



MEAN GREEN NEWSLETTER

LSU AgCenter
Franklin Parish

November 2008



*** Deadline ***

Deadline to sign up for Junior Leadership Conference is January 9, 2008. Cost is \$75.00, Junior Leaders 14 and over. Only 4 may attend.



November

11th Junior Leader meeting, Plantation Manor Nursing Home 3:30-4:30 PM

13th Fashion, Food and Fitness Club meeting 3:30-4:30, Extension Office

14th Deadline to call in and register for Holiday Foods Festival

25th Holiday Foods Festival, Citizens Progressive Bank Community Room

December

No monthly club meetings

9th Junior Leader Christmas Social, 3:30-4:30, Extension Office.

11th Fashion, Food & Fitness Club Christmas Social, 3:30-4:30, Extension Office.

12th Photography Contest deadline.

January

9th Deadline to sign up for Junior Leadership Conference.

13th Junior Leader meeting— Plantation Manor Nursing Home, 3:30 - 4:30 PM

14th - 17th Ag Alley / Ag Expo

15th FFF meeting - Extension Office, 3:30 - 4:30 PM

23rd Dairy Billboard Contest entries due.

24th-25th Fashion Camp

Junior Leader Club

The 4-H Junior Leader Club kicked off its **Bridging the Gap With Literacy** program on Tuesday, October 14th at the Plantation Manor Nursing Home. Four Franklin Parish students in grades kindergarten through second grade were present to learn about good character. This month's lesson, which focused on responsibility, included a story time and hands-on activities that taught the students how they can be responsible at school, home and in their community. Teaching this month's lesson were 4-H Junior Leaders Hudson Smith and Bianca Brewington. Assisting the residents playing bingo were 4-H Junior Leaders Quinterio Lane, Jake Monnin, Sarah Ford, Malaya Coats, Jessie Work, Kristen Berry, Ashley Lachney, Joseph Calhoun, Jason Calhoun, Cole Cureington, Sharice Denny, Chad Berly, and Anitria Lawrence.

Fashion, Food and Fitness Club

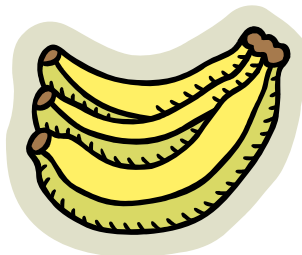
The Fashion, Food and Fitness Club currently has 13 members. Ten of those members gathered at the Franklin Parish Courthouse Extension Office on October 16th where they learned about food safety from 4-H Agent, Laura Bradley.

Building Your Leadership Team



Building an effective leadership team requires teamwork and "synergy". Synergy is the highest form of energy created from people's talents. One of the best ways to create synergy is to put together a team of workers who have a diverse set of skills. We all have strengths and weaknesses, but we can complement each other's skills if we work together to achieve our shared goals.

November Quick Tip



Looking for a way to get more fruits and vegetables? Try these quick tips.

At breakfast: Slice a banana and put in your cereal. Drink some 100% orange-juice. At Lunch: Try some vegetable soup, packed in a thermos to keep it hot. Afternoon Snack: Slice an apple and dip

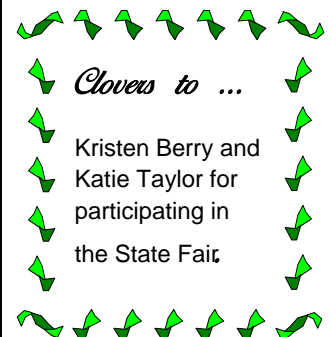
in peanut butter. Dinner: Try a fruit salad. All you have to do is cut up some of your favorites and mix them all together.

4-H Members and their families will have the opportunity to purchase tickets for the New Orleans Hornets February 27th game against the Milwaukee Bucks. The tickets are \$22 this year and your order and money must be turned in by Friday, January 23, 2009. To order tickets please contact Laura Bradley at 435-7551.



Congratulations to the Clubs of the Month for October!!!

1st Franklin Academy Jr. Club **2nd** Homeschool Club **3rd** Ft. Necessity Upper Club
4th Family Community Christian School Club **5th** Crowville Sr. Club



Clovers to ...

Kristen Berry and
Katie Taylor for
participating in
the State Fair



AWARDS



Louisiana 4-H Foundation Award of Excellence for Junior 4-H Members

- > This award is a gold finished medallion and certificate that will be presented at Awards Night. A club member may win the award only one time.
- > The requirements are as follows:
 1. Must be under 14 years of age by January 1st of the club year application is made.
 2. Must have at least 2 years of 4-H Club work, including award year,
 3. Must score at least 100 points on the application and scorecards.
- > Only two members will be chosen for this award.
- > If you are interested in applying for this award, please contact Laura Bradley at 435-7551.

Louisiana 4-H Key Club Award

- > This award is a pin and certificate that will be presented at Awards Night. A club member may win the award only one time.
- > The 4-H Key Club Award gives recognition to 4-H Club members who have shown outstanding leadership ability in their club and in their parish.
- The requirements are as follows:
 1. Must be 16 years of age by January 1st of the year application is made.
 2. Must have three years of 4-H Club work including award year.
 3. Must have completed one year of active Junior Leadership work excluding award year.
 4. Must score at least 140 points on the application and score card.
- > Only two members will be chosen for this award.
- > If you are interested in applying for this award, please contact Laura Bradley at 435-7551.



PHOTOGRAPHY CONTESTS

4-H Photography Contest

The 4-H Photography entries are due Friday, December 12th. You may submit these to the 4-H office or to the 4-H leader at your school.

Agriculture 4-H Photography Contest

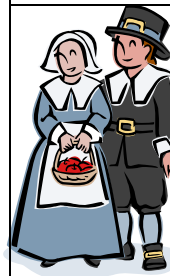
- > Pictures are due in Ouachita Parish Extension Office by Monday, January 5, 2009

Categories:

- Farm Animals
- Horticulture/plants/crops
- Any other agriculture

- > Pictures must be 8"x10" (color or black and white)
- > Must be mounted on 10" x 12" thin art mount board (not foam core)
- > Must include a one-line title mounted on art board below picture
- > Ink jet printers are acceptable

Pictures will be displayed at Ag Expo in West Monroe.



Made Available by:

Laura Bradley
Assistant Extension Agent
4-H Youth Development

Franklin Parish
6562 Main Street
Winnsboro, LA 71295
Phone: (318)435-7551
Fax: (318)435-8216

Interested Volunteers

Any Adult interested in volunteering for any 4-H contest / activity should contact the 4-H office at 435-7551



LSU AgCenter
William B. Richardson, Chancellor

Louisiana Agricultural Experiment Station
David J. Boethel, Vice Chancellor and Director

Louisiana Cooperative Extension Service
Paul D. Coreil, Vice Chancellor and Director

The LSU AgCenter provides equal opportunities to all in programs and employment.

If you have a disability which requires special assistance or your participation in the meetings or activities, please call the Franklin Parish Extension Office at (318) 435-7551.