

## Family & Consumer Sciences – EFNEP and FFNEWS

60 participants of the Parents Preparing for Success program attended 42 parenting and 42 financial management trainings in which they learned positive parenting and effective money management practices.



EFNEP Nutrition Educator Grace Siggers presents the 'brain' to a group of youngsters visiting the Body Walk.

1,095 K-5<sup>th</sup> graders increased their knowledge about the importance of eating healthy and physical activity by attending Body Walk, an interactive "body". 55 volunteer leaders helped to conduct the two day activity in which they increased their leadership skills and gained knowledge of healthy eating habits and physical activity.

Conducted two workshops at the Ag Expo Ag Alley in which 2,442 youth learned how to decrease the family's budget by starting plants for a garden in a glove. This activity increased family activity and knowledge of nutrition.

10 nurses and certified nurse assistants attended a hand washing and sanitation workshop conducted by the FCS agent and nutrition educators in which skills and knowledge were gained in the importance of washing their hands to decrease the spread of germs.

Over 5,700 clients received fact sheets and increased their knowledge of healthy eating habits, physical activity, food safety and budgeting food dollars.

## Agriculture & Natural Resources

Conducted a meeting on "Avoiding Calving Problems" where 10 new producers received instruction to help them through their first calving season.

16 goat producers gained knowledge of goat nutrition requirements, parasite management and other best management practices.

25 farm workers received training in Worker Protection Standards (WPS), 25 more were recertified in WPS, and 10 producers received training for taking the private pesticide applicator certification exam.



David Dixon at the SU Ag Center Livestock Show

Youth exhibitor David Dixon attended the Southern University Livestock Show in Baton Rouge. David's two goats qualified for the sale because of his hard work and the knowledge he gained from Extension materials, farm visits by the county agent and workshops.

15 representatives from area educational institutions attended a breakfast hosted by Rural Community College Initiative (RCCI) where they were made aware of the many educational programs available to individuals and families in East and West Carroll parishes.

More than 55 youth and their families became familiar with the educational programs of the AgCenter at St. Paul Missionary Baptist Church. These youth and their families are now aware of programs in addition to 4-H.

22 participants have enrolled in the Leadership Plenty workshop conducted by the LSU/SU AgCenter.



Educational display at SU Livestock Show

More than 500 youth in attendance at the SU Livestock Show learned through an educational display where cotton, corn and soybeans are grown in the state of Louisiana. They also learned about aquaculture and sugar production.

Approximately 979 fourth graders attended the Northeast Louisiana Ag Expo and were taught the importance of agriculture in the state of Louisiana, how agriculture affects their diets and how to grow the commodities.

Approximately 614 fourth graders and teachers attended Ag Adventures where they learned the importance of rice to north Louisiana. Topics discussed included production practices, milling and merchandising.

East Carroll Parish Corn Variety Trials were planted so that all producers within the parish can visually evaluate varieties within their parish. These evaluations will give producers knowledge when making decisions on their farms.



31 producers received recertification on their Private Pesticide Applicator License. Through this recertification process producers gained knowledge on correctly applying pesticides, calibrating equipment, personal protective equipment and health risks involved with applying pesticides.



23 producers attended East Carroll Parish production meetings showcasing LSU AgCenter recommendations for all crops.

## 4-H Youth Development

700 4-H'ers became more knowledgeable on living a healthy lifestyle by learning the basic parts of a plant, starch (carbohydrates) and the importance of dairy products.

95 youth attended Ag Adventures and learned the importance of 4-H's 100<sup>th</sup> birthday celebration and became more knowledgeable about the nutritional and economical importance of some Louisiana Ag products including sweet potatoes, dairy products and rice.

Nine 4-H'ers attended the district nutritional cooking contest "4-H Food and Fitness Expo" where they learned nutritious facts about nine different commodities.

While participating in 4-H Night with the New Orleans Hornets more than 500 4-H'ers, leaders, parents and volunteers witnessed the rejuvenation of the New Orleans area since Hurricane Katrina, and learned of aquatic animals at the Aquarium of the Americas.

Two 4-H'ers attended Junior Leadership Conference where they strengthened their leadership, communication, belonging and life skills by participating in activities to enhance the skills listed.

Donna R. Lee  
Associate County Agent  
Parish Chair  
East Carroll Parish

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# E. Carroll Parish

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## Cooperative Extension Service

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