



# The 4-H Green Gazette

Washington Parish 4-H  
Monthly Newsletter

November 2008



## 2008 Washington Parish Food Festival December 13, 2008

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1. You may enter one dish in each main category (Beef, Seafood, Egg, Poultry, Wild Game)
2. Each dish must be accompanied by a **full recipe** with name, school, age, and grade on the **back**.
3. Each dish must have the required ingredients to qualify for Regional Cookery. Wild Game category will not go to Regional Cookery.
4. Dishes must arrive to the Big Kitchen at the Washington Parish Fairgrounds by 9:30 AM.
5. Judging will begin at 10:00 AM
6. Dishes will be judged on Taste, Appearance, Originality, and Recipe.
7. Check out the categories on page 2!

## Updates and Events

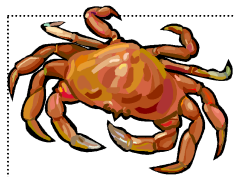
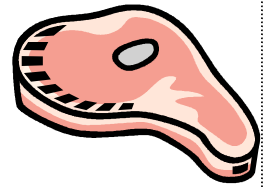
Jr. Leaders	Pet Show/Sew With Cotton	Horse Club Events
There will be a Jr. Leader meeting on November 17, 2008 at 5:30 PM. The meeting will be held at the 4-H Office in Franklinton. If you are interested in becoming a Jr. Leader attend this meeting to see what it is all about!	The Pet Show/Sew with Cotton contest will be held at the end of March. These contest will be held at Angie Jr. High. More information will be provided as the contest approaches.	There will be a Horse Club meeting on November 22. The time and place will be announced soon! If you are interesting in joining the horse club please let Ms. Lacey know!

# What Categories Will You Enter?

## Beef Cookery

### Categories:

**Low Calorie Main Dish** (Less than 300 calories per Serving), **Quick and Easy Main Dish** (Ready in less than 1 hour) **One Dish Meal** (at least 3 food groups included)



## Seafood Cookery

### Categories:

**Oyster, Crab, Shrimp, Fish, Crawfish**

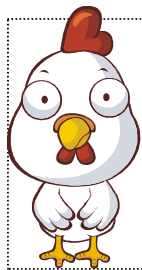
*Must use at least 1 cup of seafood. NO RAW SEAFOOD in completed dish. Only fresh or frozen seafood accepted (no canned)*

## Egg Cookery

### Categories:

**Appetizer/Salad, Main Dish, Dessert**

*The dish must include at least 4 eggs that makes a standard sized dish. This can include 4 whites, 4 yolks, or 4 whole eggs. NO RAW EGGS in final product.*



## Poultry Cookery

### Categories:

**Chicken** (At least 2lbs bone in meat or 1pound deboned), **Processed Poultry** (At least 12 oz of processed meat), **Other Poultry** (At least 2 pounds bone in meat or 1lb deboned meat)

## Wild Game Cookery (Not a Regional Competition)

### Categories:

You must use at least 1 lb of meat in each category

**Deer, Wild Fowl, Other**



## Holiday Treats Contest



The Second Annual Washington Parish Holiday Treats Contest will be held December 4, 2007 at the YWCA in Bogalusa. Treats can be brought to the 4-H Office on December 3rd or to the YWCA by 9:00AM on December 4th. Treats will be judged on taste, appearance and originality. You may enter one treat in each category: candy, cookies, cakes (only one slice needed), or other holiday treat. Treats must be in a disposable container as they will not be returned. The contestants will not be present for the judging. Winners will be announced at the February Meetings !

## Place Your Order for Broiler Chicks!



It's time to place your broiler chick order. You need to fill out the order form and return it with your money to your 4-H leader by November 17, 2008. Please note that there is a **minimum order of 10 chicks**. This means that if you do not order at least 10 chicks, your order will not be placed. You will pick the chicks up at a designated location in early January. Our Parish Broiler Show will be held in February. If you have any questions, please contact Ms. Lacey @ 985-839-7855.

## We Are Still Celebrating the Louisiana 4-H Centennial!

It is still 2008 and we are still celebrating the Louisiana 4-H Centennial. You did a great job earlier in the year showing your 4-H Pride, but we want to challenge you to do even more! We want to see service projects, meeting programs, signs around school, and any other way you can think of to show how much you love 4-H. We are also still offering the Washington Parish 4-H Centennial t-shirt. The shirts are \$10 and are in short supply! Make sure to get your shirt ASAP! Please let your leader know if you would like a t-shirt to wear around town!



