given. Examples of possible categories include: jeans, socks, button down shirts, t shirts, gym clothes, etc.
3. Contestants will be looking for the following:
 1. Fiber content – Is it a natural fiber such as cotton, linen or wool or is it a blend or man-made fiber such as polyester, rayon, etc.
 2. Care instructions – How is it cleaned - hand washed and hung to dry, washer and dryer, or dry cleaned?
 3. Cost of Garment – Does it fit the budget given in this situation? Is the cost per wearing too high?
 4. Construction of Garment – even or uneven stitching, hem, interfacing, seam stitching and finish, reinforced stitching on inner leg seams,
 5. Fabric – any defects?
4. Contestants will give written reasons for placings for at least 1 category to break ties.