

## HOW TO REGISTER

***Money orders only should be made payable to: LSU AgCenter***

**Registration:** Classes fill up rapidly! Advance registration is required for all sessions. Only completed mail-in registration forms accompanied with non-refundable money orders will be accepted. These will be accepted no later than 3 working days prior to the session. This allows the trainers to prepare adequately for each session. Questions may be directed to Jane Jones - 318-473-6501; E-mail: jjones@agcenter.lsu.edu

### **Cancellations:**

Cancellations will not be accepted. However, a substitution of a non-registered participant for registered participant can be made. Please notify the LSU AgCenter if there is a cancellation.

### **Payment:**

- ☺ \$7.50 per person per 3 hr. for Class A and Registered Home Providers (\$42.50 for Class B)
- ☺ \$10.00 per person per 4 hr. Family Day Care Home Orientation
- ☺ We accept money orders only
- ☺ Money orders are non-refundable
- ☺ Money orders should be made out to the **LSU AgCenter**

### **Please mail your payment to:**

**LSU AgCenter**  
Jane B. Jones  
8208 Tom Bowman Drive  
Alexandria, LA 71302



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Alexandria, LA 71302

LSU AgCenter

## Child Care Provider Training Program

**LSU AgCenter**  
8208 Tom Bowman Drive  
Alexandria, LA 71302  
**318-473-6501 or 318-201-2944**  
**FAX: 767-3971**  
**Website: www.lsuagcenter.com**

Classes for  
July/August 2009



### Preparing Your Evacuation “Grab and Go” Box



Recent natural disasters have emphasized the importance of emergency preparedness. Everyone should have individual and family evacuation plans in place. Extensive planning should include all members of the family. Keep in mind that an emergency plan may be different for every family, yet there are common elements. It is critical that each family have a planned evacuation arrangement and an evacuation “to-go” box ready for emergencies.

To create a “grab and go” box, place important papers such as copies of prescriptions, immunization records and insurance policies in sealed, waterproof plastic bags. Store the bags in a fireproof, waterproof box in an easily accessible location. In an evacuation, take the box with you and never leave it unattended.

*Note: To obtain more disaster preparedness and recovery information go to [www.lsuagcenter.com](http://www.lsuagcenter.com) or call your local LSU AgCenter office.*

### Play it Safe With Food After a Power Outage



Take precautions before you begin using food from refrigerators and freezers that have been off for more than a few hours.

- If ice crystals are visible and/or the food feels as cold as if refrigerated, it is safe to refreeze.
- Seafood will be among the first to thaw and will need attention first. Also, ground meat is likely to spoil before other meats.
- If the food thawed and is still cool or has not been at room temperature for more than several hours, cook as soon as possible.
- If the food thawed or was held above 40 degrees F for more than 2 hours, generally it should be discarded because bacteria may multiply to unsafe levels.
- Condiments such as ketchup and mustard should be fine. The acid in them is a natural preservative.
- Pecans, peanuts and peanut butter also are safe. Cured meats and lunchmeats if still cold and not slimy are O.K.

**Classes for July & August 2009**  
**Allen, Avoyelles, Beauregard, Evangeline, Rapides, St. Landry, and Vernon Parishes**  
**Instructor – Jane B. Jones, Extension Agent (FCS)**

<b>TITLE</b>	<b>DATE</b>	<b>TIME</b>	<b>Location of class</b>
Nutrition & Health for Young Children (CDA 1)	Saturday July 11	8:30 a.m. – 11:30 a.m.	Avoyelles Extension Office 8592 Hwy. 1, Ste. 1 Mansura, LA 71350
De-Stress for Success (CDA VI)	Saturday July 11	Noon – 3 p.m.	Avoyelles Extension Office
Nutrition & Health for Young Children (CDA 1)	Wednesday July 15	8:30 -11:30 a.m. Repeated from Noon – 3 p.m.	Vernon Preschool Summer Institute East Leesville Elementary 203 Belview Road Leesville, LA 71446
Understanding Developmental Disabilities (CDA IV)	Saturday June 13	6 – 9 p.m.	Rapides Parish Extension Office 300 Grady Britt Road Alexandria, LA
Understanding Developmental Disabilities (CDA IV)	Wednesday August 5	8:30 – 11:30 a.m.	Vernon Head Start 1409 S. 4 <sup>th</sup> St. Leesville, LA
Autism (CDA IV)	Wednesday August 5	Noon – 3 p.m.	Vernon Head Start
Being a Childcare Professional (CDA V)	Friday August 7	Noon – 3 p.m.	Vernon Head Start
Music and Movement (CDA II)	Monday August 17	8:30 – 11:30 a.m.	First United Methodist Church 2727 Jackson St., Alexandria, LA
Understanding Developmental Disabilities (CDA IV)	Wednesday August 19	8:30 – 11:30 a.m.	Evangeline Head Start Beech Street, Ville Platte, LA
Autism (CDA II)	Wednesday August 19	Noon – 3 p.m.	Evangeline Head Start Beech St., Ville Platte, LA
Playing Side By Side: The Importance of Inclusion (CDA IV)	Thursday August 20	8:30 – 11:30 a.m.	Avoyelles Head Start/New Beginnings 1856 Prevot St. Mansura, LA 71350
Positive Guidance (CDA III)	Thursday August 20	Noon – 3 p.m.	Avoyelles Head Start/New Beginnings
Learning Through Literacy I (CDA II)	Friday August 21	8:30 -11:30 a.m.	Evangeline Head Start Beech St., Ville Platte, LA
Discovering Science with Young Children (CDA II)	Friday August 21	Noon – 3 p.m.	Evangeline Head Start Beech St., Ville Platte, LA
Nutrition and Health of Young Children (CDA I)	Tuesday August 25	8:30 – 11:30 a.m.	Avoyelles Head Start/New Beginnings
Music and Movement (CDA II)	Tuesday August 25	Noon – 3 p.m.	Avoyelles Head Start/New Beginnings
Helping Children Cope with Divorce (CDA III)	Wednesday August 26	8:30 – 11:30 a.m.	Vernon Head Start

*For information on any of the classes, please contact Jane Jones at  
(318) 473-6501 (office) or (318) 201-2944 (work cell).*

**CHILDCARE TRAINING REGISTRATION FORM**

Classes for July/August 2009

**Please fill out completely and indicate each class that you will be attending with name of class, date, and time. Please print information as clearly as possible.**

**NAME of CENTER:** \_\_\_\_\_

**Director's NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**PHONE NUMBER:** \_\_\_\_\_

**FAX NUMBER:** \_\_\_\_\_

**Type of Center:** Class A \_\_\_\_\_ Class B: \_\_\_\_\_ Registered Family Care \_\_\_\_\_

<b>Session Title</b>	<b>Date</b>	<b>Time</b>

**Participants:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*If you have a disability requiring special assistance for your participation in any Child Care provider class, please contact the LSU AgCenter so that we may meet your individual needs. All AgCenter programs are open to any person regardless of race, color, creed, sex, age, religion, national origin or handicap.*

