



Lafayette 4-H Hotline

National 4-H Week



4-H youth from across the nation will be "Keeping It Green" as they celebrate 2008 National 4-H Week October 5-11 by raising awareness about environmental issues and initiating environmental projects that make a positive difference in their communities.

Throughout National 4-H week and the year, 4-H'ers solve problems in their communities, raise awareness about environmental issues, and make a difference for their futures in the spirit of 4-H's vision to create a world in which youth and adults learn, grow, and work together as catalysts for positive change.

4-H is a community of 6 million young people across America learning leadership, citizenship and life skills. National 4-H Headquarters, which operates out of the United States Department of Agriculture (USDA), is the federal partner of 4-H programs implemented by the Cooperative Extension System of the nation's 106 land-grant colleges and universities and in local communities through 3,150 county Cooperative Extension offices.

Recreational Water Safety

Our educational program at the monthly club meeting will focus on how to keep yourself and others safe. Each lesson will address specific Grade Level Expectations that will be hopefully be helpful in standardize testing. This month we will introduce it with Recreational Water Safety.



One thing that many people forget that is just as important as having a life jacket is that the life jacket must fit properly!! If you have a life jacket that doesn't fit well then it can't do its job properly.

A proper fit means once it's zippered and/or buckled, it should keep your head and upper shoulders above the water. If it fits too loose, the floatation will push the jacket up around your face. If your life jacket is too small, it won't keep your body afloat. A general rule is that the life jacket should not come up above 3 inches over your shoulder.

October 2008

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Points of interest:

- ☺ Fall Fest
- ☺ Character Counts
- ☺ Join Team Leader
- ☺ Rabbit Show
- ☺ Livestock News
- ☺ Project Books Arriving Soon!
- ☺ Officer & Volunteer Training
- ☺ Heads Up, Hands Out 4-Healthy Hearts
- ☺ Important Dates



Fall Fest

All 4-H'ers and their families can make plans to attend the 19th annual **4-H Fall Fest** scheduled for **November 15th** at Evangeline Elementary School. 4-H members will have a chance to compete in various contests such as bicycle rodeo, dog and pet show, poster contest, cookery contest, Bring your lawn family and lawn chair while you enjoy the morning. See the separate sheet for rules and contests.

The day should be lots of fun. We are encouraging 4-H members, leaders and parents to bring lawn chairs, blankets, etc. and make plans to spend part of the day with us. Check the Fall Fest Rules and Regulations given to all members for the time schedule and specific contest rules. We hope to see you there. **Special Note: All Cats And Dogs Entered in Either The Dog or Pet Show Must Show Proof of Rabies Vaccination. Farm Animals And Captive Wild Animals Are Not Allowed at Fall Fest.**



Join Team Junior Leader

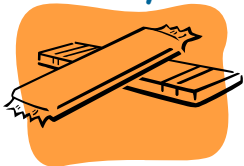


Be a part of the action! Stand apart from the crowd! Being part of the Lafayette 4-H Junior Leader Team certainly has

its advantages. The Junior Leadership Club takes the lead role in parish-wide service-learning. The Club also helps out in other parish 4-H activities, such as contest days, workshops, etc.

This is one for greatest experiences of a high school 4-H member. Any way you look at it, you can't afford not to be a 4-H Junior Leader. Membership is open to all 8th-12th graders in Lafayette Parish. Dues are \$5.00 for one year. If you missed the September meeting, try not to miss the next one scheduled for **Thursday, October 16.**

Candy Sale



This year, 4-H clubs in Lafayette Parish will participate in a candy sale to raise money for the parish 4-H Foundation and local clubs. The sale will be held from **October 19th to November 12th**. The candy sale will not only provide funds to carry out parish activities, but each club will get to keep a portion of the profits to fund local clubs activities.

The top selling club will receive a pizza party as an award for their efforts. Let's all work to make this year's candy sale a big success!

Character Counts

The **Character Counts!** program is based on the "six Pillars of Character" and those are: Respect, Responsibility, Trustworthiness, Fairness, Caring, and Citizenship. Each month will be devoted to one of these pillars, and to start off, we will devote October to **Respect**.

When we use good manners, are courteous, polite, and civil to others, we are being respectful. Respect is treating others the way you want to be treated. We should respect other's property. We should be tolerant of others and we should resolve disagreements without anger and violence. These are just a few ideas for all of us to put our first pillar of character into practice. To learn more go to www.charactercounts.org.

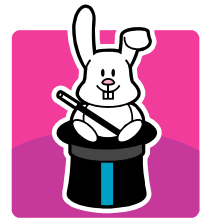


Rabbit Show

The Lafayette Parish 4-H Rabbit Show will be conducted on November 15 at Evangeline Elementary School as part of the 19th annual 4-H Fall Fest.

All 4-H'ers who have enrolled in the Rabbit project should receive a letter about the show. Only those 4-H'ers who enrolled in the rabbit project are eligible to show. **Check the Fall Fest rules and regulations for further information on the Rabbit Show.**

Any 4-H'er who has followed the above directions and does not receive a letter by October 7th should contact Ms. Angie at 291-7090.



Project Books Arriving Soon!

Each 4-H member who paid their dues should receive a project book for each of the 4-H projects selected. 4-H members should start reading and working in their book-lets today. Record sheets located in each book should be completed over the next five (5) months. For 5th - 12th graders, these record sheets will be incorporated into the overall 4-H Record Book that 4-H'ers are to turn in on February 27.

How to complete a 4-H record book will be discussed at a special **Record Book Workshop** that is scheduled for December 9, 2008. The workshop will be held at Lafayette Middle School. More information will be in the November Hotline.



Livestock News



In selecting a show animal, it is important to remember that every animal is **not** a potential show animal. Show prospects should be of highest quality. For members and parents just starting with livestock, it is most important to get help from someone who has experience in selecting show animal projects. Also, remember that the best places to buy your show animal prospect are from a "reputable" breeder or at a proven show prospect sale.

Now is the time to begin preparing if you plan to exhibit livestock at the 4-H livestock shows in January and February, 2009. Members can show cattle, sheep, goats, swine and/or poultry at these shows. Interested students should already have joined 4-H and enrolled in the appropriate project (beef, sheep, etc.)

To be eligible to show livestock in the January and February shows, 4-H'ers must get their animals before certain **POSSESSION DATES** each year. Currently, these are as follows:

Market Goats, Market Lambs, Market Steers & Commercial Does, Commercial Ewes, Commercial Heifers - September 24; Exhibition Poultry & Beef Breeding, Dairy Breeding Sheep Breeding, Goat Breeding - November 10; Swine Breeding - December 1.

The 4-H horse shows are normally held each year in July, separate from the livestock shows. Possession date for the 4-H horse shows is April 1st.

Officer & Volunteer Training

All 4-H officers are to attend the Parish 4-H Officer Training Meeting to be held:

DATE: Thursday, Oct. 16, 2008

TIME: 4:00 PM - 5:30 PM

PLACE: Lafayette Middle School

1301 W. University

Lafayette, LA 70506

Officers will learn what their duties are and how to perform those duties.

A 4-H Parent/Volunteer Orientation meeting is scheduled for Thursday, October 16, 2008, at Lafayette Middle School. This meeting will be held in the cafeteria beginning at 4:10 PM through 5:15 PM. It will be held in conjunction with our parish officer training. The purpose is to increase communication, learn what opportunities are available for volunteers, gain knowledge about the LSU AgCenter and 4-H Programs. Come join in and get involved by becoming a volunteer.



Heads Up, Hands Out 4-Healthy Hearts

The Louisiana 4-H Youth Development Program is continuing to promote Service Learning Initiative. Service-learning can be delivered in a variety of ways, supporting a wide array of program areas. Service-learning is a win-win for your club programs and can be integrated into goals and objectives already planned for next year. Over the next year, we will be targeting each of the steps in the service-learning cycle to promote and expand your club program and/or a school wide effort.



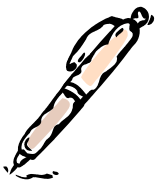
According to the National and Community Service Act of 1990, Service-Learning is: organized service experiences that meet real community needs. The service is integrated into the curriculum where there is purposeful learning taking place. A critical part of service-learning includes reflection which provides youth the opportunity to "think about" their experience. Service-learning enables youth to utilize newly acquired skills and knowledge and typically enhances what is taught either in the classroom or in a community setting. Service-learning extends the world of the youth by extending the community and fostering a sense of caring for others. Service-learning is best thought of as a cycle, where each step in the process leads to the next.

Service-learning has many benefits. You can move beyond your school or 4-H program experience to see the importance of learning in real life experiences. It enhances your self-esteem and sense of civic responsibility by actively making a difference. This is by your involvement in meaningful contributions to your community. Service-learning broadens perspectives and enhances critical thinking skills. Studies show that service-learning improves interpersonal and human relations skills, which are increasingly viewed as the most important skills in achieving success in professional and personal spheres.

"Anyone can serve, because we all have something to give"

Sharon Davis





Important Dates



October

- 1 First Day of Club Meetings
- 5-11 National 4-H Week
- 2-5 4-H Volunteer Leader Forum, Rock Eagle, GA
- 10-11 Cattle Festival, Abbeville, LA
- 9 Livestock Advisory Board Meeting, 4-H Office
- 9 Possession Date for Rabbits
- 9 Rabbit Entries Due, 4-H Office
- 9 Rabbit Clinic, 4-H Office
- 14 Last Day to turn in Enrollment Cards to Leaders
- 16 Junior Leader Meeting
- 16 4-H Officer & Volunteer Training, Lafayette Middle School
- 16-17 Due Date for 4-H Dues, 4-H Office
- 16-17 **Final Call** - Deadline for 4-H Enrollment Cards, 4-H Office
- 16-17 National 4-H Week Applications Due, 4-H Office
- 20 Smart Bodies School Assembly, S.J. Montgomery
- 21 Smart Bodies School Assembly, Woodvale & Live Oak
- 17 (tent) Candy Sales Begin and Delivery Begins
- 20-24 American Character Week & Character Counts!
- 23-Nov. 9 Louisiana State Fair, Shreveport
- TBA Smart Bodies School Assembly, L Leo Judice

November

- 1-14 Livestock Educational Trips, Louisville, KY
- 3 First Day of Club Meetings
- 6 Junior Leader Officer Meeting
- 7 Final Day of Candy Sale
- 10 Possession Date for Exhibition Poultry & Breeding: Beef Dairy, Sheep and Goats
- 10-12 Deadline for turning in Candy Sale Money, 4-H Office
- 15 4-H Fall Fest, Evangeline Elementary
- 15 Spring Livestock Entries Due, 4-H Office
- 16-22 National Poultry Judging Contest, Louisville, Kentucky
- 20 Junior Leader Meeting, 4-H Office
- 23-25 4-H Educational Trip, New Orleans, LA
- 24 Livestock Farm Tour, 4-H Office
- 27-28 Thanksgiving Holiday, Office Closed**
- 28-Dec. 2 National 4-H Congress, Atlanta, Georgia
- TBA (18) Lafayette 4-H Foundation Board Meeting, 4-H Office

Sincerely,

Angie Arnould

Angie Arnould
County Agent, 4-H Youth Development
Lafayette Parish

Charles Hebert

Charles Hebert
County Agent, 4-H Youth Development
Lafayette Parish

Nikki Mouch

Nikki Mouch
Assistant 4-H Agent, 4-H Youth Development
Lafayette Parish

It is the policy of the LSU AgCenter, Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, national origin, religion, gender, age or disability. If you have a disability which requires special assistance for your participation in any aforementioned activity, please contact the Lafayette 4-H office at 291-7090.