



Calcasieu 4-H

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The LSU Agricultural Center is a statewide campus of the LSU System and provides equal opportunities in programs and employment. Louisiana State University and A & M College. Louisiana parish governing bodies, Southern University, and United States Department of Agriculture cooperating.

Clovers to....

Character Counts poster winners:

Junior: 1st: Katelyn Chargois; 2nd: Alex Henry; 3rd: Julia Hebert; HM: Garrett Terry, Logan Granger, Mallory Nicholson
Senior: 1st: Kristen Davis; 2nd: Trevor Foreman; 3rd: Klancy Shope; HM: Taylor Chargois, Jaden Sterling

Demonstration Day Winners

Food Individual

Junior: 1st: Kari Davis; 2nd: Mallory Nicholson; 3rd: Hannah Pettefer; HM: Delyn Brown, Corey Castillo, Julia Hebert
Senior: 1st: Kristen Davis; 2nd: Taylor Chargois; 3rd: Trevor Foreman; HM: Jacey Main

Foods—Team

Junior: 1st: Jena Schlofeldt and Cody Guilbeaux
Senior: 1st: Jacey Main and Trevor Foreman

General-Individual

Junior: 1st: Katelyn Chargois; 2nd: Alex Henry; 3rd: Julia Hebert; HM: Corey Castillo, Katelyn Martin, Delyn Brown
Senior: 1st: Taylor Chargois; 2nd: Trevor Foreman

General – Team

Junior: 1st: Logan Terrell and Katelyn Chargois; 2nd: Kari Davis and Kimberly Medicis; 3rd: Victoria Perez and Seth Lanier; HM: Mackenzie McDaniel and Kennedy Fontenot, Kaitlyn Smith and Kristan Credeur

Senior: 1st: Trevor Foreman and Jacey Main

Home Economics – Individual

Junior: 1st: Hannah Pettefer; 2nd: Cassidy Sonnier; 3rd: Tanna Conner; HM: Corey Castillo
Senior: 1st: Kristen Davis; 2nd: Trevor Foreman

Home Economics – Team

Junior: 1st: Baylee Bourque and Kourtney LeBlanc
Senior: 1st: Jacey Main and Trevor Foreman

Agriculture – Individual

Junior: 1st: Layne Armentor; 2nd: Mallory Nicholson; 3rd: Justin Granger; HM: Corey Castillo

Senior: 1st: Anne Veillon; 2nd: Jon Thomas Chargois; 3rd: Trevor Foreman

Agriculture—Team

Junior: 1st: Jack Miller and Logan Granger; 2nd: Kari Davis

Food & Fitness Camp

Camp: February 14-15, 2009
Fee of \$42.00 Due by: January 16, 2009
Send to: Calcasieu 4-H, 7101 Gulf Hwy., Lake Charles, LA 70607

Name: _____

Address: _____

School: _____

Phone: _____ Age: _____

Parent's Signature: _____

Challenge Camp 7th Graders

\$50 camp fee due Feb. 9, 2009.
Send to: Challenge Camp, 7101 Gulf Hwy., Lake Charles, LA 70607

Name: _____

Address: _____

School: _____

Phone: _____

Adult T-Shirt Size: _____

Parent's Signature: _____

and Kimberly Medicis

Senior: 1st: Jacey Main and Trevor Foreman

Everyone who worked with **Elementary Workshop Day:** Anna Espey, Taylor Chargois, Klancy Shope, Cassidy Sonnier, Katelyn Chargois, Kristen Davis, Kristen Smith, Delyn Brown, Hannah Vincent, Anastasia Doise, Kari Davis, Mollie Matz, Darby Shope, JT Chargois, Jeffery Doise

Junior Leaders who worked with the "Get Out The Vote" campaign: Kristen Davis (chair), Alex Henry, Gregory Henry, Anna Espey, Cassidy Sonnier, Shelby Miller, Kari Davis, Trevor Foreman, Justin Granger, Logan Granger, Jennifer Doland, Taylor Chargois, Katelyn Chargois, Amber Ball, Jeanne Thibodeaux, Delyn Brown, Logan Terril and Allen Lormand.

Those who helped with November Contest Day & ATV Workshop: Anna Espey, Taylor Chargois, Brandon Guillory, Klancy Shope, Kristen Davis, Cassidy Sonnier, Delyn Brown, Shane Damos and Kari Davis.

Jennifer Kershaw, Brenda Shope, Klancy Shope and Hannah Washburn for working with the livestock judging contest.

All volunteers and 4-H members who helped to make the Crying Eagle Shooting Sports Fundraiser a huge success.



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Special points of interest:

- **Food and Fitness Camp registration is due January 16**
- **Scholarship applications are available at the 4-H office**
- **Camp counselor training is January 19**
- **The last contest day of the year is February 28**

Cloverleaf

Calcasieu 4-H

Junior-Senior Edition

January 2009

Livestock Show Season is Here!

We're looking forward to an exciting livestock show season this year beginning with the Calcasieu Parish Junior Livestock Show January 22-24, 2009.

The livestock shows are probably the most visible activity in the 4-H program, and tension often runs high during livestock show season.... Remembering the six pillars of character will help you get through the show with as little stress as possible.

Livestock exhibitors should show **respect** to everyone at the show from judges and buyers to exhibitors and their parents. Treat others with consideration and respect their property. Don't threaten, intimidate, or in any way hurt other exhibitors or visitors.

Focus on the experience and not the goal of winning. **Fairness**, in livestock production and exhibition, involves using the same rules for everyone, following the rules, treating everyone the same and being willing to admit and correct our mistakes.

Caring is showing concern for other's welfare. A caring exhibitor considers carefully

how decisions and actions will impact an animal.

Trustworthiness means being honest, keeping promises, remaining loyal and showing integrity. Do the right thing even when the right thing is not the popular thing to do. Report violations of show rules. Treat an animal with respect & dignity.

Exhibitors can show **responsibility** by remembering they represent 4-H, the breed they show, and the show. Many people are depending on exhibitors to be good role models. Responsible exhibitors will exercise self restraint by controlling words and actions.

People of character choose to be good citizens. To show their **citizenship**, exhibitors will know and fulfill their responsibilities, keep the show facilities clean, volunteer to assist fellow exhibitors, be a team player and display only truly ethical behavior.

Help us make our show the best it can be by showing good character during livestock show season.

We're Looking for Outstanding Exhibitors

If you are showing beef, sheep, swine or goats at this year's parish livestock show, you are eligible to compete in the Outstanding Exhibitor Contest. Each contest will consist of a short test on project book materials; a Skillathon where you will I.D. different breeds, parts of animals, feeds, etc.; parish workshops attended and showmanship and livestock show participation. This contest focuses on the knowledge and skills you have gained through your project and not how great your animal is. Study guides for swine, beef,

goat, and sheep are on our 4-H web site.

There will be a state contest in these projects for Senior High members.

Outstanding Exhibitor contests will be held on Thursday, January 22nd in the Chalkley Room at the following times:

- Beef - 10:00 a.m.-12:00 p.m.
- Sheep - 10:00 a.m.-12:00 p.m.
- Goat - 10:00 a.m.-12:00 p.m.
- Swine - 1:00 p.m.-4:00 p.m.

Holidays the Healthy Way!

That's the theme of this year's Food and fitness camp for 4-H'ers who are 9-12 years old. Food & Fitness Camp will be held at Camp Grant Walker Saturday, February 14th and Sunday, February 15th. We can send a total of 4 campers and 2 parents or leaders.

Campers will participate in hands-on lessons focused on nutrition and food preparation and food safety. The cost of this camp is \$42.00. If you are interested in attending fill out the form on pg. 4 by January 16th.

Opportunities for High School Members

National 4-H Conference provides 11th grade members the opportunity to participate in 4-H program development at the state and national levels, meet with government officials and national sponsors, and exchange ideas with 4-H'ers from across the U.S. Calcasieu 4-H can nominate two girls and two boys to participate in National 4-H Conference in Washington, DC. Nominations are open to 4-H members currently in the 10th grade. Applications are available at the 4-H office and must be completed by **March 6, 2009**.

The Association of Electric Cooperatives sponsors the **Rural Electric Youth Tour**, June 16-20, 2009 in Washington, D.C. Louisiana 4-Hers will join youth from 32 states in seeing government in action, visiting legislators and government



agencies, and touring sites of historical significance. To participate you must be 16 or over, complete an application and write an essay. Applications for the Rural Electric Youth Tour are available at the 4-H office and should be completed by **February 22, 2009**.

Calcasieu Parish 4-H will be awarding four

scholarships to

graduating seniors at Awards Night in April. In addition, the Louisiana 4-H Foundation will be awarding over \$9,500.00 in scholarships to entering college freshmen who have been active in the 4-H program. Scholarship information and applications are available at the 4-H office and must be completed by **March 6, 2009**. For more information on 4-H scholarships, contact the 4-H office.



7th Graders "Blast into 2009" at Challenge Camp

Are you looking for a challenge? Do you want to have fun with other 7th graders from across Southwest Louisiana? Then join us as we "Blast into 2009" at 4-H Challenge Camp. This year's Challenge Camp will be held March 6-8, 2009 at Camp Grant Walker.

At Challenge Camp, seventh grade 4-H members from all over SW Louisiana will

work as teams to set goals, meet challenges and have lots of fun.

Cost of the camp is \$50.00 and includes transportation to camp, meals and a t-shirt. If you would like to participate, complete the form found at the end of the Cloverleaf and return it to our office along with your \$50.00 camp fee by February 9th.

looking for baby animals to use in the Mini Farm.

On January 19, we will be having **camp counselor training** at the 4-H office from 1:00 - 6:00 p.m. This 6-hour training is required for both Challenge Camp counselors and Summer Camp counselors. If you'd like to serve as counselor at either of these camps, you will need this training, and January 19th is the only time it is scheduled in this area. If you'd like to register, please contact Ms. Helen at HPage@agcenter.lsu.edu.

We'll also be discussing our service-learning project, "4-H Rocks the House and the Senate!" and our upcoming trip to Washington, DC.

Junior Leaders Plan for Upcoming Activities

Our next Junior Leader meeting will be held on Thursday, January 8, 2009 at 7:00 p.m. at the Extension Office. We will be discussing several upcoming events including livestock shows, Ag Adventure and our community service learning project.

This year, **Ag Adventure** will replace the **4-H Mini Farm** we've sponsored in the past. Ag Adventure will be held on Monday and Tuesday, February 2-3, 2009. Ag Adventures will include a stick horse rodeo, puppet show, show ring experience, pyramid relay and aquaculture station in addition to the mini farm. We will need Junior Leader members not only to work with Ag Adventure stations but also to assist with set-up on Sunday, February 1. We will also be

Mark Your Calendar....

January

- 7 Pre-registration for Clothing Contests
- 8 Jr. Leader Meeting, 7:00 p.m., 4-H Office
- 9 Key Club, Award of Excellence applications due
- 10 **Clothing Contests, Ready-to-Wear Judging, Consumer Decision Making, Photography, Seafood & Sugar Cookery, Gayle Hall, 8:30 am**

22-24 Calc Parish Livestock Show
24-25 4-H Fashion Camp, Camp Grant Walker

31 Calc Parish Jr. Livestock Sale

February

1-7 Southwest District Livestock Show

9 Challenge Camp fees due

12 Jr. Leader Meeting, 7:00p.m., 4-H Office

14-15 Food and Fitness Camp, Camp Grant Walker

14-21 LSU State Livestock show

21 Pre-registration for Public Speaking

28 **Public Speaking, Personal Development, Food Exhibits & Interviews, Dog Care, Plant I.D., Insect, Wildlife, Consumer Foods Judging Contests at Gayle Hall, 8:30 a.m.**

22 Rural Electric Youth Tour applications due

26-28 Southern Livestock Show, Poultry Show & Market Goat Show

March

6 National 4-H Conference applications due

6 Scholarship applications due

6 Jr. Wildlife Tour records due

6-8 Area 4 Challenge Camp

12 Jr. Leader Meeting, 7:00 p.m.

TBA Co-Op Youth Camp application due

13-15 Junior Leadership Conference, Camp Grant Walker

23 **Record books due**

28-29 SWLA Garden Festival

TBA Area Cookery Contests

February 28 Contest Day-Something for Everyone

Our last contest day of the year will be held on February 28 at Gayle Hall on the McNeese Campus beginning at 8:30 a.m. Awards will be presented at 12:00 noon. **Note: You must pre-register for the Public Speaking Contest by February 21. Complete contest rules may be found on our website at lsuagcenter.com**

Public Speaking - General

1. Speeches may be on any topic, but must be original.
2. Time limit will be 3 - 5 minutes for 6th - 8th grade members and 5-7 minutes for high school members.
3. Visual aids or props are optional.

Public Speaking - Cooperatives

1. Speeches must be original and must be on and in favor of cooperative business.
2. Time limit will be 3-5 minutes for middle school members and 5-7 minutes for high school members.
3. Visual aids or props are optional.

Public Speaking - Soybean Production

1. A 5-8 minute illustrated talk will be given on some facet of soybean production, marketing, processing, utilization, nutritional value, etc.
2. The use of visual aids is encouraged.

Public Speaking - Horse

1. Subject must pertain to the horse industry.
2. Ten minutes will be allowed for each speaker.
3. Contestants may use notes. **Visual aids are not allowed.**

Personal Development

1. Boys and girls will compete separately.
2. Contestants have a short interview with a judge, who will ask questions such as: What career do you plan to follow? What kind of schooling or training is needed for this job? Skills needed? Why did you select this job? Why do you think you would be good at this job? Where could you get a job like this? General appearance, cleanliness, manners, and poise are also factors for consideration in judging.

Food Exhibit And Interview

1. Contestants prepare a "Food For Fitness" dish which is relatively low in calories. The food dish must be a main dish, vegetable dish, fruit dish, salad or snack meal. Contestants prepare the dish at home and bring it to the contest ready to sample for judging. **The dish must be chilled on ice and brought in an ice chest to the contest.**
2. Each contestant will have a short interview with the judge, who will ask questions such as: What are the food groups? How many servings do you need of each? What's the major nutrient in that food group?

Dog Care

1. Written test will include identification of dog breeds by pictures, care and nutrition of dogs and diseases of dogs
2. Know these breeds: Airedale terrier, basset hound, beagle,

Boston terrier, boxer, bull terrier, bulldog, cairn terrier, Chihuahua, cocker spaniel, collie, dachshund, Dalmatian, English setter, fox terrier, golden retriever, greyhound, Irish setter, Labrador retriever, Pomeranian, Rottweiler, St. Bernard, Samoyed, Scottish terrier, whippet.

3. Sources are the Pet Care, and Dog Care project books.

Horticulture I.D.

1. Judging will consist of 4 classes composed of vegetables, fruits, flowers, ornamental seeds and plants to be judged on the basis of quality and condition. Each class will be placed from first to fourth place. Cut flowers, potted plants, potted ornamentals, balled & burlapped nursery stock may be used. This entire part will be based on those characteristics that a consumer looks for in buying horticulture products. Written reasons will be given on one class of judging. These will be used to break a tie.
2. Identification - Twenty specimens of vegetables, fruits & nuts, flowers, ornamentals, seeds & field crops, insects and diseases and weeds. Plant parts, characteristics of the plant, may be used to represent specimen to be identified

Plant I. D.

1. 4-H will be asked to identify 25 seeds, weeds, or field crops from a list of commonly grown plants in Louisiana. (CD is available at 4-H Office to study)
2. Test questions may be used for tie breakers.

Insect I.D.

1. 4-H members will be required to identify the common name and order for a minimum of 15 insects of economic importance to Calcasieu Parish and denote whether the insect is a pest or beneficial. Good guides for study are Golden Nature Guide of Insects and Guide to Insect Pests.

Wildlife Judging

1. 4-Hers will identify needs of wildlife in a particular kind of habitat and make recommendations on wildlife management practices to improve the habitat for certain wildlife species.
2. Must be able to identify common wildlife foods and rank them as to their importance for certain wildlife species.
3. 4-Hers may be required to identify wildlife from photos.
4. 4-Hers may be required to identify the different habitats that wildlife live in from aerial photos and rank them as to their importance for wildlife.

Consumer Foods Judging

1. Contestants will be required to select the best buy from four like items and rank each item in order of preference. There will be four categories. Examples of possible categories include quality of fresh produce, cost of convenience foods, nutrient value of school lunches, unit pricing, cost and nutrition of different food forms, nutrition of a day's menu, nutrition of vending machine choices, nutrition of fast foods.
2. Contestants will give written reasons for placings for 1 or 2 categories.