

To learn more about this study, contact:

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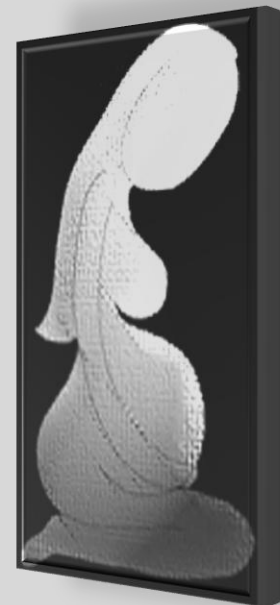
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Open your eyes to LSU

**Are you
pregnant?**



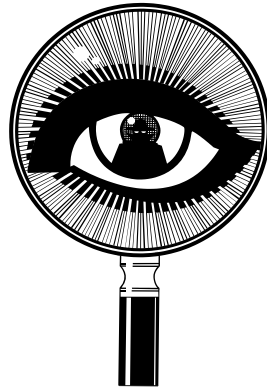
If so, the LSU Division of Human Nutrition and Food is conducting a study to evaluate eye health in pregnant women as it relates to daily food intake.

Why study eye health in pregnant women?

The foods we eat each day are important for good vision and eye health.

During pregnancy, maternal levels of several nutrients found in foods may be decreased as they are moved from the mother to the growing baby.

With your help, LSU will better understand eye health of women during pregnancy.



Eye Health

Studies have shown that what people eat affects eye health. However, little is known about how a woman's diet during pregnancy can affect her vision. The Division of Human Nutrition and Food at Louisiana State University (LSU) is interested in studying eye health during pregnancy and how a woman's usual diet impacts her eye health.

You may be eligible to participate:

- ✓ If you are pregnant
- ✓ 18-35 years old
- ✓ Do not smoke
- ✓ Do not drink

Qualified participants will receive:

- A \$50 check at the end of study
- A FREE dietary assessment of nutrient intake.