



Egg, Poultry, & Pecan Cookery Contest
January 22, 2009
Check-in at 4:30 Judging begins at 5:00 p.m.
Pre-register by 1-16-2009

Bring dish cold on ice and in an ice chest, or the dish will be disqualified

Egg Cookery

A 4-H'er may enter only one dish in the Egg Cookery.

Categories are:

- **Appetizer/Salad**
- **Main Dish**
- **Dessert.**

No raw eggs allowed in the final product.

The complete dish must be exhibited, along with a recipe and serving utensil. The dish must use at least (4) eggs. They may be whole eggs, egg whites, egg yolks or any combination as long as at least four eggs must be used.

Poultry Cookery

A 4-H'er may enter only one dish in the Poultry Cookery.

Enter one complete dish with recipe, and serving utensil in one of the following categories. Dish may be any type: Appetizer, Salad, Main Dish, or Snack. Exhibit entire dish.

Categories are:

- **Chicken**
- **Processed Poultry**

Chicken—Dish must contain at least 2 pounds bone-in chicken or 1 pound de-boned chicken.

The dish should not include special processed chicken such as marinated chicken strips, chicken nuggets, chicken franks, smoked chicken, canned chicken, etc.

Chicken includes any of the following: Fryer, Capon, Roaster, Broiler, Baking Hen, and Cornish Hen.

Processed Poultry—A dish which includes a minimum of 12 ounces of processed (value added) are poultry products which have undergone special processing. Marinated, breaded, seasoned and reformed products are examples of special processing techniques. Some products are listed below:

Note: All dishes containing turkey items (whole, part or processed) should be entered in this division.

**Ground Turkey
Turkey Bacon
Turkey Sausage
Smoked Turkey**

**Turkey Ham
Turkey Rolls
Ground Chicken
Chicken Nuggets**

**Chicken Franks
Smoked Chicken
Chicken Strips
Canned Chicken**

PECANS

A 4-H'er may enter only one dish in the Pecan Cookery. Enter one complete dish with a serving utensil and a recipe in one of the following categories.

Dish must contain at least 1 (one) cup of pecans in recipe.

Categories are:

- **Candy**
- **Dessert**
- **Other**