

4-H YOUTH DEVELOPMENT

- Nine teens gained knowledge and skills by participating in the annual 4-H University and Clover College youth conference held June 17-10 on the LSU Campus. Three youth competed in state contests while others completed seven hours of training in a variety of seminars including Camp Counselor Certification, Health Rocks!, Dramatic Arts and The World of Sports. Brittny Sims placed in the Blue Ribbon Group in the Public Speaking Contest.
- Madison volunteers increased knowledge of the BIGM – that is, the essential elements of Youth Development at the annual 4-H Volunteer Training held September 17 in Rayville. The BIGM stands for Belonging, Independence, Generosity and Mastery, the guiding principles of 4-H educational programming and outreach. Ann Keene served as moderator for the event which hosted over 50 volunteers from Northeast Louisiana.



Pictured from left: Chad Johnson, Ann Keene, Shaquala Knight, Karol Osborne, LSU AgCenter Extension Agent, Pa'trisha Williams, Kelley Hiemstra, Northeast Louisiana 4-H Regional Coordinator.



Madison 4-Her Billy Dew experienced first-hand the excitement of building a rocket as one of many learning experiences at the first annual LOST Camp, held in August exclusively for 7th and 8th graders across Louisiana. Eight Madison 4-H members participated in the week-long event which also included educational programs in GPS/GIS and forensic science.

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Issued in furtherance of Cooperative Extension work, Acts of Congress of May 8 and June 30, 1914, in cooperation with the United States Department of Agriculture. The Louisiana Cooperative Extension Service provides equal opportunities in programs and employment

MADISON PARISH QUARTERLY REPORT

July-August-September
2008



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FAMILY & CONSUMER SCIENCE



Julia James, Nutrition Educator II taught the importance of fruit in the diet at the EFNEP Day Camp.

- Two hundred youth participated in the EFNEP Nutrition Day Camp on August 13 at the Community Center. The theme was "Raindrops of Healthy Eating".
- In collaboration with Healthy Start and the Madison Parish Health Unit, 35 parents were presented the Healthy Start Program. Parents were taught how to read to their children and the importance of reading.
- 225 families have been enrolled in the Expanded Family and Nutrition Education Program (EFNEP) to improve healthy eating habits for better health.
- 2 Child Care Provider Classes were taught in which 9 providers attended and participated. Providers gained knowledge and understanding of Childhood Obesity, Guidance & Discipline, and Parenting Skills Orientation.
- 400 participated in the Council on Aging health fair which participants gained knowledge and understanding on cutting fat in their diets.



Delores Richard, Nutrition Educator II demonstrates what 5 pounds of fat looks like in the body.

FAMILY & CONSUMER SCIENCE *Southern University*

- Five displays at the Farmer's Market mini demos on how to use farm fresh produce for canning and freezing.
- Fifty youth learned that smoking is bad for their health. They also learned the importance of eating a healthy diet with regular exercise, about stress, the importance of getting plenty of rest and going to the doctor for check-ups.
- Summer Safety Tips workshops for forty-five Senior citizens and 30 youth learned how to avoid heat related illness, how to dress properly, the signs of heat exhaustion and heat stroke and how to stay indoors and stay hydrated.
- One hundred parents learned to improve wellness and encourage families to adopt eating behaviors consistent to using the new My Pyramid.
- Thirty-five homemakers learned how to start with quality foods, follow food safety and proper preserving processes. They learned how to use equipment, sufficient time and how to inspect the finished product.



Three hundred participants attended the Health Fair learning how to understand food labels and information on fitness and exercise.



A series of parenting workshops at Delta Head Start with 85 parents and 27 grandparents learned how to help their child/grandchild create a positive self-image.

AGRICULTURE & NATURAL RESOURCES

- 125 4-H members from across Northeast Louisiana showed off their horsemanship skills by participating in the Northeast District Horse Show competing for the opportunity to represent Louisiana in the Southern Regional 4-H Horseshow.
- During 3 GPS workshops, 3 Extension Agents learned how operate a handheld GPS and how to use the collected data to assist their clientele to be more efficient producers, 2 Youth were trained on how to use a GPS to collect data to be used in a community services project, which resulted in part time jobs collecting GPS data, and 5 Area farmers attended a Multi-parish workshop on interrupting data collected from a yield monitor.
- 10 producers took part in a Multi-parish grain storage workshop. They learned how to properly clean and treat bins before storing grain.
- 15 producers and 3 ag suppliers gained timely information on Cotton, Corn, and Soybeans through emails.
- 2 parish ag pilots took part in a fly-in for aerial applicators where plans were inspected and calibrated for proper application.
- Prepared and submitted parish crop situation after Hurricane Gustav and Ike to LSU's Ag Economist to be compiled with the rest of the parishes report and sent to the USDA Secretary of Agriculture to show the devastating financial effects these two hurricanes brought to Louisiana.