

The Cloverleaf

Elementary Edition

January, 2009

January

- 7 Pre-registration for Clothing Contests
- 9 Award of Excellence Applications due in 4-H Office
- 10 Clothing Contests, Ready-to-Wear Judging, Consumer Decision Making, Photography, Seafood, Poultry, Sugar Contests, Gayle Hall, 8:30 a.m.**
- 22-24 Calcasieu Parish Jr. Livestock Show
- 24-25 4-H Fashion Camp, Camp Grant Walker
- 31 Calcasieu Parish Jr. Livestock Sale

February

- 1-7 SW District Livestock Show
- 9-16 LSU State Livestock Show
- 21 Pre-registration for Public Speaking
- 26-28 Southern Livestock Show, Poultry Show & Market Goat Show
- 28 Public Speaking, Personal Development, Food Exhibits & Interviews, Dog Care, Plant I.D., Insect, Wildlife, Consumer Foods Judging Contests at Gayle Hall, 8:30 a.m.**

March

- 6 Jr. Wildlife Tour records due, 4-H Office
- 6-8 Area 4 Challenge Camp 2009
- 10-14 Leap Tests - Statewide
- 23 Record books due in 4-H Office**
- 26-28 SW LA Horse Camp
- 28-29 Southwest Louisiana Garden Festival 2009
- TBA Area Cookery Contests, Crowley, LA

Parish Jr Livestock Show features over 500 Exhibitors

The 2009 Calcasieu Parish Junior Livestock Show will be held at Burton Coliseum January 22-24, 2009. This year's show will involve over 500 4-H and FFA members exhibiting the results of their hard work and the long hours spent with their beef, sheep, swine, rabbit, goat, and poultry projects.

One purpose of 4-H livestock projects is to teach members how to feed, fit, and show their animals. A more important purpose is to help members develop and strengthen certain character traits that will be valuable throughout their lifetime. These character traits include trustworthiness, respect for people and things, responsibility, fairness, caring, and citizenship. The 4-H office and the LSU AgCenter believe these values form the core of the 4-H livestock program.

Livestock exhibitors should show **respect** to other exhibitors, the animals, families, livestock show personnel, club sponsors, spectators, judges, buyers, and the news media.

- Treat others with consideration.
- Listen to others and try to see their point of view.
- Respect the property of others.
- Don't threaten, intimidate, or in any way hurt other exhibitors or visitors. Focus on the experience and not the goal of winning.

Fairness, in livestock production and exhibition, has four aspects:

- Using the same rules for everyone.
- Following the rules.
- Treating everyone the same.
- Being willing to admit & correct our mistakes.



(continued on p. 4)

We're Looking for Outstanding Exhibitors

If you are showing beef, sheep, swine or goats at this year's parish livestock show, you are eligible to compete in the Outstanding Exhibitor Contest. Each contest will consist of a short test on project book materials; a Skillathon, in which you I.D. different breeds, parts of animals, feeds, etc.; parish workshops attended and showmanship and livestock show participation. This contest focuses on the knowledge and skills you have gained through your project and not how great your animal is. Study guides for swine, beef, goat, and sheep are on the Calcasieu 4-H web site.

Outstanding Exhibitor contests will be held on Thursday, January 22nd in the Chalkley Room at the following times:

- | | |
|------------------------------|-------------------------------|
| Beef - 10:00 a.m.-12:00 p.m. | Sheep - 10:00 a.m.-12:00 p.m. |
| Goat - 10:00 a.m.-12:00 p.m. | Swine - 1:00 p.m.-4:00 p.m. |



Cooperative Extension Service, Calcasieu Parish

7101 Gulf Hwy., Lake Charles, LA 70607

(337) 475-8812; (337) 475-8815 (fax)

www.lsuagcenter.com

Nancy Cronan, Extension Agent, 4-H, NCronan@agcenter.lsu.edu

Trent Guidry, County Agent, 4-H, TGuidry@agcenter.lsu.edu

Jimmy Meaux, County Agent, 4-H, JMeaux@agcenter.lsu.edu

Helen Page, Extension Agent, 4-H, HPage@agcenter.lsu.edu

The LSU Agricultural Center is a statewide campus of the LSU System and provides equal opportunities in programs and employment. Louisiana State University and A & M College. Louisiana parish governing bodies, Southern University, and United States Department of Agriculture cooperating.

It is the policy of the Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, national origin, gender, religion, age, or disability.



Clovers to...

Demonstration Day winners Food Individual

Elementary: 1st: Hannah Hebert; 2nd:
Olivia Perez

Foods Team

Elementary: 1st: Bailey Miller and
Kadie Doucet; 2nd: Madeline
Debarge and Brooke Watkins

General-Individual

Elementary: 1st: Savannah Motes; 2nd:
Aleya Joseph; 3rd: Collin Peloquin;
HM: Gregory Henry, Austin
Terrell

General – Team

Elementary: 1st: Ryan Danos and
Colby Oliver; 2nd: Aaron
Fontenot and Ty Bourque

Home Economics – Individual

Elementary: 1st: Jade Bourque; 2nd:
Kaitlyn Darby; 3rd: Rebecca
Pettefer

Home Economics – Team

Elementary: 1st: Sydnee Guillory and
Ashlyn Doucet

Agriculture – Individual

Elementary: 1st: Jamie Young; 2nd:
Hannah Hebert; 3rd: Rebecca
Pettefer

Horse – Team

Elementary/Junior: 1st: Kaylee Cormier
and Lucy Ryder

Character Counts Poster winners

Elementary: 1st: Hannah Hebert; 2nd:
Allie Terry; 3rd: Jasmine
Goodwin; HM: Kristen
Hungerford, Quinn Duhon, Emily
Proffitt

All the volunteers and 4-H members
who helped make the **Crying
Eagle Shooting Sports fundraiser**
a huge success.

It's Not Too Early to Start Thinking About 4-H Summer Camp



If you want to make new friends
and have a lot of fun, and you are in
the 3rd through 6th grade, you should
plan to join us at 4-H Summer Camp.
This year we will be camping June 1 -
5, 2009 at Camp Grant Walker in Pol-
lock, LA. Cost of summer camp is
\$120 per camper. **To reserve your
spot you must send in a non-
refundable deposit of \$50 no later
than April 2nd.** The check should be
made out to Calcasieu Parish 4-H.
Once the deadline passes any unfilled
spots will be released to other parishes.
If you are interested in going to camp
please fill out the form on this clover-
leaf and turn it in to the 4-H Office
along with your \$50 check no later
than April 2nd.

Public Speaking, Personal Development, Food Exhibits & Interviews, Dog Care, Plant I.D., Insect ID., Wildlife, Consumer Foods Judging

Our Spring Contest Day will be held February 28, 2009 at Gayle Hall on
the McNeese campus. Registration begins at 8:30 a.m. Contests begin at
9:00 a.m. Awards will be presented at 12:00 noon. Note: You must pre-
register for the Public Speaking Contest by March 2nd.

Contest Rules:

Public Speaking—General

1. Speeches may be on any topic, but must be original. Brief notes may be used, but dependency on notes is not encouraged.
2. A penalty will be assessed to those speeches that do not adhere to the time limit. The penalty will be 3 points for each 30 seconds or a portion thereof, above or below the limit. Time limit for elementary members is 3-5 minutes.
3. Visual aids or props are optional.



Public Speaking—Cooperatives

1. Speeches must be original and must be on and in favor of cooperatives. Brief notes may be used, but dependency on notes is not encouraged. Reference material is available from the 4-H Office.
2. A penalty will be assessed to those speeches that do not adhere to the time limit. The penalty will be 3 points for each 30 seconds or a portion thereof, above or below the limit. Time limit for elementary members is 3-5 minutes.
3. The use of visual aids is discouraged.

Public Speaking —Soybean Production

1. A 5-8 minute illustrated talk will be given on some facet of soybean production, marketing, processing, utilization, nutritional value, etc.
2. The use of visual aids is encouraged.

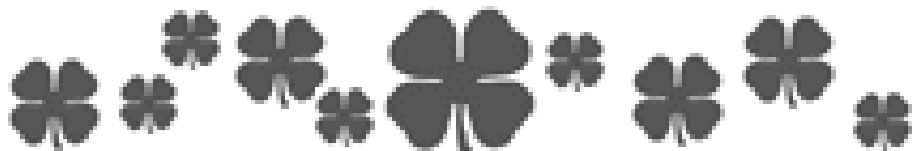
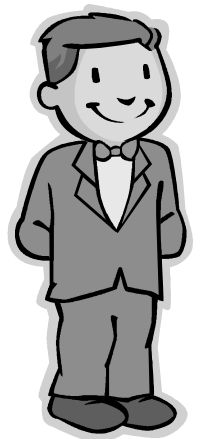
Public Speaking - Horse

1. Subject must pertain to the horse industry.
2. Ten minutes will be allowed for each speaker. One point will be deducted from each judge's score card for each minute over time.
3. Contestants may use notes. Excessive use of notes may be counted against the contestants at the discretion of the judges. Visual aids are not allowed.
4. Judges may ask questions concerning the material.
5. Winners qualify to compete in the LSU State Horse Show in July.

Personal Development

1. Boys and girls will compete separately.
2. Contestants have a short interview with a judge. Contestants should be able to answer the following questions: What career do you plan to follow? What kind of schooling or training is needed for this job? Skills needed? Why did you select this job? Why do you think you would be good at this job? Where could you get a job like this? General appearance, cleanliness, manners, and poise are also factors for consideration in judging the contestants.
3. Scoring will be as follows:

Grooming	50 percent
Interview	50 percent
Total	100 percent



Food Exhibit And Interview

1. Contestants prepare a "Food For Fitness" dish which is relatively low in calories. The food dish must fit into one of the following categories: main dish, vegetable dish, fruit dish, salad or snack meal. Desserts are not allowed and will be disqualified. Contestants prepare the dish at home and bring it to the contest ready to sample for judging. **The dish must be chilled on ice and brought in an ice chest to the contest.** No hot dishes will be allowed.
2. Each contestant will have a short interview with the judge. The judge will ask questions about the food guide pyramid such as: What are the food groups? How many servings do you need of each? What's the major nutrient in that food group?
3. Scoring will be as follows:

Food Exhibit	50 points
Nutrition Interview	50 points
Records	100 points
Total	100 points

Dog Care

1. Written test will be three parts:
 - A. Identification of dog breeds by pictures
 - B. Proper care and nutrition of dogs and puppies
 - C. Diseases of dogs
2. Know these breeds: Airedale terrier, basset hound, beagle, Boston terrier, boxer, bull terrier, bulldog, cairn terrier, Chihuahua, cocker spaniel, collie, dachshund, Dalmatian, English setter, fox terrier, golden retriever, greyhound, Irish setter, Labrador retriever, Pomeranian, Rottweiler, St. Bernard, Samoyed, Scottish terrier, whippet
3. Questions may come from the 4-H Discovering, Pet Care, and Dog Care project books.



Horticulture I.D.

1. Judging will consist of 4 classes composed of all vegetables, all fruits, all flowers, all ornamental seeds and plants to be judged on the basis of quality and condition. Frozen, canned or processed vegetables and fruits may be used. Each class will be placed from top to bottom, from first to fourth place. Cut flowers, potted plants, potted ornamentals and balled and burlapped or bareroot nursery stock may be used in the flower and ornamental classes. This entire part will be based on those items of quality and other characteristics that a consumer looks for in buying horticulture crops and products.
2. Written reasons will be given on one class of judging. These will be used to break a tie.
3. Identification - Twenty specimens of vegetables, fruits & nuts, flowers, ornamentals, seeds & field crops, insects and diseases and weeds. Plant parts, characteristics of the plant, may be used to represent specimen to be identified. All specimens will be plants easily found in Southwest Louisiana.



Plant I. D.

1. 4-H will be asked to identify 25 seeds, weeds, or field crops from a list of commonly grown plants in Louisiana. A practice CD is available at 4-H Office to study.
2. Test questions may be used for tie breakers.

Insect I.D.

4-H members will be required to identify the common name and order for a minimum of 15 insects of economic importance to Calcasieu Parish and denote whether the insect is a pest or beneficial. Good guides for study are Golden Nature Guide of Insects and Guide to Insect Pests.

Stay at Home Alone

Staying at Home Alone takes a great deal of responsibility. Before you stay alone for any amount of time you should do the following things:

- Work with your parents to develop your family's ground rules.
- Practice making any snacks and completing any chores before you are home alone. Have a responsible adult check your ability to do the job well before you attempt it by your self.
- Practice any emergency drills (weather, first aid, fires, etc)
- Always communicate with your parents or guardians about any concerns you have about being home alone.
- Ask your parents to sit down with you and look over these tips to help you know what to do when you are home alone.
 - Carry your key inside a pocket, in your backpack, in your wallet, your shoe or in a purse.
 - Never leave an extra key under the door mat or on a ledge. Find a safe, but well-hidden place to put an extra key. Don't tell anyone where that place is!
 - Don't go into your house if things don't look right. Call a parent or trusted adult for advice.
 - Check in with your parents or the assigned person when you arrive home.
 - Never accept a ride, money or any other thing from a stranger. Don't talk to strangers either.
 - Make sure your house has working smoke detectors and a fire extinguisher that you know how to operate.
 - Memorize emergency numbers and those of trusted family and friends. Know who to call in times of an emergency.
 - Never let anyone know you are home alone.
 - Learn simple first aid rules.



**Food & Fitness Camp
for 10-13 year olds**

Camp: February 14-15, 2009

**Fee of \$42.00 Due by: January
16, 2009**

**Send to: Calcasieu 4-H, 7101 Gulf
Hwy., Lake Charles, LA 70607**

Name: _____

Address: _____

School: _____

Phone: _____ Age: _____

Parent's Signature: _____

Wildlife Judging

1. 4-Hers may be required to identify the needs of wildlife in a particular kind of habitat and make recommendations on wildlife management practices that will improve the habitat for certain wildlife species.
2. Must be able to identify common wildlife foods and rank them as to their importance for certain wildlife species.
3. 4-Hers may be required to identify wildlife from photos.
4. 4-Hers may be required to identify the different habitats that wildlife live in from aerial photos and rank them as to their importance for wildlife.

Consumer Foods Judging

1. Contestants will be required to select the best buy from four like items and rank each item in order of preference. There will probably be four categories.
Examples of possible categories:
 1. Fresh Produce - 4 sets of vegetables to judge for quality and variety
 2. Convenience Foods - Scratch biscuits, biscuit mix, canned biscuits, frozen biscuits for cost and convenience
 3. School Lunch - Bag lunch, snack bar, hot line, salad bar for nutrition
 4. Unit Pricing - Four sizes of same cereal for cost
 5. Food Forms - Fresh, frozen, canned, specialty frozen for cost and nutrition
 6. Day's Menus - Four menus of breakfast, lunch, supper and two snacks for nutrition and health
 7. Meal Plan - Four lunches for convenience, cost and nutrition
 8. Party Foods - Labels of four different chips for nutrition and health
 9. Vending Machine - Four different snacks for nutrition and health
 10. Fast Foods - Four Breakfasts for nutrition and health
2. Contestants will give written reasons for placings for 1 or 2 categories

4-H Summer Camp

Pre-Registration - 3rd - 6th graders

Camp: June 1-5, 2009

**Make check for \$50.00 deposit
payable to Calcasieu 4-H.**

**Mail to: Calcasieu 4-H, 7101 Gulf
Hwy., Lake Charles, LA 70607**

Due April 2, 2009

Name: _____

Address: _____

School: _____

Phone: _____

Age: _____ Grade: _____

Parent's Signature: _____



Parish Junior Livestock Show (continued)

We all like to be treated fairly, but do we always treat others fairly? The Golden Rule, "Do unto others as you would have them do unto you," is a standard measure of fairness.

Caring is showing concern for other's welfare - showing kindness, generosity and compassion toward others. Livestock exhibitors are responsible for the care, feeding, housing and training of animals. A caring exhibitor considers carefully how decisions and actions will impact an animal. True caring results in a healthy animal that reaches its full growth potential and is ready for showing.

Trustworthiness means being honest, keeping promises, remaining loyal and showing integrity.

- Do the right thing even when the right thing is not the popular thing.
- Report violations of show rules.
- Show good character in losing or in winning.
- Treat an animal with respect & dignity.
- Exhibit the ethical behaviors expected from family, sponsors & show management

Exhibitors can show **responsibility** by remembering they represent 4-H, the breed they show, and the show. Many people are depending on exhibitors to be good role models. Responsible exhibitors will exercise self-restraint by controlling words and actions and by not having a "win at any cost" attitude.

People of character choose to be good citizens. To show their **citizenship**, exhibitors will:

- Know and fulfill their responsibilities.
- Keep the show facilities clean.
- Volunteer to assist fellow exhibitors.
- Be a team player and add to the strength of the club by displaying only truly ethical behavior.

Help us make our show the best it can be by showing good character during livestock show season.

