



Clover Connection

Red River Newsletter March '08

Important Dates

- Mar. 15..... 4-H Night - Mudbugs
- Mar.17..... **NEW Afterschool Club Meeting and Cookery Contests**
- Mar. 26-28...Horse Camp
- Mar. 30..... horse forms due
- Apr. 3-5..... Camp Roughin' It
- Apr. 4-6..... Co-op Ldrship. Confer.
- Apr. 11-12...Northern Regional Shoot except Shotgun, Woodworth
- Apr. 18..... Summer Camp fees due
- Apr. 19..... Northern Regional Shotgun Shoot, Shreveport
- May 2-3..... State Shoot
- May 23-24... Survival Camp
- June 2-6..... 4-H Summer Camp
- June 5..... 4-H Day at the Capital
- June 17-20...4-H U, LSU, BR
- July 6-11 Wild Woods Wanderings

Upcoming Camps

Our numbers are limited and spots will be filled on a first-come, first-served basis. Contact our office for information:



Camp Roughin' It: - April 3-5 – 4th – 8th - \$30 – pay by March 11

Survival Camp: May 23-24 – 7th-12th - \$30 – pay by April 11

4-H Summer Camp: June 2-6 \$130 **Fun for a Week—Memories for Life!** A few camp spots are still available, contact us immediately! We are requesting a \$25 deposit which is non-refundable. **Rest of the camp fees are due April 18.** Individuals who qualify (free or reduced lunches) may obtain scholarships but must provide documentation. Be sure to invite your 4-H and non-4-H friends and let's go to camp! Call us at 932-4342.

4-H Afterschool

March 17, VFW Hall, 4:30 p.m., Call the 4-H office for information



Come One – Come All 4-H'ers and Non 4-H'ers Fun – Games - Activities Come see what's

happening at our new club where youth from throughout the parish can meet and participate in more hands-on activities. We'll be meeting on the third Monday of each month.

PARENTS: Ever wonder what happens at 4-H club meetings? Parents of youth ages 9-12 are asked to attend with their child and participate in the activities.

ALSO ON MARCH 17:

Beef, Poultry, Egg & Seafood Cookery Contests: 6:00 p.m., VFW Hall



BEEF: minimum of 1 lb. ground beef must be used

- **Quick & Easy:** ready to serve in less than 1 hr., list time for each step
- **One-Dish Meal:** provides foods from at least 3 main food groups; list food groups used

POULTRY:

- **Chicken:** contains minimum of 2 pounds of bone-in chicken or 1 pound deboned chicken, may include chicken nuggets, chicken strips, canned chicken, etc.)
- **Other Poultry Meat:** contains minimum of 2 lb. bone-in or 1 lb. deboned meat from a bird other than chicken. Examples: turkey, duck, quail, dove, emu, ostrich, pheasant)

EGG: minimum of 4 eggs must be used—can be 4 whole, 4 whites, or a combination. **IMPORTANT: No raw eggs in final product.** Divisions are: **Appetizer/Salad, Main Dish, & Dessert**

SEAFOOD: minimum of 1 cup seafood: either fresh, frozen, pasteurized or dry; no raw or canned seafood may be used

Divisions: Shrimp and Crawfish

Happy Birthday 4-H!

Do you like ICE CREAM? If so, look for the **Blue Bell 4-H Centennial Cupcake** flavor - delicious cake batter ice cream with pieces of yellow cake, a chocolate icing swirl and four-leaf clover sprinkles. To sweeten the deal, Blue Bell is donating a portion of the sales to promote 4-H programs. This is an exciting opportunity for the community to support 4-H and enjoy a great ice cream.



How Did 4-H Start in La.?



Check out your local LBP stations on Wednesday, March 12 (7:40 p.m.) and Sunday, March 16 (12:30 p.m.) to watch a half-hour documentary on 4-H: "Louisiana's Lucky Clover: A Century of 4-H."

4-H Alumni Search!

As part of our celebration, we are searching for 4-H Alumni especially those living in Red River Parish. If anyone in your family has participated in some type of 4-H program, we would like to hear from them.



We're looking for the oldest living 4-H'er in Red River Parish!

Help us find this person. Call the 4-H office if you know someone who fits this description.



SHOOTING SPORTS Practice Schedule

Sheriff's Shooting Range		
Sun. 3/16	Shotgun & Archery	1:30
Sun. 3/30	Shotgun & Archery	1:30
Sun. 4/6	Archery	2.00
Sun. 4/13	Shotgun	1:30
Thur. 4/17	Shotgun	4:30
Shreveport Gun Club		
Sat. 4/15	Extra practice	



Wild Woods Wanderings Camp

Would you like to "Wander in the Woods" of the Tensas National Wildlife Refuge in Northeast La.? Using this refuge as the classroom, 4-H'ers will experience first hand this forested wetland ecosystem. They will also visit Poverty Point to study inhabitants of this region who lived there between 700 and 1700 B.C. Red River Parish can send **three 4-H'ers** (10th-12th graders who have completed at least one high school science and math course). Registration will be on a first-come, first-serve basis. Camp will be held **July 6-11** and cost is \$50. The **deadline** for signing up/paying is Friday, **May 16, by 4:30 p.m.** at the 4-H office.

Challenge Camp

Rain, mud, mosquito hawks, lady bugs, sunflower seeds, new friends, decorating cupcakes, walking a plank of wood, a bonfire, a dance; just a few of the things that Red River 4-H'ers experienced on their trip. Ask the following 4-H'ers about their experiences at Challenge camp:

Raysun Brisker	Trevor Bowman
Rae Lynn Brown	Kirsten Eaton
Payton Woodard	L'Jerian Mosley
Quinton Yearling	Aron Moore

CHARACTER COUNTS!

Sixth pillar of character - **Citizenship**. We should all be good citizens and good neighbors. A good citizen cares about and works toward the common good. As a good citizen we should do volunteer work to help our school and community be better, cleaner, and safer. We should always respect authority and the law. We should also play by the rules; obey parents, teachers and others who are in authority.



Horse News

LSU District/State Shows

If you want to enter either of these shows, the following information must be in our office **before April 1: Horse Registration Papers** (must be in 4-H'ers name) or **Grade Papers** (proofs of ownership forms are available in our office). If you have any questions, please call Mr. David.

4-H University

June 17-20, LSU- Baton Rouge
4-H University is the largest 4-H competition in the state for teenagers. 4-H'ers can compete in one of over 30 contests offered. Great prizes such as all-expense paid award trips and scholarships can be won. Call now to reserve your spot in your favorite contest

Don't want to compete? You have two more opportunities to choose from! Clover College gives the college experience without the competition and covers many different subjects. Or you can participate in the UKREWE, a group that puts on the many productions at 4-H U. You can be a photographer, technician, reporter, or web producer.

It is very important that Red River Parish to be well represented! If you would like to participate in 4-H U, please call today. If we do not hear from you, we'll assume you do not wish to attend. Don't pass up this opportunity to meet new people and show off what you can do. Make every effort to be part of Red River's Winning 4-H University Team.

MARCH

National Nutrition Month

It is a yearly event designed to help promote nutrition education. Each year the campaign has a different theme. Do you know what this year's theme is? Go to www.eatright.org to find out. This is the website for the American Dietetic Association. It has great tips and information on nutrition and you can count on it being research based and correct. Once you visit the website, share this year's National Nutrition Month theme with your parents and friends.

National Agriculture Week: March 16-22

Louisiana has lots to celebrate. We are home to some of the most diverse crops in the United States. Top crops in Louisiana include sugarcane, cotton, rice, sweet potatoes, and soybeans. Louisiana is also the sole source of the Tabasco pepper, a popular condiment known around the world. And as far as animals go, we are tops too! Louisiana is #1 in crawfish, shrimp, alligators and oyster production. Look around, I am sure you can spot a great Louisiana agriculture product.

4-H Day at the Capitol

Call the 4-H office by May 1 to register. The 7th Annual 4-H Day at the Capitol is schedule for **Thursday, June 5**. Make plans to attend (you must provide your own transportation) and be greeted by your legislators at 10:00 a.m. on the steps of the capitol. You will not only represent Red River, but La. 4-H and help to celebrate 4-H's Centennial Birthday. Mr. David and Ms. Cindy will be unable to attend. They will be at 4-H Summer Camp. While in Baton Rouge: tour the State Capitol Building, Old State Capitol Building, the Baton Rouge Zoo and visit the LSU campus to see the new "Mike the Tiger" and visit the Dairy Store for some great ice cream.

Cindy Smith

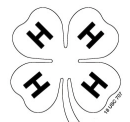
Associate Extension Agent

David Yount, Jr.

Assistant County Agent

If you have a disability which requires special assistance for your participation in any of the announced meetings or any questions, please call the Red River Parish office at 318-932-4342. All 4-H programs are open to students regardless of race, color, national origin, gender, religion, age, or disability.

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