

VERNON PARISH 4-H DEMONSTRATION DAY
RULES AND REGULATIONS
JUNIOR AND SENIOR
THURSDAY, February 26, 2009
PRE-REGISTRATION DEADLINE February 11, 2009

NOTE: TEST MUST BE TAKEN FOR: CHILD DEVELOPMENT, COMPUTER SCIENCE, DOG CARE, CONSUMER FOODS JUDGING, GOOD GROOMING, AND SMALL ENGINES AT DEMONSTRATION DAY.

A 4-H member may only compete in 3 Demonstration Day Contest. Fashion Revue and Consumer Foods will not be considered as a part of the three.

REMINDER: To compete in Good Grooming or the Talent Competition a participant must also compete in a demonstration, illustrated talk or public speaking event.

JUNIOR (7TH & 8TH GRADE MEMBERS) & SENIOR (9TH – 12TH GRADE MEMBERS)

Agriculture Demonstration

Agriculture Products Demonstration (Rice, Sugar, Wheat, Beef, LA Seafood, Dairy and Soybean)

Commodity Ambassador Program: Seafood, Turkey, Chicken, Egg

Child Development

Computer Science

Conservation Illustrated Talk

Consumer Foods Judging

Dog Care

Electric Energy Management

Entomology Demonstration

Environmental Issues

Good Grooming (Boys & Girls)

Home Economics Demonstration (Team & Individual)

Horse Demonstration (Team & Individual)

Public Speaking – Cooperatives

Public Speaking – General

Public Speaking – Horse

Soybean Illustrated Talk

Horticulture General Demonstration

Horticulture Use Demonstration

Small Engines Demonstration

Talent Competition

JUNIOR AND SENIOR ONLY CONTESTS (7TH – 12TH GRADES)

***Juniors and Senior will be judge separately!**

Agriculture Demonstration

1. **JUNIORS** may be individual or team. **SENIORS** must be team demonstration.
 2. Members may be enrolled in any project.
 3. Demonstration on any approved farm practice or agriculture topic.
 4. First place senior team may attend State 4-H U.
-

Agriculture Products Demonstration

1. Must be individual.
 2. Must give a demonstration on preparing a dish using at least one cup of rice, sugar, wheat, beef, LA. Seafood, dairy, or soybean. The demonstration must include: role of rice in diet, types and forms of rice available, some history and cooking characteristics of rice.
 3. Time Limit: 15 minutes max
 4. First place winner may attend State 4-H U.
-

Child Development

1. Must be an individual
 2. Speech may be on any topic involving children.
 3. Scoring: Written Test 25 points
Speech 50 points
Speech on Child Development (3-5 Minutes)
Must be presented on Demonstration Day. **No posters, props, etc. allowed!**
 4. First place senior winner may attend 4-H U.
-

Commodity Ambassador Program

Any bonafide 4-H Club Member is eligible. Contestants may enter each Commodity Ambassador Program but focus on only one aspect : production, preparation, etc.

EXAMPLE: one seafood, one turkey, one chicken, and one egg.

Division II

4-H Club Members in the 7th, 8th, and 9th grades.

Division III

4-H Club Members in the 10th, 11th, and 12th grades. Contestants must be 15 years of age by January 1st of the calendar year of the state contest.

Choose only one aspect to focus on.

1. Production
2. Food preparation and nutritive value
3. Food safety practices
4. Processing
5. Marketing

Division II – (Grades 7-9)

Contestant designs (a) standard poster 22" x 28" relating to one of the five categories (1)

Production (2) Food Preparation and Nutritive (3) Food Safety (4) Processing (5) Marketing. (B)

Member prepares an essay not to exceed 500 words or 3 typed pages, double spaced, about the selected subject; (C) Presents a 2-3 minute explanation of subject; (D) Responds to questions from judges.

Division III – (Grades 10-12)

Contestant will present a 5-8 minute Illustrated Talk following current guidelines of the National Commodity Illustrated Talk Contest. A Seafood Illustrated Talk program will be implemented.) One Egg Illustrated Talk requires a dish).

Computer Science

1. Scoring: Written Test.....50 points
Illustrated Talk.....50 points
Illustrated Talk may be on any computer related topic. Must use visuals (poster, graphs, keyboard, etc.) to emphasize points.
 2. Time Limit: 15 minutes max.
 3. First place winner may attend State 4-H U.
-

Consumer Foods Judging

The top three individuals in this event will have the opportunity to go on to State 4-H U held in the summer to represent Vernon Parish. This event is open to all Juniors (7th and 8th grades) and Senior 4-H Members.

There will be ten judging classes. This year’s contest will consist of:

- Place choices (best to worst) of each of the ten classes, using **one** standard judging card. The Hormel System will be used for scoring. Each class will consist of a situation and the four choices. Situations could include school lunch options, fast food restaurant, grocery store, family medical problems, etc. Choices could be individual foods, packaged food products, complete meals, a day’s menu plan etc.
 - Use criteria for judging all classes according to instructions given in each situation. **EXAMPLE** of judging criteria could include one or more of the following nutrition, health, cost, quality, convenience, etc.
 - Contestants should be knowledgeable about the Dietary Guidelines, Food Guide Pyramid, new Food Label, Unit pricing, Cost-per serving, Product forms, Quality standards, etc.
-

Conservation Illustrated Talk

1. Must be an individual
 2. Member may be enrolled in any project.
Individual Talks may be on any topic related to the conservation of any of the state’s natural resources, such as oil, water, energy, air, forests, wetlands, etc.
 3. Time Limit: 15 minutes max.
 4. First place senior winners may attend State 4-H U.
-

Dog Care

1. Scoring:
Seniors: Speech – (4-6 minutes on any subject related to Dog Care)...50 points
Written Test.....100 points
Juniors: Speech.....50 points
Written Test.....100 points

2. First place senior winner may attend State 4-H U.
-

Electric Energy Management

1. **Seniors** must be individual presentations. **Juniors** may be individual or team presentations.
 2. Members may be enrolled in any project.
 3. May be a Demonstration, Illustrated Talk or exhibit with oral report on Electric energy Management. Emphasis should be on wise use of energy. May include other energy sources such as natural gas, fuel oil, solar or coal when used in situations where electricity is also used.
 4. Time Limit: 15 minutes max.
 5. First place senior winner may attend State 4-H U.
-

Entomology Demonstration

1. **Seniors** must be a team demonstration. **Juniors** may be individual or team demonstration.
 2. Members may be enrolled in any project.
 3. Demonstration can be on any topic relating to Entomology. In addition to insect control, such topics as rodent control, mite control, millipede control, insecticide mixing and pesticide safety may be used.
 4. Time Limit: 15 minutes max.
 5. First place winner may attend State 4-H U.
-

Environmental Issues

1. Must be an individual Illustrated Talk presentation.
 2. Member may be enrolled in any project.
 3. Illustrated Talk topic may be on any Environmental Issue current today: car pollution, noise pollution, oil spills, waste disposal, recycling, etc. must use visuals (posters, graphs, props) to support findings.
 4. Time Limit: 15 minutes max.
 5. First place presentation may attend State 4-H U.
-

Good Grooming

1. **Girls** will be dressed in dresses, slacks, etc. **Boys** will be dressed in dress pants (coat or sweater optional) or suit. **No jeans allowed!**
 2. Scoring: **Juniors:** Dress, Posture, Poise, and Interview.....100 points
Seniors: Dress, Posture, Poise, and Interview.....100 points
Written Test.....50 points
 3. First place senior boy and girl may attend State 4-H U.
-

Home Economics Demonstration

1. **Juniors** may be individual or team. **Seniors** must be a team demonstration.
 2. Members may be enrolled in any project.
 3. Demonstration on Home Economics related subject. **No foods demonstration allowed!**
 4. Time Limit: 20 minutes max.
 5. First place senior team may attend State 4-H U.
-

Horse Demonstration Team

1. Juniors and Senior will compete separately. **Must be a Team.**
 2. Subject can be anything relating to horses or the horse industry.
 3. Time Limit: 15 minutes max.
 4. Winners may go to State Horse Demonstration Contest.
-

Horse Demonstration Individual

1. Juniors and Senior will compete separately. **Must be Individual.**
 2. Subject can be on anything relating to horses or the horse industry.
 3. Time Limit: 15 minutes max.
 4. Winners may go to State Horse Demonstration Contest.
-

Public Speaking – Cooperatives

1. Must be an individual
 2. Must be original speeches on and in favor of Cooperatives. A copy of speech must be presented to contest judge. First place speeches may not be used again in parish contest.
Cooperative speeches may not be given as a General Speech.
 3. Time Limit: **Juniors (3-5 minutes) Seniors (5-7 minutes)**
 4. First place senior winner may attend State 4-H U.
-

Public Speaking – General

1. Must be an individual
 2. Speeches must be original. A copy of speech must be presented to contest judge. First place speeches may not be used again in parish contest. **Cooperative speeches may not be used in this category.**
 3. Time Limit: **Juniors (3-5 minutes) Seniors (5-7 minutes)**
 4. Score will be based on speech and speaker alone.
 5. First place senior winner may attend State 4-H U.
-

Public Speaking – Horse

1. Must be an individual
 2. Juniors and Senior will compete separately.
 3. Any subject relating to horses or horse industry.
 4. Time Limit: 5-7 minutes
 5. Winner in Junior and Senior may go to State Horse Public Speaking Contest.
-

Soybean Illustrated Talk: Junior and Senior (Individual)

1. Contestant must give an Illustrated Talk using visual aids which promotes the importance of Soybeans to Louisiana Economy.
 2. Talk must be 5-8 minutes in length.
 3. First place Senior winner may attend State 4-H U.
-

Horticulture Demonstration – Production, Marketing, Landscaping or Artistic Arrangement

1. May be team or individual demonstration.
2. Member may be enrolled in any project.

3. Demonstration must relate to production of Horticultural Products, soil fertility, and marketing of Horticultural Products or may be on the principals of flower arrangements using natural plant materials or may relate.
 4. Time Limit: 15 minutes max.
 5. First place senior demonstration may attend State 4-H U.
-

Horticulture Demonstration – Use

1. May be team or individual demonstration.
 2. Member may be enrolled in any project.
 3. Demonstration must relate to the use of vegetables, herbs, fruits, or nuts for table use, canning, freezing or dehydration.
 4. Time Limit: 15 minutes max.
 5. First place senior demonstration may attend State 4-H U.
-

Small Engines Demonstration

1. Must be individual. Members **must be enrolled** in Small Engines Project.
 2. Demonstration can be on any topic relating to Small Engines and their many uses (chain saws, boats, mowers, graders, tractors, etc.)
 3. Scoring: **Demonstration**.....100 points
Written Test.....50 points
 4. Time Limit: 15 minutes max.
 5. First place senior winner may attend State 4-H U.
-

Talent Competition

1. Senior Division contestants only.
2. May be 1 – 8 participants per talent.
3. Talent may be vocal, instrumental, dance, drama, etc. All will be judged against each other.
4. Participants must bring all of their own equipment: cd players, cds, instruments, etc.
5. Time limit is 7 minutes per act.
6. First place Senior winner may attend State 4-H U.