

**4-H SWEET POTATO COOKERY CONTEST**  
**MONDAY, NOVEMBER 23, 2009**  
**LEESVILLE JUNIOR HIGH CAFETERIA**

**All dishes should be entered between 12:30 p.m. and 1:00 p.m. Judging will begin at 1:00 p.m.**

**A. Sweet Potato Cookery**

1. Open to all 4-Her's regardless of project enrolled in.
2. The dishes must be prepared at home and brought to the contest for judging. The dishes should be served in the condition they were made to be served - hot or cold. Contestants must bring serving utensils. The entire dish must be exhibited.
3. Members will be allowed to enter dishes in two different categories, one dish per category.
4. A minimum of 1 cup fresh, canned or frozen sweet potatoes may be used in the recipe.
5. Four-Her's should bring one (1) copy of the recipe written or typed on note cards or small tablet paper. See attached recipe format.
6. The contest will include 2 categories! A. Desserts B. Other
7. There will be four (4) divisions for 4-Her's to compete in: Division I - 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> grades; Division II - 7<sup>th</sup> and 8<sup>th</sup> grades; Division III - 9<sup>th</sup> - 12<sup>th</sup> grades; Division IV - Fort Polk Military 4-H Members 3<sup>rd</sup> grade and below (This division cannot compete for district.) Awards will be given in each division and a Grand Champion over all divisions will also be awarded.

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**SWEET POTATO SCORING FACTORS FOR PARISH CONTEST**

**Recipe** - 15 points

Does the recipe contain a minimum of 1 cup of Sweet Potatoes?

**Taste** - 50 points

Does the finished dish have flavor which appeals to most people?

Do the flavors blend together?

**Appearance of Dish** - 25 points

Does the finished dish look appetizing?

Garnishes and accompaniments should not enter in scoring.

**Ease of Preparation** - 10

Procedure is relatively uncomplicated.

Preparation will not take an excessive amount of time

Ingredients are readily available and reasonably economical.

**NOTE:** Failure to follow contest rules will result in contestant being placed in last place. For example:

- 1) Failure to use a minimum of 1 cup of Sweet Potatoes.
- 2) Failure to display entire dish.