

Family and Consumer Sciences (FCS) Advisory Council Meeting

Concordia Extension Office

Thursday, April 23, 2009

10:00 a.m.

Minutes

Ms. Ashley Powell opened the meeting of the FCS Advisory Council. Agendas were provided along with the Roles and Responsibilities of Members Serving on Extension Program Councils (ALC).

Those present were Ms. Dorothy McDonald, Ms. Connie Moreland, Ms. Liz Brooking, Ms. Shawn Parker, Ms. Anglea Hayes, Ms. Nada Riley, Ms. Lynda Cantu, Ms. Addie Hooper, Ms. Heather Malone, Ms. Kathy Stevens, Ms. Hattie Neal, Ms. Beverly Harris, Ms. Martha Thomas, Ms. Kim Evans and Ms. Ashley Powell.

Ms. Powell spoke to those present about the purpose of ALC's and the importance of having all present share concerns/ideas to help better the lives of all residents in Concordia Parish. Liz Brooking to remain as chair; Lynda Cantu to remain as secretary.

Ms. Powell and Ms. Evans gave an overview of the last year's programming in Concordia Parish. Programs included nutrition, diabetes, healthy snacking, parenting classes, financial health and child care provider classes.

Council members then discussed current needs and possible solutions to those needs of the residents of Concordia Parish in the three focus areas:

Family Resource Management:

Work Ethics/Skills- provide in school setting; mentors
Economic Depression- money management
Transportation-city buses; transit

Family Development:

Drug Activity- parental accountability; parenting programs; character education
Truancy/absenteeism in school-parental accountability; Alternative Center; SOS;
parenting programs
After school/Summer programs- Summer movie programs; tutoring; Bethel
Church summer camp; Library programs; Arcade programs; Doty Rd.
Ctr.; Recreation gym in Ferriday; Pentecostals of the Miss-Lou
Programs for Elderly-pair senior with youth (mentor); utilize nursing homes and
home health agencies; partner with churches; 4H members

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Nutrition and Health:

Drugs- DARE; CHOICES; mentors; educational programs; health issues
Diabetes- education for school staff; parental education; lifestyle changes
Obesity- education of health risks; nutrition programs; healthy lifestyles
Programs for Elderly- nutrition as aging; physical activity for seniors; mental health issues; financial management; partner with Senior Ctrs and churches

Council members were asked to prioritize the top 5 issues. They are as follows:

1. Diabetes education for parents and families.
2. Diabetes education for school staff.
3. Programs for elderly.
4. Programs for parents to increase accountability.
5. Programs for youth.

The council set the next meeting for March 2010. Meeting was adjourned.