



The Lafayette Parish 4-H Hub-City Equine News



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Lafayette Parish
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Inside this issue:

AgCenter Information	2
Horse Advisory Committee	2
Master Horseman	3
Educational Program	3
Farm Tour	3
Horse Project Leader	3
Other Activities	4
eXtension Horse-Quest Site	4
Dates To Remember	4
Horse Workshops Available for Youth	5
Clay Roberts: A Success Story	6
Bending, Flexing, and Leg Aids	7
Closing Remarks	8
Horse Video List	9
Advisory Board Ballot	11

General Information

Welcome to the 4-H Horse program. Our records show that you have joined 4-H and have enrolled in the horse project. By doing so, you have indicated to us that you plan to show horses at the 4-H summer shows in July, 2009.

Take a look at our 4-H horse newsletter! We are starting the 13th year (Volume 13) of the horse newsletter. Thirteen years ago it received an overhaul and a new name. It will be mailed periodically throughout the calendar year 2008-2009. During the past twelve years, we have received many positive comments in regards to the horse newsletter. Thanks for your comments; they were greatly appreciated.

This is "the look" of the Lafayette 4-H horse newsletter. These letters will include both educational and informative information to help you with your project(s). The educational information will consist of issues such as nutrition, feeding, health, breed information, and reproduction.

We begin by defining the two words which make up the title of the newsletter:

Hub City—A center of activity of a large or small town.

Equine - Of, relating to, or resembling a horse or the horse family.

News - A report of recent events in a newspaper or news periodical.

After reading the two above definitions, one should be able to identify the motive of

this letter. You can contribute to the overall appearance of this letter. Four-H'ers in the horse project can send in articles to inform others on tips or ideas. These ideas can come from your project books or other magazines. Send your article to Equine Gazette, Charles Hebert, 1010 Lafayette Street Suite 325, Lafayette, LA, 70501. Please include your name and phone number with an article no longer than 1/4 page.

As a 4-H horse exhibitor, it is important that you make yourself aware of how the program operates. Your name is now on the 4-H horse mailing list. This is due to the fact that you have joined 4-H with your school club and enrolled in the horse project. Periodically, you will receive more mail from this office. You should recognize our envelopes. When you receive a letter from us, be sure to open it and read the enclosed material as soon as possible. Be sure to adhere to all deadlines, regulations and follow all instructions each time you receive a letter. Parents, be sure to read each letter your child receives.

In addition, periodically 4-H horse information is printed in the 4-H Hotline you receive at your school 4-H Club meeting. Reading the Hotline and the mail you receive from this office will keep you informed and up-to-date with our program. It is your responsibility to become familiar with all rules that govern the program and to keep yourself informed.

Conflicts with 2009 Parish Show

We were informed in August that our state 4-H high school program, 4-H University held on the LSU Campus in June would be moving back one week to June 22-26, 2009. This event involves many of our high school members as well as all 4-H agents and many other extension employees' state wide. In addition, the state 4-H Horse Show held at the IKE Hamilton in Monroe, Louisiana has moved up one week to July 7-11, 2009.

With these two changes our Horse Advisory Task Force and our office began exploring options for the 2009 Lafayette Parish Horse Show. We have been in contact with the UL Lafayette on availability of the coliseum for other dates. This presents another complication with the dirt having to be hauled in an additional time. The university will haul in the dirt one time for the two shows. We explored moving the dates of



the show, but that presented a problem of having to pay the \$4,500.00 to haul in the dirt an additional time.

Once this was discovered, the board and Extension office began contacting the neighboring parish facilities to check availability at the Sugarena and Crowley Multipurpose Facility. The dates at both facilities were limited and the dates that were available, most were Sundays. Therefore, Stan Dutille polled the horse show parishes about the possibility of moving the district show dates. The majority of the parishes were not in favor. Therefore, after much deliberation while trying to identify the pros and cons on the various dates and possible conflicts, the board has agreed to conduct the Parish Horse Show on Sunday, June 14, 2009 at Sugarena. We are aware that this is the first day of the High School Rodeo Finals in Gonzales. Youth participants can be excused from the meeting during the day to participate in the parish show.

Now that this decision has been, we will begin working to resolve the 2010 show date. We will be presented with the same conflicts once again. The State Horse Show contract is up for renewal after the 2010 show. We have already submitted a request that the state show dates beginning in 2011 be moved back to the original date, the third week in July.

We must all remember the purpose of the program is to give youth the opportunity for personal growth and development through caring for their animal. In doing so, we do appreciate your cooperation and patience as we continue to work through these issues.

Horse Advisory Committee

Advisory Committee is the key to a successful program. The primary purpose of the committee is to give the stakeholders the opportunity to express their views on the needs of their community and how Extension can best meet those needs. The committee's overall purpose is to advise and make recommendations to the Extension Staff to improve the parish program. Furthermore, the committee should assume responsibility in assisting the Extension personnel in planning, executing and evaluating programs.

The committee members gain and grow from the experience, as-well-as gain support for the Extension program in the community. In addition, they have to be willing to invest their time and have the capability to work and communicate with others.

The horse advisory task force committee members provide leadership for the group and make all decisions on matters concerning the horse program. The board is composed of elected officers and representatives. If you are unable to attend a meeting, you may submit your recommendations to these board members.

These members were recently elected to serve the following term. The ballot is attached to elect three board members to serve a two year term. Please return it to us by November 24, 2008. The past years board members and their terms are as follows!

2007-2009—2 year term

Joel Guidry, Master Horsemen & Parent

Kerry Simon, Parent

Ted Champaign, Master Horseman & Parent

2007-2008—1 year term

Merl Landry, Parent

Mark McMillan, Parent

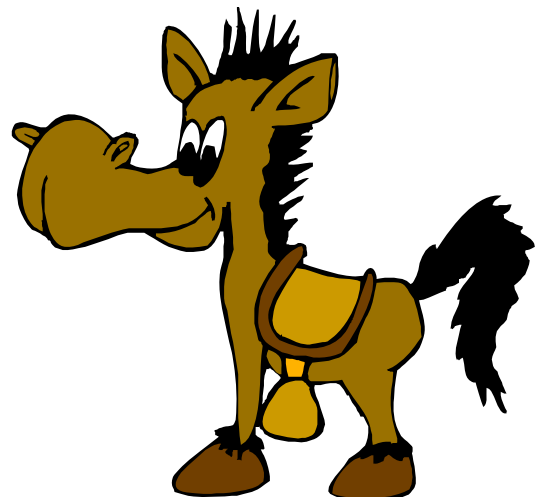
Alternate

Allen Guidry, Parent

There will be an important meeting on **January 7th starting at 6:00 PM** at the 4-H office. It will be held at the local office of the LSU AgCenter, at 1010 Lafayette St., Ste. 325, in the Parish Government Building.

- Advisory Committee meetings are open to the public.
- Any interested individual may be a member of the Advisory Committee. Contact the Lafayette 4-H office at 291-7090 if you would like to be a member. Parents of 4-H members are strongly urged to become members.
- The purpose of the committee is to ensure smooth operation of the Parish Horse Show and the horse program. All volunteers wishing to help with the show need to be a member of this committee. New volunteers are **always** welcome!
- Among the items to be discussed will be: Parish Show; Benefit Horse Show; Publicity, Volunteer Recruitment, workshops/clinics, etc.
- Horse Board representatives make decisions on items requiring a vote.
- Lafayette Parish County Agents and FFA Advisors serve as ex-officio members of the board.

If any committee member is unable to attend, please contact one of us at 291-7090. Your attendance is crucial in order to conduct a productive meeting.



Horse Project Leader

With horse show time quickly approaching, most of you are making good progress with your projects but we realize some of you, especially our newer exhibitors, still need lots of help. With this in mind, we are continuously working to implement a Horse Leader Program in Lafayette Parish. The program will operate in the following manner.

1. The Horse Advisory Board, Master Horseman Graduates and Junior Rep's will coordinate the program. They have been working with us to recruit potential Project Leaders (older, experienced 4-H'ers, 4-H Horse alumni, leaders, etc.) and to locate younger inexperienced 4-H'ers who need help.
2. Horse Project Leaders are adults and youth who help exhibitors with their projects. This help includes everything related to showing your horse, teaching showmanship, horse show questions, or educating others about animal health and nutrition, etc. This does not include family members helping other family members (example: sister helping brother or parent helping son/daughter). We are encouraging this wholeheartedly as this is an example of good sportsmanship and brotherhood, especially in a time when the world needs as much of this as possible.
3. If you are interested in becoming a project leader, or you are already doing some of this work, call us at the 4-H office and we will put your name on the project leader list; a list of possible people to contact for horse help. We already have some people who have graciously volunteered to be project leaders. If you want help with your horse project, do not hesitate to contact these volunteers.

Project Leaders

Sky Salter Abshire—873-2470

Amanda Magnon—886-0250

Rene Mouton—981-3721

Nelson, Mary & Elizabeth Waguespack—984-8778

Master Horseman Graduates

Teresa Bartlett—886-0250

Jamie Simon—981-4400

Michelle Begnaud—989-4360

Elisha Trombley—258-7040

Ted Champagne—230-6694

Cathe Charlier—857-0297

Joel Guidry—896-7264

Dixie Bunton-Ferrata—896-6738

Ruby Halter—234-8652

Randolph Joseph, Jr.—845-4014

Tammy Payne—837-5813

Rhonda Richard—684-2831

Glenda Pickett—232-5609

Danielle Jones—334-1433

Lisa Simmons—754-5743

James Hebert—278-0009

Katryn Hinnan—331-4346

Jerri Bourque—212-5205

Lonnie Dugas—988-9797

Jamie Stinson—277-3355

AgCenter Information

During the past seven years, Administration has presented and discussed the new direction of the AgCenter. Our organization is continuously undergoing some re-organizational changes.

As stated by our Chancellor, "Our existence is in jeopardy if we do not change. We have to adapt to the complex issues that affect much of what we do." The organization is continuing to adapt and prioritize our programs.

Several trainings have been offered to all employees to prioritize programs. The purpose of the trainings was to address the change of programs as well as taking on new opportunities. The challenge was deciding what we will do differently in order to take on new responsibilities.

In an effort for Extension to remain effective and valued by communities, we must keep open communication among stakeholders.

The changes that affect the Horse Program will be sent out in a future issue of the newsletter.

In an effort to maintain our current program as-well-as to expand with new opportunities, we will need to continue to utilize more volunteers. Our program currently operates with the help of many volunteers, but we will have to have additional assistance to maintain our demanding program.



Other Activities

A current horse video list is attached for you to check out from the State Office. If you would like to check any of these videos out, contact Mr. Charles or Miss. Heather, the 4-H secretary. They will be picked up twice a month in Baton Rouge. Contact the office on or before the first or third Tuesday of each month. You will be contacted once the videos arrive. The videos must be returned two weeks after they are picked up.



Master Horseman

The LSU AgCenter is considering conducting a sixth **Master Horseman Program** for adults in the spring of 2009. The Master Horseman Project is designed to improve the overall knowledge and skills of horse people so that they can serve as 4-H leaders. This program consists of eight sessions. Each session will include horse care and management in a classroom setting, and riding and training in an arena. A fee of about \$130 will be assessed per participant to defray the cost of the program. This cost will include 18 meals, rope halter, yacht cord, lead rope, vet kits, books, binders, bits and prizes. Program participants are expected to serve as volunteers to help in extension horse programs.

Sessions begin with a meal and review at 5:30 PM, with the class starting at 6 PM. They are the Sugarena in Iberia and the Cecil McCrory Exhibit Bldg. (4-H Show Barn) in Abbeville.

An individual must participate in at least 6 sessions to receive the LSU AgCenter Master Horseman Certificate. The program will be limited to 14 participants. If you would like to get more information or an application, please contact Charles Hebert, Angie Arnould or Stan Dutile at 291-7090.

Dates To Remember

March 24, 2009	1st Year Exhibitor's Meeting, Blackham Coliseum, Lafayette, LA
March 25, 2009	Grade Horse Clinic, Blackham Coliseum, Lafayette, LA
April 1, 2009	Horse Possession Date
April 1, 2009	Registered horses must be transferred into the name of the exhibitor or immediately family member identified as the owner on the Horse ID Form.
April 15, 2009	All Horse Entries are due to the 4-H office.
TBA	Acadiana Area Horse Camp, Sugarena, New Iberia, LA
June 14, 2009	Parish Horse Show, Sugarena, New Iberia, LA
July 2-4, 2009	District Horse Show, Blackham Coliseum, Lafayette, LA
July 6-11, 2009	State Horse Show, Ike Hamilton Expo Center, Monroe, LA
July 26-31, 2008	Southern Regional Horse Show, TBA

****Note:** Show dates are tentative at this time. Once the state show date is confirmed we will confirm our local show dates.

eXtension HorseQuest Site

eXtension is pleased to announce the launch of its first Community of Practice web site: HorseQuest. Available at <http://www.extension.org/horses> this is the first of many communities of practice to go public in 2006 and throughout 2007.

"We are very excited to launch HorseQuest today and to demonstrate the capacity that eXtension brings to America's Cooperative Extension System," said Dan Cotton, eXtension Director.

HorseQuest provides Internet visitors with reliable and up-to-date horse information through a knowledge base of commonly asked questions that have science-based, peer-reviewed answers. In addition, online lessons use self-paced learning objects to help users learn more about specialized areas of equine science. The newest lesson being introduced is a module for new and prospective horse owners.

"eXtension has provided an exciting new method of delivering scientific data to horse owners. Its 24/7/365 availability and interactive capability puts the horseman in direct contact with experts," said Clint Depew, chair of the HorseQuest team and Louisiana State University extension horse specialist.

"The 37-member HorseQuest Community of Practice has brought greater expertise to each area of interest and reduced the workload on individual experts at the same time. The collaborative relationships with other experts is minimizing duplication of effort and maximizing utilization of good materials. The spin offs into other projects is phenomenal," noted Depew.

We ask you to check out the site and give us your feedback. It features attributes of Frequently Asked Questions, Ask the Experts, news, events, and learning modules.

It is the policy of the LSU AgCenter, Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, national origin, religion, gender, age or disability. If you have a disability which requires special assistance for your participation in any aforementioned activity, please contact the Lafayette 4-H office at 291-7090.

Horse Clinics Available for Youth

Acadiana Therapeutic Riding Organization has the honor and privilege of inviting you to learn from an advanced cha instructor, Bonnie Morgan. The clinics will be conducted on Drill Team Basics at Cherokee Ridge located at 200 Flying W. Drive in Carencro, LA.

The goal of the clinic is for 6-8 member groups to learn drill movements and put them together for performance. The cost is \$20.00; pre-registration is required and space is limited. The dates are to come.

STALLS ARE AVAILABLE FOR HORSES (BRING BUCKETS)

DATE: Friday, NOV. 14 2008 – INSTRUCTOR SESSION

Saturday, NOV. 15 – ATRO PARTICIPANTS

Sunday, NOV. 16 – 4-H MEMBERS & LEADERS

TIME: Friday, 6-8 PM; Saturday & Sunday 10 AM - 5PM

PRE-REGISTRATION! – SPACES LIMITED

CLINIC DIVIDED INTO 2 HOUR SESSIONS BUT PLAN TO SPEND THE DAY. OBSERVATION OF DRILL IS PART OF THE LEARNING PROCESS.

ITEMS NEEDED: SIGNED WAIVER FOR CHEROKEE, FEE, LAYERED CLOTHING, GLOVES, BOOTS, HELMET

NO CONCESSIONS – BRING FOOD & DRINK

CONTACT PERSONS: ATRO – RICHARD JONES (legioneerlatx@gmail.com) OR LOLO ROBICHAUX (loloatro@gmail.com)

4-H MEMBERS – 4-H LEADER

SPECTATORS WELCOME BUT PLEASE REMAIN IN OBSERVATION AREA

DEADLINE TO REGISTER: Tuesday, November 11, 2008

SESSION TIME WILL BE GIVEN AFTER REGISTRATION

Please contact us to register to ride in the clinic or if you have any questions or comments.

Clay Roberts: A 4-H Success Story

Writer: Robert Burns

Corrected by: Renae Roberts

EAST TEXAS – It is 1998 at the 4-H state horse show in Abilene, and Clay Roberts, whose IQ has consistently measured below 70 throughout his life, is having some serious self doubts as he watches the other contestants perform.

“Why am I here? I’m not going to do any good.” Clay plaintively asks his mother, Renae. Renae remembers the sweltering July day with perfect clarity.

“I told him that when he went to Special Olympics World Games he would be the only athlete there who would have experience in competition at this level.”

Renae’s foresight paid off. Though Clay didn’t place that day in the 1998 State 4-H Horse Show, in 1998 he served as Special Olympics Texas’ Male Athlete of the Year. His success there led to more opportunities, including meeting President Bill Clinton and the first family at the 30th anniversary celebration for Special Olympics International held at the White House in 1998.

In 1999 he became the only male equestrian athlete selected by Special Olympics Texas for competition in Special Olympics World Summer Games. Held in North Carolina, he stood out in the competition, winning a gold and two silver medals.

In June of 2003 Clay traveled with Special Olympics Team USA and spent an exciting two weeks in Ireland. Competing as an equestrian athlete in his second World Games, he won two silver medals.

Though Renae and her husband, Mike, also kept Clay involved in high school sports and other extra-curricular activities, she is absolutely certain that Clay’s positive experiences in 4-H had much to do with his success in Special Olympics and with developing life skills in general and building self esteem. As anyone who has worked with individuals who are mentally challenged knows, self esteem can play a huge role in developing self-dependency and life skills. Many disabled individuals are held back from functioning at higher levels not by their abilities, but from fear of failure and ridicule.

Renae remembers one of Clay’s giant steps along the road to gaining self-esteem happening at a regular 4-H horse club meeting. Clay had been unsuccessful riding on his own and needed someone to lead his horse for him. He was a bit afraid of his horse (and of failure) as many mentally challenged equestrians are. They were practicing in preparation for his first Special Olympic competition. All Special Olympics competitions are divided into levels to accommodate different skill levels. Having a leader is allowed at the B level and it looked like this was the perfect place for Clay to start. Having no other place to practice with other horses and riders 4-H meetings were invaluable. Local club members were very supportive of Clay’s efforts but it was difficult for him to ride around with the other kids with someone leading his horse. At one club meeting one of his fellow 4-H club members shouted to him from across

the arena “Clay! Ride that horse on over here.”

To everyone’s surprise, including Renae’s Clay turned his horse, Glow, toward the group of boys and road off to join them. He never needed the help of a leader after that. He competed in the B level, unassisted, at his first Special Olympics state competition. The next year he advanced to the A level where equestrian athletes compete as they would in any horse show, with no special concessions. From there it was on to several years of 4-H horse shows at the county, district and state level.

That’s the core thing about 4-H. It provides a safe environment for kids to try and fail and still feel good about themselves,” says Gayle Hall, 4-H specialist and close friend of the Roberts’ family.

“Because it is such a safe environment, if they do fail, they feel free to try again until they succeed,” Gayle adds.

For the most part, 4-H policy does not single out members who are dealing with challenges of any kind. They are allowed, even encouraged, to be all they can be and participate in the same competitions as other 4-H’ers. Clay, for example, participated in horse, rabbit, clothing, food, swine, public speaking and shooting sports throughout his 4-H career.

The single exception is the expansion of the age limit. Normally, 4-H membership is limited to those ages nine through 19 years. But for special needs children, this has been expanded to allow membership for as long as they are enrolled in high school. To be fair to other 4-H’ers, the participation in competition after age 19 is limited to local and county events, and then at the county Extension agent’s discretion.

Clay, who is now 23, still remembers his 4-H experiences with fondness. He graduated from Mineola High School in 2001. He was awarded the vocational scholarship and a Wood County Jr. Livestock Show scholarship.

The scholarships enabled him to continue his education at Kilgore College where he attended a 12-week welding course obtaining a welding certificate.

Renae credits his high self esteem and good life skills as being instrumental in becoming a skilled welder. He is applying for jobs at local manufacturing factories. In his spare time he still rides and keeps busy welding ornamental iron.

“We couldn’t have done this in town, and we couldn’t have done it without 4-H and without, Glow, that red horse over there,” Renae says. “We were able to give Clay a place where he could succeed.”

Bending, Flexing and Leg Aids

By: Richard Hebert

Master Horseman, Vermilion Parish

“Horses have hard bodies, not hard mouths! ... The mouth is nothing more than a sending station. If every body part (poll, neck, shoulder, ribcage and hips) is unwilling to yield and soften, the mouth will feel hard and unwilling to soften to your pressure on the reins. When you have your horse's body soft and supple, the mouth will feel very light, soft and willing to give to the pressure you apply with the reins. Basically, in a nutshell, the more we bend our horse laterally, the easier he will be to control.”

Clinton Anderson

Lateral Flexion:

Lateral flexion exercises are the key to foundation training. The horse follows its nose, and directional control works in a progressive line starting from the nose, then the shoulder, terminating in the hips and hindquarters.

A beginning exercise will be performed on the ground with rope halter and lead. We pick up on the lead at a standstill and wait until the horse gives in the direction of the pull. It is very important that we ask for a little at first, as this will help the horse understand better. If we ask for too much at first, a tug of war battle will ensue. A common mistake most riders make here is when they pick up on the lead or rein, they want to release as soon as the nose goes over. Very important – you need to wait for the release until the give is in the direction of the pull. And when you do release, it should be immediate. That is the reward. Remember, lateral flexions are a critical foundation exercise and you might expect to do two to three thousand repetitions on each side. Some horses of course take longer than others, but it is vital that the horse truly “gets” this lesson before moving on. Remember to do this exercise on both sides. If one side is harder than the other, then a good rule of thumb is to work 2/3 on the hard side and 1/3 on the good side till they are both even.

Once the horse “gets” this exercise, we would move to the snaffle bit, still on the ground. Do the same thing, the horse may react or brace because the bit will apply more pressure than the halter. Remember to ask for a little at first. The key is to let the horse figure it out on its own. Remember also to release only after the horse has released, and it should be immediate.

At this point in the course you should have already been doing all the ground work exercises, including getting your horse to give to direct pressure or the porcupine game. After the horse is giving laterally at a standstill, we will put movement into the exercise. Ask your horse to give laterally and soften then apply direct pressure to the mid section approximately where your spur or heel would go. We want the horse to move while maintaining lateral softness. This may not happen at first; just keep doing it until you achieve the objective.

The next exercise is from the saddle, with snaffle bit. After mounting, start lateral flexions just as you did on the

ground. Slide one hand down on either side, lift slightly towards the hip to make contact with the mouth. Release only when the horse releases, the release should be immediate or as Parelli says “like a hot potato”. The horse may turn in circles, relax your body (let all the air out) and just wait till the horse is still and releases. Make sure there is no contact with your legs. Some may have tendency to hold on with their legs to maintain balance. This will cause the horse to move even more, because the rider is applying pressure with the legs. Do this exercise till the horse is soft and relaxed.

Now we will put movement into our lateral flexion exercises. Remember the exercise on the ground where we put direct pressure in the spur area and ask the horse to move while maintaining softness. We will now do the same thing from the saddle. First bend the horse laterally and wait for release then apply a small amount of pressure with your spur or heel in the midsection while turning a small circle with forward movement. Imagine lifting the rib cage, this will cause the horse to bend in the middle and arc its body into the circle. A good way to understand this is to put your thumb in your rib cage and press, the more pressure you exert the more uncomfortable it becomes and the tendency will be to turn your head and body in the direction of the pressure. The horse will have the same tendency. You must be observant and reward the slightest softening. Remember to do as little as it takes, but also do as much as it takes. Horses learn from repetition, so repeat the exercise till you achieve some degree of softness. Do it on both sides and remember the 2/3 rule. Once the horse understands and is proficient at a walk, move to trot and then to canter, never moving to a higher level until the horse has mastered the lower level.

Lateral flexion exercises also comes with a built in safety feature. The one rein stop. Once the horse understands lateral flexion and if it gets out of control, all we would need to do is slide our hand down the rein and lift towards the hip. This will disengage the horse's forward motion and cause it to either stop or turn in a small circle until it does stop. A good exercise to help understand this and to further fine tune the horse is walking in a straight line, then sliding your hand down the rein and lifting towards the hip until the horse stops and softens. You do this on both sides and when the horse gets good at the walk, you proceed to the trot, then the canter, never moving to a higher level until the horse has mastered the lower level.

Vertical Flexion:

Vertical flexion exercises are key to getting your horse collected or to move with self carriage. Lateral flexion is the key to vertical flexion. If your horse is soft laterally it will be easy to get vertical softness. So it is very important to do a lot of lateral flexion exercises. Don't be content with one good release.

To get started with vertical flexion, we might put our horses rear to a fence (to prevent backing) and with reins in hand put both hands on our thighs while making contact with the horse's mouth. Placing the hands on our thighs ensures that they are steadfast and will not move. This allows us to feel the release. If our hands are floating in the air we will have a tendency to move when the horse releases and not feel it. Ideally the horse would immediately

give to our hands and drop its head, neck and poll downwards and back to us. However what most horses do is to lift their head and neck and fight against our hands. They may also start to back even though there is a fence behind them, they will simply turn their haunches to avoid it. Some would have the tendency to release at that point. This would only reinforce bad behavior. We should hold until we get release, just as we did when doing lateral flexion exercises. The horse will soon start to look for that release. That's why it is very important to be relaxed and observant, in order to feel the release. Once the horse understands vertical flexion, you move away from the fence and repeat the exercise, this time lifting the energy in your body and ask for a step back. If the horse does not move, bump gently at first with your legs, increase the severity of the bump until it moves. Remember the release is the reward and we want to reward the slightest try.

These are some beginning exercises that will achieve both lateral and vertical flexion. There are others and there are more advanced exercises. Remember to do a lot of these; you will begin to see your horse become more soft and supple.

Leg Aids:

The inside leg and the outside leg are used in turning, but they do different things. Outside leg gives direction, inside leg gives impulsion. The inside leg is applied at the girth to elevate the horse's shoulder and give the horse a point to bend around. The outside leg bends the horse's haunches.

The leg at the girth will move the horse's shoulder away, the leg just behind the girth will move the horse's barrel, and the leg behind the girth moves the haunches. These leg aids combined with different seat and rein aids, will give all different responses. When you are teaching at lower levels, it is best to give very simple instructions. Therefore, I prefer to tell beginners to use the outside leg (along with eyes, seat and hands) to turn the horse. When they swivel their body properly in a turn, it will naturally close their outside leg on the horse. As the rider begins to understand the proper position and bend of the horse, then the inside leg can be used properly to keep the horse's shoulder elevated and keep the horse from dropping his shoulder and leaning into the turn. But until the rider is well positioned and in balance with the horse, the inside leg will get in the way.

Most of my inspiration comes from Clinton Anderson and so I included some of his quotes:

- Always think your way out of a problem rather than trying to fight your way out of it. Lateral flexion is the key.
- Do what you have to do to get the job done. Do it as easy as possible but as firm as necessary.
- You want respect without fear.
- Always reward the slightest try.
- You make the wrong thing difficult, the right thing easy.

- Horses learn through repetition.
- You gain body control through suppleness.
- Without body control you have nothing.
- Remember form to function. Make sure the horse understands "grade one" before you move to "grade two".
- It's feel, timing and experience.
- You gain feel and timing through experience.
- Exaggerate to teach. Refine as you go along.
- Trouble comes from a lack of suppleness and body control.
- Never release the pressure until you get the feel you want.
- True collection is where the horse gives you its entire body to do with whatever you want.

Always quit on a good note.

Have Fun!

Closing Remarks

Farewell partner, til we meet on the trail again....If you have any questions, please contact Mr. Charles at 291-7090.

Sincerely,

CHARLES HEBERT

Charles Hebert
County Agent
Lafayette Parish

Angie Arnould

Angie Arnould
Assoc. County Agent
Lafayette Parish

Nikki Mouch

Nikki Mouch
Assistant County Agent
Lafayette Parish

VIDEO—HORSE

SUBJECT	LOG	TITLE	FORMAT
HORSE BREEDS	V255	ON THE FIFTH DAY	1/2 INCH VIDEOTAPE
HORSE BUYING	V099	PRE-PURCHASE EXAM AND MERCHANDISING THE YEARLING	1/2 INCH VIDEOTAPE
HORSE DEMONSTRATIONS	V085	EASTERN NATIONAL HORSE EVENT: INDIVIDUAL DEMONSTRATIONS	1/2 INCH VIDEOTAPE
HORSE DEMONSTRATION	V086	EASTERN NATIONAL HORSE EVENT: INDIVIDUAL DEMONSTRATIONS	1/2 INCH VIDEOTAPE
HORSE ETHICS	V347	HOSES, KIDS AND ETHICS	1/2 INCH VIDEOTAPE
HORSE HEALTH	V089	FORAGE USE AND FACILITY CONSIDERATION	1/2 INCH VIDEOTAPE
HORSE HEALTH	V092	HEALTH PROGRAMS AND PHYSICAL CONDITIONING	1/2 INCH VIDEOTAPE
HORSE JUDGING	V002	WESTERN PLEASURE AND REINING	1/2 INCH VIDEOTAPE
HORSE JUDGING	V005	HOW TO JUDGE HORSES	1/2 INCH VIDEOTAPE
HORSE JUDGING	V014	HORSE JUDGING: PART II	1/2 INCH VIDEOTAPE
HORSE JUDGING	V015	HORSE JUDGING PARTS I & II	1/2 INCH VIDEOTAPE
HORSE JUDGING	V088	EVALUATING THE REINING HORSE: DALE WILKERSON	1/2 INCH VIDEOTAPE
HORSE JUDGING	V125	A WAY OF GOING: JODY GALYEAN	1/2 INCH VIDEOTAPE
HORSE JUDGING	V126	HORSE JUDGING: PART I	1/2 INCH VIDEOTAPE
HORSE JUDGING	V181	PRACTICE HORSE JUDGING: HALTER 2, NO. 115	1/2 INCH VIDEOTAPE
HORSE JUDGING	V182	PRACTICE HORSE JUDGING: HALTER 3, NO. 116	1/2 INCH VIDEOTAPE
HORSE JUDGING	V183	PRACTICE HORSE JUDGING: WESTERN PLEASURE 2, NO. 117	1/2 INCH VIDEOTAPE
HORSE JUDGING	V184	PRACTICE HORSE JUDGING: WESTERN PLEASURE 3, NO. 118	1/2 INCH VIDEOTAPE
HORSE JUDGING	V186	PRACTICE HORSE JUDGING: HUNTER UNDER SADDLE, NO. 120	1/2 INCH VIDEOTAPE
HORSE JUDGING	V187	PRACTICE HORSE JUDGING: WESTERN RIDING 2, NO. 121	1/2 INCH VIDEOTAPE
HORSE JUDGING	V188	PRACTICE HORSE JUDGING: WESTERN RIDING 3, NO. 122	1/2 INCH VIDEOTAPE
HORSE JUDGNIG	V190	PRACTICE HORSE JUDGING: REINING 3, NO. 124	1/2 INCH VIDEOTAPE
HORSE JUDGING	V348	HORSE JUDGING: HOW TO JUDGE HALTER HORSES	1/2 INCH VIDEOTAPE
HORSE JUDGING	V349	HORSE JUDGING: 1996 HORSE JUDGING CONTEST	1/2 INCH VIDEOTAPE
HORSE MANAGEMENT	V180	UNBRIDLED OPPORTUNITIES: CAREERS IN THE HORSE INDUSTRY	1/2 INCH VIDEOTAPE
HORSE RACING	V237	THE STORY OF AMERICAN QUARTER HORSE RACING	1/2 INCH VIDEOTAPE
HORSE HEALTH	V027	BREAKING THE CYCLE THAT KILLS	1/2 INCH VIDEOTAPE
HORSE HEALTH	V060	TELECONFERENCE: BROOD MARE MANAGEMENT	1/2 INCH VIDEOTAPE
HORSE SHOWMANSHIP	V350	SHOWMANSHIP ETIQUETTE	1/2 INCH VIDEOTAPE
HORSE TRACK	V064	A WINNING WAY: BITS AND BITING	1/2 INCH VIDEOTAPE
HORE TRACK	V077	THE BRIDLE BIT: BITS AND BITING	1/2 INCH VIDEOTAPE
HORSE TRAINING	V010	BEST SEAT IN THE HOUSE: THE AMERICAN QUARTER HORSE	1/2 INCH VIDEOTAPE
HORSE TRAINING	V036	BASICS, FOUNDATION AND SHOWING THE REINING HORSE	1/2 INCH VIDEOTAPE
HORSE TRAINING	V063	USE OF THE BOSAL DICK PIEPERS	1/2 INCH VIDEOTAPE
HORSE TRAINING	V065	WINNING WAY: HORSE PSYCHOLOGY AND GROUND WORK	1/2 INCH VIDEOTAPE
HORSE TRAINING	V067	A WINNING WAY: REINING	1/2 INCH VIDEOTAPE
HORSE TRAINING	V068	A WINNING WAY: RESISTANCE FREE TRAINING	1/2 INCH VIDEOTAPE
HORSE TRAINING	V070	A WINNING WAY: TRAIL	1/2 INCH VIDEOTAPE

SUBJECT	LOG	TITLE	FORMAT
HORSE TRAINING	V68	A WINNING WAY: RESISTANCE FREE TRAINING	1/2 INCH VIDEOTAPE
HORSE TRAINING	V070	A WINNING: TRAIL	1/2 INCH VIDEOTAPE
HORSE TRAINING	V067	A WINNING WAY: REINING	1/2 INCH VIDEOTAPE
HORSE TRAINING	V065	WINNING WAY: HORSE PSYCHOLOGY AND GROUND WORK	1/2 INCH VIDEOTAPE
HORSE TRAINING	V071	A WINNING WAY: WESTERN PLEASURE	1/2 INCH VIDEOTAPE
HORSE TRAINING	V081	COMPETITIVE HORSEMANSHIP: CLARK BRADLEY	1/2 INCH VIDEOTAPE
HORSE TRAINING	V082	COMPETITIVE SHOWMANSHIP: CLARK BRADLEY	1/2 INCH VIDEOTAPE
HORSE TRAINING	V146	PLEASURE HORSE TRAINING: STEVE HECKAMAN	1/2 INCH VIDEOTAPE
HORSE TRAINING	V263	BASIC HORSE TRAINING	1/2 INCH VIDEOTAPE
HORSE TRAINING	V346	JOIN-UP W/ MONTY ROBERTS	1/2 INCH VIDEOTAPE
HORSES	V227	AJQHA-THE RIGHT START	1/2 INCH VIDEOTAPE
HORSES	V228	AMERICA'S HORSE	1/2 INCH VIDEOTAPE
HORSES	V229	SUVIVAL OF THE FITTEST	1/2 INCH VIDEOTAPE
HORSES	V259	TRAINING THE CHAMPIONSHIP TRIAL HORSE	1/2 INCH VIDEOTAPE
HORSES, ENGLISH	V001	BRIDLE HACK AND CUTTING: HUNTER HACK HORSES: PRACTICE	1/2 INCH VIDEOTAPE
HORSES, ENGLISH	V009	JUDGING HUNTER UNDER SADLE	1/2 INCH VIDEOTAPE
HORSES, ENGLISH	V018	HUNT SEAT EQUITATION	1/2 INCH VIDEOTAPE
HORSES, ENGLISH	V019	IN THE ENGLISH TRADITION & HUNT SEAT EQUITATION	1/2 INCH VIDEOTAPE
HORSES, ENGLISH	V030	IN THE ENGLISH TRADITION- PART I	1/2 INCH VIDEOTAPE
HORSES, ENGLISH	V095	HUNT SEAT EQUITATION: LYNN SALVATORI PALM	1/2 INCH VIDEOTAPE
HORSES, ENGLISH	V234	IN THE ENGLISH TRADITION- PART 2	1/2 INCH VIDEOTAPE
HORSES, HALTER	V017	SHOWMAN AT HALTER: BASIC HORSE TRAINING	1/2 INCH VIDEOTAPE
HORSES, HALTER	V257	WORLD'S MOST VERSATILE HORSE	1/2 INCH VIDEOTAPE
HORSES, PUBLIC SPEAKING	V087	EASTERN NATINAL HORSE EVENT: PUBLIC SPEAKING	1/2 INCH VIDEOTAPE
HORSES, ROPING	V232	TEAM ROPING	1/2 INCH VIDEOTAPE
HORSES, WESTERN	V011	THE REINING HORSE	1/2 INCH VIDEOTAPE
HORSES, WESTERN	V022	SPEED EVENTS (HORSES)	1/2 INCH VIDEOTAPE
HORSES, WESTERN	V074	APPROACHES TO CUTTING: BILL FREEMAN	1/2 INCH VIDEOTAPE
HORSES, WESTERN	V080	CHAMPIONSHIP POLE BENDING: ROSS CARNAHAN	1/2 INCH VIDEOTAPE
HORSES, WESTERN	V091	FUTURITY BARREL RACING: MARY BURGER	1/2 INCH VIDEOTAPE
HORSES, WESTERN	V102	REINING FOUNDATION: DOUG MILHOLLAND, THE	1/2 INCH VIDEOTAPE
HORSES, WESTERN	V103	REINING FUTURITY HORSE: BOB LOMIS	1/2 INCH VIDEOTAPE
HORSES, WESTERN	V105	ROPING CLINIC: JOE BEAVER	1/2 INCH VIDEOTAPE
HORSES, WESTERN	V106	SNAFFLE BIT FUTURITY HORSE: JODY GALYEAN	1/2 INCH VIDEOTAPE
HORSES, WESTERN	V233	WESTERN HORSEMANSHIP	1/2 INCH VIDEOTAPE



**LAFAYETTE HORSE ADVISORY
TASK FORCE
BOARD BALLOT**

Instructions: Horse exhibitor families are allowed to vote on this ballot. You are allowed to turn in one ballot per family. You are to vote for three individual from the list. On the ballot below select the name that you think is the best nominee.

Place a check next to the blank next to the name you wish to vote for. The three people with the highest number of votes will each serve a two year term; the other will serve as an alternate. Ballots are due back in the 4-H Office by **November 24 2008** and should be mailed, faxed, emailed to us at:

Charles Hebert
1010 Lafayette St., Ste. 325
Lafayette, LA 70501

Fax: 291-7099

Email: chebert@agcenter.lsu.edu

Nominees are:

- | | |
|---|---|
| <p>_____ Ted Guilbeau, Parent</p> <p>_____ Danielle Jones, Master Horseman</p> <p>_____ Merl Landry, Parent</p> <p>_____ Pat Landry, Parent</p> | <p>_____ Mark McMillan, Parent</p> <p>_____ Angie Nero, Parent</p> <p>_____ Timmy Nero, Parent</p> <p>_____ Lisa Simmons, Master Horseman,
Parent</p> |
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