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NOTE:

Membership and participation in activities and events are open to all citizens without regard to race, color, national origin, gender, religion, age, veteran status, or disability. If you have a disability that requires special accommodation for your participation in a meeting, please contact Rafash Brew at (318) 251-5134

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Serving Lincoln Parish Through Education

Lincoln Parish Cooperative Extension Service

Program Highlights

Spring Semester 2008

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4-H Youth Development

- 5 4-H members planted 100 trees in honor the 4-H Centennial and Martin Luther King Day at the Lincoln Parish Park.
- Over 200 4-H members, volunteers, and parents attended the Lincoln Parish 4-H Centennial Valentine Dance.
- 20 4-H members participated in the Lincoln Parish Foods Festival. Ten Lincoln Parish 4-H members went on to compete at the Area Cookery Contest in Shreveport, Louisiana placing in the blue, red, and white ribbon groups.
- Two Lincoln Parish 4-H Jr. Leaders participated in the State 4-H Jr. Leadership Conference held at Camp Grant Walker in Pollock, Louisiana where they received camp counselor training, leadership skills and gained ideas to share with their local 4-H Jr. Leadership club.
- Over 200 people from Lincoln, Bienville, Winn, Claiborne, Jackson, and Union Parishes attended the North Central Region's 4-H Hall of Fame Celebration held at the Lincoln Parish Library.
- Over 300 Lincoln Parish 4-H members, parents, and volunteers participated in the Lincoln Parish 4-H Achievement Day held at Thomas Assembly Center on the Louisiana Tech University Campus. 4-H members competed by taking tests covering the educational focus area for the year (science and technology). 4-H clubs competed in song, yell, t-shirt, banner, and quiz bowl competitions. Awards were presented to clubs, members, and volunteer leaders for their 4-H work during the 2007-08 year.
- 5 4-H members and the 2 4-H agents from Lincoln Parish attended 4-H Day at the Capitol in Baton Rouge. They met with legislators and were recognized from the senate floor by our Senator.
- 79 youth and volunteers attended 4-H Summer Camp at Camp Grant Walker in Pollock, LA, where they participated in outdoor skills, dramatic arts, nutrition/fitness, technology, nature, and various recreation activities.
- 26 Lincoln Parish 4-H members were able to attend 4-H camp on a scholarship funded in part by the Chancellor of the LSU AgCenter and in part by local sponsors.
- 8 Lincoln Parish 4-H members attended 4-H University at LSU in Baton Rouge. One member received a blue ribbon in the public speaking contest and one member received a blue ribbon in insect identification contest.
- 9 4-H club members attended the NW District Livestock show and qualified to move on to the State Show.
- 25 4-H club members participated in the shooting sports program, where they learn about gun safety and proper shooting techniques.
- Poultry judging workshop conducted to prepare youth for state competition

Family and Consumer Sciences

- 31 Childcare providers attended "Character Critters" training. These caregivers received "Character Critter" materials that they will use with their daycare centers/in home centers.
- 26 Childcare providers attended "Mommy House, Daddy House", a childcare training to help caregivers understand what children might experience because of their parents divorce

- 8 Even Start parents participated in an eight week "Smart Portions" seminar. They learned portion sizes, how to modify recipes, make good choices when dining out, the benefits of exercise, how to make good food selections. This group lost 16 pounds.
- 5 Even Start parents participated in 3 "Baby Care" classes. Parents learned to bathe, diaper, nurture, take temperature, signs of when to call the doctor, and how to child proof their homes.
- 4 parents attended a 12 hour "Positive Parenting" class. Parents were introduced to parenting skills: setting limits, logical and natural consequences, positive discipline, listening techniques, how to handle anger, teaching respect and responsibilities to their children.
- 6 parents participated in 18 hours of "Parents Preparing for Success" these parents learned about brain development, how to make financial decisions, cash crises and money traps, nurturing their baby, and the family budget.
- 13 people signed up for an eight week "Smart Portions" seminar. Eight people completed the eight week seminar. This group learned a true portion size, how to modify recipes, how to make good choice when dining out, the benefits of exercise, and how to make good food selections. They also learned about vitamins, minerals, fats, carbohydrates, and recommended daily food intake. This group lost 82 pounds. They continue to weigh in for 6 weeks; most of the group maintained their weight loss or lost more weight.
- 10 home visits were made to teach a foster parent about nutrition, portion sizes, and parenting skills for children in her care.
- 5 "Children in the Middle" classes were offered. 21 parents attended a 3 ½ hour seminar which made them aware of what puts their children in the middle of their divorce: 1) put downs of the other parent, 2) carrying messages, 3) money matters, and 4) being a spy.
- 25 participants attended "Dollar Defense" workshop offered in Lincoln Parish. Participants learned about scams, identity theft, high cost consumer loans, home repairs, and more.
- 80 youth participated in cake decorating workshop. This fun activity was a way to introduce youth to an upcoming babysitting clinic.
- 4 youth were trained in "Child Development" to compete in 4-H University. One of the students placed in the blue ribbon category.
- 16 volunteer hours were given to the United Way of America organization. Decisions were made on how money was distributed among non-profit organizations.

Agriculture and Natural Resources

- Met with cattleman's group to determine the future needs of the Lincoln Parish Cattle Industry.
- Attended the Hill Farm Field Day with 12 Lincoln Parish cattlemen.
- Worked with several area residents on pond management and troubleshooting.
- Perform farm and home visits to assist area residents with a variety of problems

- Assisted Glenview Elementary in securing grant monies to start an outdoor learning center for students in plant science
- Provided planting recommendation for I. A. Lewis Elementary School for an outdoor garden working to teach the youth the nutritional value of fresh fruits and vegetables
- Worked with Master Gardeners to teach youth the nutritional value of fresh fruits and vegetables as part of the North Louisiana Ag Expo; hundreds of fourth graders from Lincoln Parish along with youth throughout north Louisiana participated
- Made a professional presentation to Ruston Parks and Recreation on safe and effective use of pesticides as part of their state annual meeting; Lincoln parish was in attendance
- Provided input to the group working to start a farmers market in the city of Ruston
- Conducted two private pesticide applicator meetings for the people of Lincoln Parish
- Worked with the Lincoln Humanitarian Enterprise to provide information and resources for seniors to plant a nutritional garden
- Worked with 4-Hers throughout Lincoln Parish on vegetable garden plots
- Worked with the city of Grambling by making horticulture recommendations regarding their parks and roadsides; these recommendations helped them to place first in their division of the Cleanest City Award.
- Worked along with state specialists and local peach farmers to address oak root rot in peaches.
- Provided information to homeowners with honeybee problems
- Provided numerous of horticulture presentations to garden clubs, civic groups, as well as the Lincoln Parish Library
- Worked with local retail and wholesale nurseries to find solutions to problems.
- 2 poultry seminars conducted for poultry producers
- Turf grass program conducted for athletic coaches in conjunction with ULM
- 900 Horticulture Hints distributed to Lincoln Parish Residents
- 1200 Poultry Post Newsletters distributed to area poultry farmers
- Weekly news articles submitted to local papers
- Master Gardeners program provided numerous of volunteer hours to assist the people of Lincoln Parish

Conservation Program

- 45 Volunteers worked on two restoration projects in the Lincoln Parish Park by planting cypress trees and building Wood Duck boxes.
- Over 40 superintendents attended Superintendent Breakfast. Youth Wetland Week power point presentation was presented.
- A restoration project was held where 100 bald cypress trees were planted at Lincoln Parish Park.