

To learn more about this study, contact:

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**ARE YOU
PREGNANT?**

**ARE YOU
PLANNING TO
BREAST FEED
YOUR BABY?**

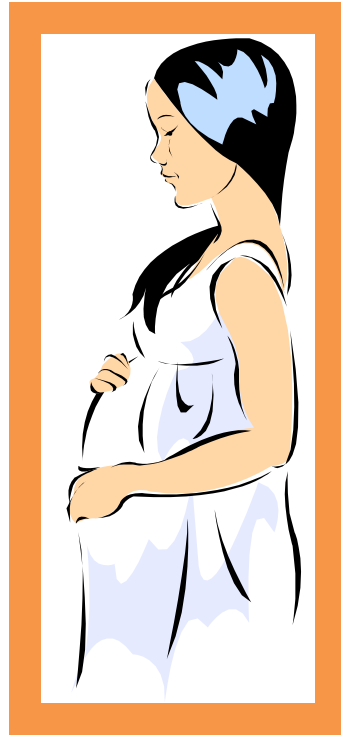


If you answered yes to these questions and live in the Baton Rouge area you may be eligible to participate in a research study evaluating the fat content of breast milk among women with gestational diabetes.

What is gestational diabetes?

It is a condition in which pregnant women with no history of diabetes before pregnancy develop high blood glucose levels.

Babies who are breast fed get all of their nutrients necessary for growth and development from the breast milk of their mothers. Nutrients in breast milk, including essential fats, can be altered by the mother's diet or potentially by gestational diabetes.



Why breast feed?

Breast milk offers the optimal nutrition for babies. The current guidelines recommend babies be exclusively breast fed for the first six months of life.

You may be eligible to participate if you:

- Are pregnant
- Plan to breast feed
- You do or do not have gestational diabetes
- This is your first pregnancy in the last 2 years

Qualified study participants will receive:

- Nutritional analysis, if desired
- **An \$ 80.00 check at the end of the study**
- In home or on site visits with flexible scheduling are available