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**ARE YOU
PREGNANT?**

**ARE YOU
PLANNING TO
BREAST FEED
YOUR BABY?**



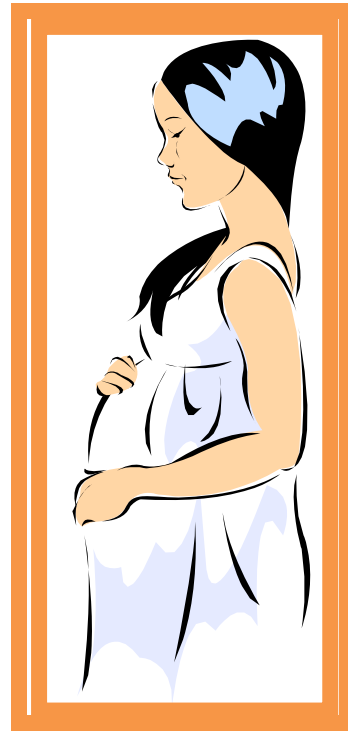
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If you answered yes to these questions you may be eligible to participate in a research study evaluating the fat content of breast milk of women with gestational diabetes.

What is gestational diabetes?

It is a condition in which pregnant women with no history of diabetes before pregnancy develop high blood glucose levels.

Babies who are breast fed get all of their nutrients necessary for growth and development from the breast milk of their mothers. Nutrients in breast milk, including essential fats, can be altered by the mother's diet or potentially by gestational diabetes.



Why breast feed?

Breast milk offers the optimal nutrition for babies and the current recommendations are that babies be exclusively breast fed for the first six months of life.

You may be eligible to participate if you:

- Are pregnant
- Plan to breast feed
- Have or have not been diagnosed with gestational diabetes
- Have not been pregnant in the last two years, until now.

Qualified study participants will receive:

- Nutritional counseling, if desired
- An \$ 80.00 check at the end of the study
- Traveling arrangements or expenses, if needed