

HOW TO REGISTER

Money orders only should be made payable to: LSU AgCenter

Registration: Classes fill up rapidly! Advance registration is required for all sessions. Only completed mail-in registration forms accompanied with non-refundable money orders will be accepted. These will be accepted no later than 3 working days prior to the session. This allows the trainers to prepare adequately for each session. Questions may be directed to Jane Jones - 318-473-6501; E-mail: jjones@agcenter.lsu.edu

Cancellations:

Cancellations will not be accepted. However, a substitution of a non-registered participant for registered participant can be made. Please notify the LSU AgCenter if there is a cancellation.

Payment:

- ☺ \$7.50 per person per 3 hr. for Class A and Registered Home Providers (\$42.50 for Class B)
- ☺ \$10.00 per person per 4 hr. Family Day Care Home Orientation
- ☺ We accept money orders only
- ☺ Money orders are non-refundable
- ☺ Money orders should be made out to the **LSU AgCenter**

Please mail your payment to:

LSU AgCenter
Jane B. Jones
8208 Tom Bowman Drive
Alexandria, LA 71302



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LSU AgCenter
**Child Care
Provider**
Training Program

LSU AgCenter
8208 Tom Bowman Drive
Alexandria, LA 71302
318-473-6501 or 318-201-2944
FAX: 767-3971
Website: www.lsuagcenter.com
Classes for May &
June 2009



Why Do Babies Cry?

Some children are more prone to crying than others, yet all infants cry as a way to communicate their needs. The typical reasons a baby cries include hunger, dirty diaper, loneliness, sickness, teething, or needing to sleep.

After 25 years of researching infant crying, researchers have found a pattern in infants of intensified crying. The acronym PURPLE is used to describe this period of increased stress for infants and caregivers:

Peak patter: Crying peaks around 2 months, then decreases.

Unpredictable: Crying for long periods can come and go for no reason.

Resistant to soothing: The baby may keep crying for long periods.

Pain-like look on face

Long bouts of crying: Crying can go on for hours.

Evening crying: Baby cries more in the afternoon and evening.

If you are unable to soothe a baby, realize that it is O.K. for a baby to continue crying as long as he/she is in a safe place such as a crib.



What To Do When a Baby Cries

The following strategies are recommended to eliminate possible physical reasons for crying:

- Hold the baby
 - Check the diaper and change if needed
 - Feed the baby
 - Check the baby's temperature
 - Swaddle the baby by wrapping securely in a light blanket
 - Cuddle the baby – you may try singing, talking or gently patting
 - Use gentle movement while holding the baby – rocking, walking, dancing
 - Try quiet background noise (TV, music, dishwasher, dryer, vacuum)
 - Take the baby for a walk in a carrier or stroller
 - Check the baby's clothing - loosen if too tight, eliminate scratchy tags
- Just remember that eventually the crying will end! In the meantime, you will want to have some positive coping strategies for you to get through the crying spells.

Classes for May & June 2009
Allen, Avoyelles, Beauregard, Evangeline, Rapides,
St. Landry, and Vernon Parishes
 Instructor – Jane B. Jones, Extension Agent (FCS)

TITLE	DATE	TIME	Location of class
Environments & Engagement: Creating Developmentally Appropriate Spaces for Young Children (CDA II)	Saturday May 2	8:30 a.m. – 11:30 a.m.	Evangeline Extension Office 230 Court Street Ville Platte, LA 70586
Helping Children Cope with Divorce (CDA III)	Saturday May 2	Noon – 3:00 p.m.	Evangeline Extension Office 230 Court Street Ville Platte, LA 70586
De-Stress for Success (CDA VI)	Thursday May 21	6 – 9 p.m.	Christian Care Children's Center 1279 Pitkin Road Leesville, LA 71446
Family Day Care Home Orientation* (CDA II) *This class is required by DSS for family home day care providers within the first year of beginning business. Total cost is \$10.00.	Thursday May 28	8:30 a.m. – 12:30 p.m.	Rapides Parish Extension Office 300 Grady Britt Road Alexandria, LA 71302
Literacy I: Learning Through Literacy (CDA II)	Saturday June 13	8:30 – 11:30 a.m.	Christian Care Children's Center 1279 Pitkin Road Leesville, LA 71446
Literacy II: Using Storybooks to Teach (CDA II)	Saturday June 13	Noon – 3:00 p.m.	Christian Care Children's Center 1279 Pitkin Road Leesville, LA 71446
Nutrition and Health for Young Children (CDA I)	Thursday June 25	6 – 9 p.m.	Rapides Parish Extension Office 300 Grady Britt Road Alexandria, LA 71302

*For information on any of the classes, please contact me at
 (318) 473-6501 (office) or (318) 201-2944 (work cell).*

Jane B. Jones

Extension Agent
 Family & Consumer Sciences

CHILDCARE TRAINING REGISTRATION FORM

Classes for May/June 2009

Please fill out completely and indicate each class that you will be attending with name of class, date, and time. Please print information as clearly as possible.

NAME of CENTER: _____

Director's NAME: _____

ADDRESS: _____

PHONE NUMBER: _____

FAX NUMBER: _____

Type of Center: Class A _____ Class B: _____ Registered Family Care _____

Session Title	Date	Time

Participants: _____

If you have a disability requiring special assistance for your participation in any Child Care provider class, please contact the LSU AgCenter so that we may meet your individual needs. All AgCenter programs are open to any person regardless of race, color, creed, sex, age, religion, national origin or handicap.

