

The Cloverleaf

Elementary Edition

February 2009

February

- 1-7 SW District Livestock Show
- 9-16 LSU State Jr. Livestock Show
- 14-15 Food & Fitness Camp for 10-13 year olds, Camp Grant Walker
- 21 Pre-registration for Public Speaking
- 26-28 Southern Livestock Show, Poultry Show & Market Goat Show
- 28 Public Speaking, Personal Development, Food Exhibits & Interviews, Dog Care, Plant I.D., Insect, Wildlife, Consumer Foods Judging Contests, Gayle Hall, 8:30 am

March

- 6 Jr. Wildlife Tour records due, 4-H office
- 23 **Portfolios due by 4:30**
- 28-29 SW LA Garden Festival, Burton Coliseum
- TBA Area Commodity Cookery Contests, Crowley, LA

April

- 1-7 Leap Testing-Statewide
- 2 Outstanding Individual 4-Hers and 4-H Club Forms due
- 2 4-H Summer Camp deposits due
- 15-16 SW LA Horse Camp
- 20 4-H Awards Night
- 21 State Cookery Contests, Baton Rouge
- 28 Leader Crawfish Boil, Burton Coliseum

Portfolios Are Due March 23rd

Project Portfolios (project books and records) will be due March 23. There is still plenty of time to get yours completed. The first thing you need to do to get started is to read your project books to determine how many activities you need to complete and then complete that number activities in the book. After your project book activities are completed, you'll need to complete your 4-H Portfolio to turn in with your projects. This portfolio replaces the old Members Record form. This year the portfolio is available online at <http://louisiana4h.org>. You can complete the portfolio online and save it to your computer. This should make completing your book easier than ever!



Remember you need 3 things to complete your record book:

1. Completed Project Book
2. Completed 4-H Portfolio for all records.
3. Some type of cover to hold it all together.

Camp Grant Walker – “It’ll Grow On You!”

If you want to make new friends and have a lot of fun, and you are in the 3rd through 6th grade, you should plan to join us at 4-H Summer Camp. This year we will be camping June 1 - June 5. Our camp is held at Camp Grant Walker in Pollock, LA. Cost of summer camp is \$120 per camper. To reserve your spot you must send in a non-refundable deposit of \$50 no later than April 2nd. The check should be made out to Calcasieu Parish 4-H. Once the deadline passes any unfilled spots will be released to other parishes. If you are interested in going to camp please fill out the form on this cloverleaf and turn it in to the 4-H Office along with your \$50 check no later than April 2nd.



Junior Wildlife Tour To Be Held in August

Twelve 4-H members in grades 4-8 from across the state will be selected to participate in a Wildlife Tour August 5 - 7, 2009. Selection is based on 4-H records of wildlife activities in Discovering 4-H, Learning More About You and the Environment, Creepy Crawlers, Follow the Path, Hiking Trails, Shooting Sports, Camping Adventures, What's Bugging You?, Wildlife Conservation, Reach for the Canopy, You and the Environment, and Aquaculture. Calcasieu Parish can submit 2 entries for state judging. If you are interested in this activity, contact the 4-H Office for more information. Records are due in the 4-H Office March 6, 2009.



Happy
Valentine's
Day

Cooperative Extension Service, Calcasieu Parish

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The LSU Agricultural Center is a statewide campus of the LSU System and provides equal opportunities in programs and employment. Louisiana State University and A & M College. Louisiana parish governing bodies, Southern University, and United States Department of Agriculture cooperating.

It is the policy of the Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, national origin, gender, religion, age, or disability.



Clovers to...

Consumer Decision Making

Elementary-1st: Reigner Kane;
2nd: Ashlyn Doucet; 3rd: Bailee
Miller; HM: Desiree Mott, Allie
Terry, Madison Haley

Photography

Animals

Elementary-1st: Grace Trahan;
2nd: Taylor Lobue; 3rd: Marley
Smith; HM: Desiree Mott, Ashlyn
Doucet, Sydney Seaford

Outdoor Shots

Elementary-1st: Baylee Istre; 2nd:
Taylor Lobue; 3rd: Savanna Fruge;
HM: Reigner Kane, Amy Reed,
Paige Buller

People

Elementary-1st: Jessi Broussard;
2nd: Desiree Mott; 3rd: Taylor
Lobue; HM: Collin Peloquin,
Ashlyn Doucet, Alexis Brown

Ready-to-Wear

Elementary-1st: Marley Smith;
2nd: Lucy Ryder; 3rd: Therese
Aguillard; HM: Bailee Miller,
Tiffany Lowery, Alexis Brown

Clothing

Elementary

Apron-1st: Lucy Ryder; 2nd:
Madison Haley; 3rd: Rebecca
Pettefer; HM: Ashley Doucet

Turkey Ambassador

4th-6th: 1st: Mallory Nicholson

Seafood Ambassador

4th-6th: 1st: Hannah Hebert

Seafood Cookery

Shrimp

Elementary-1st: Lucy Ryder; 2nd:
Jade Bourque; 3rd: Ty Bourque;
HM: Ryan Danos, Antonio
Brassette, Rikki Gilmore

Crab

Elementary-1st: Lexi Cook
(Sweepstakes); 2nd: Bailee Miller;
3rd: Hannah Hebert; HM: Jaden
Ross

Crawfish

Elementary-1st: Paige Buller; 2nd:
Katie Doucet

Fish & Other

Elementary-1st: Jessica Elliott
(Sweepstakes); 2nd: Collin
Peloquin; 3rd: Baylee Istre; HM:
Hannah Keller

Sugar Cookery

Baked Items

Elementary-1st: Therese
Aguillard (Sweepstakes); 2nd:
Amy Reed; 3rd: Celine Hoffpauir;
HM: Rikki Gilmore, Lucy Ryder,
Paige Buller

Other Desserts

Elementary-1st: Baylee Istre
(Sweepstakes); 2nd: Jaden Ross;
3rd: Lexi Cook; HM: Arren
Nichols, Aaron Fournet, Hannah
Hebert

Public Speaking, Personal Development, Food Exhibits & Interviews, Dog Care, Plant I.D., Insect ID., Wildlife, Consumer Foods Judging

Our Spring Contest Day will be held February 28, 2009 at Gayle Hall on the McNeese campus. Registration begins at 8:30 a.m. Contests begin at 9:00 a.m. Awards will be presented at 12:00 noon. Note: You must pre-register for the Public Speaking Contest by February 21.

Complete contest rules can be found in the January Cloverleaf or on our website.

Public Speaking—General

1. Speeches may be on any topic, but must be original. Brief notes may be used, but dependency on notes is not encouraged.
2. Time limit for elementary members is 3-5 minutes.
3. Visual aids or props are optional.

Public Speaking—Cooperatives

1. Speeches must be original and must be on and in favor of cooperatives. Brief notes may be used, but dependency on notes is not encouraged. Reference material is available from the 4-H Office.
2. Time limit for elementary members is 3-5 minutes.

Public Speaking —Soybean Production

1. A 5-8 minute illustrated talk will be given on some facet of soybean production, marketing, processing, utilization, nutritional value, etc.
2. The use of visual aids is encouraged.

Public Speaking - Horse

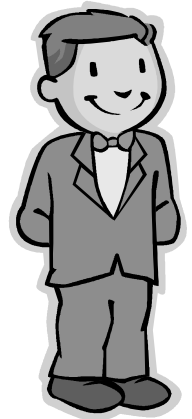
1. Subject must pertain to the horse industry.
2. Ten minutes will be allowed for each speaker.
3. Contestants may use notes. Visual aids are not allowed.
4. Judges may ask questions concerning the material.
5. Winners qualify to compete in the LSU State Horse Show in July.

Personal Development

1. Boys and girls will compete separately.
2. Contestants have a short interview with a judge. Contestants should be able to answer the following questions: What career do you plan to follow? What kind of schooling or training is needed for this job? Skills needed? Why did you select this job? Why do you think you would be good at this job? Where could you get a job like this? General appearance, cleanliness, manners, and poise are also factors for consideration in judging the contestants.

Food Exhibit And Interview

1. Contestants prepare a "Food For Fitness" dish which is relatively low in calories. The food dish must fit into one of the following categories: main dish, vegetable dish, fruit dish, salad or snack meal. Contestants prepare the dish at home and bring it to the contest ready to sample for judging. **The dish must be chilled on ice and brought in an ice chest to the contest.** No hot dishes will be allowed.
2. Each contestant will have a short interview with the judge. The judge will ask questions about the food guide pyramid such as: What are the food groups? How many servings do you need of each? What's the major nutrient in that food group?



Dog Care

1. Written test will be three parts:
 - A. Identification of dog breeds by pictures
 - B. Proper care and nutrition of dogs and puppies
 - C. Diseases of dogs
2. Know these breeds: airedale terrier, basset hound, beagle, Boston terrier, boxer, bull terrier, bulldog, cairn terrier, chihuahua, cocker spaniel, collie, dachshund, dalmation, English setter, fox terrier, golden retriever, greyhound, Irish setter, labrador retriever, pomeranian, rottweiler, St. Bernard, samoyed, Scottish terrier, whippet
3. Questions may come from the 4-H Discovering, Pet Care, and Dog Care project books.



Horticulture I.D.

1. Judging will consist of 4 classes composed of all vegetables, all fruits, all flowers, all ornamental seeds and plants to be judged on the basis of quality and condition. Each class will be placed from top to bottom, from first to fourth place. Cut flowers, potted plants, potted ornamentals and balled and burlapped or bareroot nursery stock may be used in the flower and ornamental classes.
2. Written reasons will be given on one class of judging. These will be used to break a tie.
3. Identification - Twenty specimens of vegetables, fruits & nuts, flowers, ornamentals, seeds & field crops, insects and diseases and weeds. Plant parts, characteristics of the plant, may be used to represent specimen to be identified.



Plant I. D.

1. 4-H will be asked to identify 25 seeds, weeds, or field crops from a list of commonly grown plants in Louisiana. A practice CD is available at 4-H Office to study.
2. Test questions may be used for tie breakers.

Insect I.D.

4-H members will be required to identify the common name and order for a minimum of 15 insects of economic importance to Calcasieu Parish and denote whether the insect is a pest or beneficial. Good guides for study are Golden Nature Guide of Insects and Guide to Insect Pests.

Wildlife Judging

4-Hers may be required to identify:

1. the needs of wildlife in a particular kind of habitat and make recommendations on wildlife management practices that will improve the habitat for certain wildlife species.
2. common wildlife foods and rank them as to their importance for certain wildlife species.
3. wildlife from photos.
4. the different habitats that wildlife live in from aerial photos and rank them as to their importance for wildlife.

Consumer Foods Judging

1. Contestants will be required to select the best buy from four like items and rank each item in order of preference. There will be four categories. Examples of possible categories include quality of fresh produce, cost of convenience foods, nutrient value of school lunches, unit pricing, cost and nutrition of different food forms, nutrition of a day's menu, nutrition of vending machine choices, nutrition of fast foods.
2. Contestants will give written reasons for placings for 1 or 2 categories.



Elementary 4-H Portfolio Blue Ribbon Requirements

It's not too early to get started on your 4-H Portfolio. Blue ribbon portfolios take a little extra effort but can be worth it in the long-run. All blue ribbon portfolios win cash awards that will be awarded at Awards night in April.

1. Your Portfolio must be in some type of binder. Flat folders are preferred over ring binders.
2. You must use the 4-H Portfolio form. This form is available at the 4-H office and can also be found online at <http://louisiana4h.org>

Section 1 - Personal Data & 4-H and You

- ✓ Picture – this can be school picture, snap shot, digital picture, etc.
- ✓ Projects listed
- ✓ Signature
- ✓ 4-H & You Page Complete

Section 2 - 4-H Leadership

- ✓ It is not required that anything be listed but the page must be included.

Section 3 - Citizenship/Community Service

- ✓ A minimum of two activities should be included.

Section 4 - 4-H Awards & Recognition

- ✓ It is not required that anything be listed, but the section must be included.

Section 5 - Non-4-H Experiences

- ✓ It is not required that anything be listed, but the section must be included.

Section 6 - My 4-H Story

- ✓ A minimum of 1 -1/2 pages is required.

Section 7 - 4-H Photos or Supporting Materials

- ✓ A minimum of one picture is required.

Section 8 - 4-H Project Focus and Above & Beyond

- ✓ List at least two statements of things you learned from your project or did in your project must be included.
 - ✓ For livestock and pet care projects, you must list what you did to care for and train your animal (in addition to things learned.)
3. Project books
 - Discovering 4-H – A minimum of 4 sections must be completed.
 - Other Projects – A minimum of five activities must be completed.
 - Livestock Projects – A minimum of five activities must be completed.



4-H Summer Camp

Pre-Registration - 3rd - 6th graders

Camp: June 1 - June 5, 2009

Make check for \$50.00 deposit payable to Calcasieu 4-H.

Mail to: Calcasieu 4-H, 7101 Gulf Hwy., Lake Charles, LA 70607

Due April 2, 2009

Name: _____

Address: _____

School: _____

Phone: _____

Age: _____ Grade: _____

Parent's Signature: _____

There is nothing noble in being superior to some other man. The true nobility is in being superior to your previous self.

Hindu proverb

Safety is Important When Riding an ATV

Who doesn't like to go riding through the fields on an ATV? It seems Americans can't get enough of today's all-terrain vehicles (ATVs). ATVs are the fastest-growing segment of off-highway vehicles, flying out of dealer showrooms at an average rate of more than 1,500 new units per day nationwide. But, an ATV can be very dangerous if not handled correctly. Every year, there are approximately 250,000 ATV accidents where the rider had to be treated for injuries. In addition, 200-300 people die every year in ATV accidents. 40% of these riders are under 16 and 15% of that are under 12.

Anyone, especially young people, who plans to ride an ATV needs to be aware of safety precautions before getting on an ATV.

First, you need to make sure the ATV you're riding on is the correct size. It is very important that the ATV fits the rider. The ATV institute recommends the following:

Engine size	Age
Over 90ccs	over 16
70 to 90 ccs	12 to 16
70ccs	riders under 12

Besides choosing the right size ATV the other most important thing that a rider can do to be safe is to wear the following protective riding gear or clothing.

- **Helmet**
- **Boots**
- **Clothing**- Long sleeve shirt and long pants
- **Goggles**
- **Gloves**
- **Chest protector**



Public Speaking

Pre-registration Form

Return by Feb. 21th to:

Calcasieu 4-H, 7101 Gulf

Hwy.,

Lake Charles, LA 70607

Name: _____

Age: _____ Grade: _____

4-H Club _____

General _____

Co-op _____

Soybean _____



DISCOVER 4-H