

**Pre-registration Needed for Clothing Only**

**Seafood Cookery and Ambassador**

**Chicken and Turkey Ambassador**

**Sugar Cookery**

**Clothing Contests**

**Ready-to-Wear Judging**

**Consumer Decision Making**

**Photography**

Registration..... 8:30 a.m.

Contests ..... 9:00 a.m. - 12:00 p.m.

Awards ..... 12:00 p.m.

**Divisions:** Elementary (grades 4-5)  
Junior (grades 6-8)  
Senior (grades 9-12 or 14 by January 1)

All cookery dishes must be prepared at home and brought to the contest chilled on ice in an ice chest. No hot dishes will be accepted.

**Only 2 servings of the dish needs to be exhibited!  
The whole dish no longer needs to be exhibited!**



## Seafood Cookery

1. Open to any 4-H member.
2. Dishes must be prepared at home and brought to the contest ready for serving. Each dish must be chilled on ice and brought to the contest in an ice chest. No hot dishes will be allowed. Bring only the dish and ice chest to the contest -- no placemats, no serving utensils, no flower arrangements, etc.
3. Contestants may enter only one category of the contest and may enter only one dish in that category. Seafood Cookery categories are: Oyster  
Crab  
Shrimp  
Crawfish  
Fish and Other Seafood
4. **Only 2 servings need to be exhibited.**
5. Each dish must use a minimum of one cup of seafood. The seafood must be fresh, frozen, pasteurized or dried. **Canned seafood will not be accepted.**
6. Contestants must exhibit a different Seafood Cookery dish each year. Contestants may not use the same recipe twice.
7. All contestants must furnish a recipe with name, age, and 4-H club. Recipes will not be returned. Recipes may be used to publish a parish cookbook if they are neat, easy to read, and earn an acceptable score.
8. The first place winners in each age division in each category will compete for "Sweepstakes" winner of that category. The "Sweepstakes" winner in each category will compete in the area contest representing Calcasieu Parish.
9. First and second place winners in all divisions will receive an award of \$10 and \$5 respectively to be presented at the end-of-the-year recognition program.

## Sugar Cookery

1. The recipe must contain at least one cup of sugar.
2. Dishes must be prepared at home and brought to the contest ready for serving. Each dish must be chilled on ice and brought to the contest in an ice chest. No hot dishes will be allowed. Bring only the dish and ice chest to the contest -- no placemats, no serving utensils, no flower arrangements, etc.
3. **The entire dish must be exhibited. This is the only cooking contest that needs to have the entire dish. If the contestant agrees, sugar cookery entries may be sold as a fundraiser for the parish 4-H program. If you would like to donate your dish for the fund raiser, please bring it in a throw away container and let us know at registration that you're donating your dish.**
4. Contestant must furnish a recipe with name, age, and 4-H club. Recipes will not be returned. Recipes may be used to publish a parish cookbook if they are neat, easy to read, and earn an acceptable score.
5. Creativity and originality are encouraged. Use of previous winning recipes is discouraged.
6. The contest will be divided into two categories:  
**Baked Items** (bread, cakes, pies, cookies, etc.) if any part of the recipe is baked, it goes in this category.  
**Non Baked Items** (candies, icebox pies, ice cream, etc.) This is not to include homemade jams, jellies preserves, etc. All parts need to be unbaked.
7. The first place winners in each category will compete for "sweepstakes" winner of that category. The "sweepstakes" winner in each category will represent Calcasieu Parish at the area contest.
8. First and second place winners in all divisions (all categories of dishes) will receive an award of \$10 and \$5 respectively to be presented at the end-of-the-year recognition program.

## Chicken, Turkey and Seafood Ambassador Contests (Illustrated Talk)

### 1. **Division I** – (Grades 4-6)

- Contestant:
- designs a standard poster 22" x 28" relating to one of the five topics concerning Chicken, Turkey or Seafood:
    - production
    - food preparation and nutritive value
    - food safety
    - processing
    - marketing
  - presents a 2-3 minute explanation of poster subject.
  - responds to questions from judges.

### **Division II** – (Grades 7-9)

- Contestant:
- designs a standard poster 22" x 28" relating to one of the five topics concerning Chicken, Turkey or Seafood:
    - production
    - food preparation and nutritive value
    - food safety
    - processing
    - marketing
  - prepares an essay not to exceed 500 words or 3 typed pages, double spaced, about the selected subject
  - presents a 2-3 minute explanation of subject
  - responds to questions from judges.

**Division III**-(Grades 10-12) Contestant will present a 5-8 minute illustrated talk concerning Chicken, Turkey or Seafood. **Information for illustrated talks can be obtained from the 4-H Office.**

- One table and one easel will be provided.
- No dish is needed to compete in these contests.

### 4. Scoring for all ambassador contests will be as follows:

	I	II	III
Appearance	5	5	5
Visuals	20	15	15
Content	35	30	30
Presentation	20	15	35
Length	5	5	5
Response to Judges' Questions	15	15	10
Essay		15	
<b>TOTAL</b>	<b>100</b>	<b>100</b>	<b>100</b>

- First and second place winners in all divisions will receive an award of \$10 and \$5 respectively to be presented at the end-of-the-year recognition program.
- 1<sup>st</sup> place winners in each age category will represent Calcasieu at the State Contest in April.