

Tensas Cloverleaf

The New Year Has Begun

Joining 4-H

Joining 4-H this year is simple. (1) Attend the first meeting of the year and complete an enrollment form. Only (1) project should be selected at this time, so be sure and select the project you are most interested in or will be most helpful in your future career or education. *Once you completed a project, you may select additional projects.* The only other thing you will need to do is pay your yearly dues to your 4-H leader in the school you attend by October 1st. *You now belong to Louisiana 4-H and National 4-H, and the largest youth organization in the*

State Fair of Louisiana

Check out the State Fair of Louisiana website www.statefairloisiana.com to see all the categories you can enter.



Entries will be accepted at the State Fair Grounds, Sunday, October 19, 2008, 1:00 p.m. to 5:00 p.m. and Monday, October 20th, 9:00 a.m. to 6:00 p.m. or you can bring them to your October club meeting.

Thing you can enter are:

Birdhouse, carvings, drawings, embroidery, appliqué, pen and ink drawings, jewelry, mosaics, paintings, woodcraft, duct tape art, recycled art, decorated footwear, scrapbooks, aprons, blouse, skirt, pants, sportswear, school dress and vest.

Tree leaf collections, bulletin boards, desk accessories, holiday decorations, cross-stitch, storage aides, etc.

Photography Contest:

Categories: People, Animals, and Other



Pictures can be black & white or color.

All images must be mounted on mat board, foam core or rigid mount board. Photo should not exceed 8" x 12". The maximum acceptable dimensions for mounting is 11" x 14". Each picture must have a one-line title neatly printed or typed. The title should be placed on the mounting paper just below the picture.

4-H Livestock Projects



Do you want to get involved with a livestock project? Come to the State Fair in Shreveport and watch our local 4-Hers exhibit their animals. Jr. Herefords will be judged on Saturday, October 25. Sunday, October 26, Market Steers and AOB Non-Brahman will be judged. Jr. Charolais exhibitors will show on the 29th and 30th.



STRAY DOG NEEDS HOME

This stray dog showed up at the Extension office shortly before Hurricane Gustav came through Tensas Parish. She needs a loving home. Please call Miss Betsy or Miss Kayla @ 766-3320 if you would like to have GUSSIE as your pet.

Interested In Gardening?

Join us at the Community Center on Monday, September 29 at 3:30. We will plant greens and plan for our pumpkin harvest. Join the FUN!!



National Rice Month



September has been known as National Rice Month since 1991. Rice is healthy, easy to prepare and tastes great! Rice fits into the Grains group of MyPyramid and is the staple food for 2/3 of the world's population. Rice is a complex carbohydrate which makes it a great fuel for the body. Rice also supplies 15 nutrients that our bodies need for good health. Rice is grown in at least seven states, but three states: Arkansas, California and LOUISIANA together account for about 80% of the U.S. rice acreage and production.

UPCOMING EVENTS

- Sept. 13 4-H/LSU Football game
- 16 Junior Leadership Mtg.
- 23 Livestock Validation—4:00—8:00 p.m.—Delhi
- 24 4-H Leader Forum Training—Rayville
- 29 Garden Project—3:30 Community Center
- Oct. 5-11 National 4-H Week
- 17 Parish Commodity Cookery Contest
- 20 Pumpkin Painting Contest

4- H

The 4 H's in 4-H stand for:

**HEAD, HEART,
HANDS
AND HEALTH.**

The 4-H motto:

To make the best Better!!

* These materials are printed in conjunction with USDA, Food and Nutrition Service, Food Stamp Nutrition Education Program

“Catch-phrase for Camp” Contest!

What's a good theme for 4-H Summer Camp? Send us your most creative ideas for a slogan - in 7 words or less. To enable the campers to have more of a choice in the design of their t-shirts this year, illustrations must accompany the phase and will be part of the contest. The contest is open to all 4-H club members. The winning slogan will be one that is brief and “catchy”, capturing the spirit of 4-H and Camp Grant Walker. The slogan will be used on all publicity for camp and on the camp T-shirt. The winner will receive a monetary award from the LAE4-HA (La. Assoc. of Extension 4-H Agents). Think fast - The deadline is October 31st.



Be SURE to include:

- Full name and age, parish/4-H club name, complete mailing address and telephone number

Individuals may submit multiple entries which may be sent together. Contest entries will be judged by the LEA4-A Ways and Means Committee and the 4-H Camp staff. Deadline for

receipt of entries is Friday, October 31, 2008. Send your slogans to: Ms. Kimberly Landry, 4-H Camp Director, Grant Walker 4-H Educational Center, 2944 Highway 8, Pollock, LA 71467.

All About 4-H

r r e w o p c l u b g a
e e g d e l p c e c c r
g r e a t e r i e o a w
r a r c g h y c u m t o
a e x c i t i n g m l h
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a o s d t n e i s t n y
l v a r d t h n l y g g
t e l s m m e t i h w t
h r l r e w o r l d h v

head	clearer	thinking
heart	greater	loyalty
hands	larger	service
health	better	living
club	community	country
world	pledge	clover
green	white	youth
power	service	exciting

Tensas Parish 4-H

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Made Available By:

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