



4-H Agents
 Jamie Templet
 Kayla Haydel



Ascension 4-H Rap-Up

COOPERATIVE EXTENSION SERVICE

ASCENSION PARISH

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www.louisiana4h.org/ascension

TO MAKE THE BEST BETTER... I Pledge: My Head To Clearer Thinking, My Heart To Greater Loyalty, My Hands To Larger Service and My Health To Better Living, for Club, My Community, My Country and My World.

4-H Slogan: LEARN BY DOING 4-H Colors: GREEN and WHITE

March 2009

MONTH/DATE	ACTIVITY	LOCATION/DESCRIPTION
March 2009		
PARISH CONTEST: Beef and Dairy Posters picked up at March 4-H Meeting		
As Requested	WORKSHOPS: Record Book Workshops with School Clubs by Leader Request	
Tuesday 3	MEETING: 4-H Shooting Sports 6:00 p.m. Lamar Dixon Expo Center Barn 7	
Saturday 7	4-H CONTEST: Super Saturday – Demonstration/Visual Presentations, Talent Show, Illustrated Talk, Public Speaking, Seafood Cookery, Exhibits – Lamar Dixon Expo Center YMCA/4-H Office Building NEW CONTEST SEE ARTICLE FOR DETAILS	
Wednesday 11	Robotics Workshop – 5:30 – 7:30pm	
Friday 13-Sunday 15	JR LEADER CONFERENCE: Camp Grant Walker	
Tuesday 17	JR LEADER MEETING 6:30 – YMCA Gym at Lamar Dixon	
Monday 30	4-H RECORD BOOKS DUE TO 4-H OFFICE	
APRIL 2009		
Wednesday 15-Friday 17	4-H CHALLENGE CAMP: Camp Grant Walker- Pollock, LA	
Monday 20-Friday 24	YOUTH WETLANDS WEEK!	
Friday 24-Saturday 25	DISTRICT SHOOTING SPORTS COMPETITION	
Thursday 30	ACHIEVEMENT DAY- Dutchtown High School	
MAY 2009		
Friday 1-Saturday 2	STATE SHOOTING SPORTS COMPETITION	
Monday 25-Friday 29	4-H SUMMER CAMP: Camp Grant Walker - Pollock, LA	
JUNE 2009		
Tuesday 23-Friday 26	4-H UNIVERSITY: LSU Campus – Baton Rouge, LA	
Tuesday 30-Friday July 3	Southeast District Horse Show – Parker Coliseum Baton Rouge, LA	



**Science, Engineering and Technology (SET)
 Club
 Robotics Workshop**

Calling all 4th-7th graders! Are you interested in Robotics? Do you like Legos? Join the SET club Wednesday, March 11th from 5:30 pm to 7:30 pm for a fun 2 hour workshop using the Lego Mindstorms NXT robotic kits. Registration is required and space is limited to 10 participants. To register contact Katina Hester at 225-362-0848 or khester@agcenter.lsu.edu.

4-H CHALLENGE CAMP

WHAT GREEN CAN DO FOR YOU!



This special camp is designed for 7th and 8th grade 4-H'ers, to be held Wednesday April 15 through Friday the 17th at Camp Grant Walker. A 4-H'er may only attend this camp only one time.

On this exciting weekend (20) Ascension parish 4-H'ers will participate in Challenge Camp with 4-H members from surrounding parishes. They will be joined by Ms. Kayla, Ms. Jamie, adult chaperones and selected high school junior leader counselors.

The goal of this camping experience is for 4-H'ers to set high personal goals as a result of activities designed to develop: a positive self-concept, interpersonal relationship skills, and communication skills.

The cost for this experience is \$80.00. If you are interested in attending please call the 4H office to register.

DEADLINE TO REGISTER: Monday March 9th 2009. WE TAKE THE FIRST COME FIRST SERVE. If more than 20 register, it will roll over to a lottery method of choice. To sign up for this amazing opportunity come by the 4-H office located 2nd floor of the YMCA at Lamar Dixon. The number to call is (225) 621-5799. Come to find out what GREEN can do for you!



4-H Shooting Sports
Learn By Doing

District Shoot – April 24-25, 2009
State Shoot – May 1-2, 2009



Record Book Competition

This article in this Rap Up gives you an idea as to what judges will be looking at when they judge your record book

*An electronic copy (for typing) of the 4-H portfolio can be found on the 4-H website at http://www.louisiana4h.org/en/4H/teens/4h_portfolio
Some Hints for Developing Your Record Book

1. Be Neat. Use a Pencil or computer to type information. Do Not Put Rosette Ribbons in Book. They are too large.
2. Mount Your Pictures, News Articles, and Ribbons Neatly. Put Captions under Ribbons or Pictures.
3. Make Sure Your Story Has All the Areas Indicated on Score Sheet. Have at Least One Paragraph for Every Project Book You Have in Your Record Book.

4. Do a Good Job Completing Your Project Books.
5. Attend 4-H Contests
6. Save Ribbons and Awards Won at Contests
7. Take Pictures of You Competing in 4-H Contests/ Activities from Your Project Book
8. Clip 4-H News Articles in Which You are Name Appeared from the Paper
9. Record Books Are More Simple If You Do Them One Section at a Time.
10. Neat Record Books Get Higher Scores!!!

Most Important: You cannot participate in Achievement Day if you do not turn a record book. 4-H Senior Scholarships require project book work from the past two years.

SCORING A 4-H RECORD BOOK

What Do Judges Look For?????

Overall Neatness (proper order, neatly done, tabs to identify sections, bound in folder) picture, data complete, projects listed, required signatures) Answer questions about your 4-H experience.

Section II – Leadership (reflects only this year's work, are you an active 4-H'er, what leadership roles have you held, officer, helper, worked with other 4-H'ers, are you well rounded and involved in other activities)

Section III – Citizenship/Community Service Were you able to show your caring and citizenship qualities in 4-H? List how you helped others in your community.

Section IV – Awards & Recognition Include any awards, honors, etc. you have received this year in 4-H.

Section V – Non 4-H Experiences List any leadership roles or awards won outside of 4-H.

Section VI – 4-H Story (Do you tell about yourself and your family, why did you join 4H, tell judge what other 4H activities you participate in, write at least 1 or more paragraph's on each of your 4H projects, is your story interesting?)

Section VII – Photos & Supporting Materials (Do you have captions with your pictures explaining the project work you are doing in the picture, have you put at least 2 pictures per project, do your photos relate to 4-H work) (Certificates, school activities in project being judges, ribbons, newspaper articles, evidence of other awards, only 10 pages used, use only front side, don't attach anything over 1/8 in. thick – take pictures of those items instead, etc.)

Section VIII – Project Focus/Above & Beyond Complete a separate Section 8 and attach in front of each project book. Above & Beyond covers the past three years with information related to project that was not covered in other sections. Summarize, list, show charts, and be creative.



***Several LEADERSHIP ACTIVITIES** for record book completion. These activities involve the 4-H'er teaching other youth about their projects (Take pictures).

***Several CITIZENSHIP ACTIVITIES** for record book completion. Citizenship activities involve doing good deeds for your neighbors, your school and your community.

Livestock Corral

Anyone needing information on 4-H Livestock or Horse Projects please call Jamie Templet (4H Agent) at 621-5799.

Sincerely,



Kayla Haydel

Jamie Templet

4-H Agents



Coastal Corner

With
David Templet
America's Wetlands
Conservation Corp Member



The 2008-2009 Ascension 4-H Educational Focus is **THE ENVIRONMENT!** David Templet, our Ascension AWCC member will publish this portion of the Rap-up each month with fun wetlands facts. We will also incorporate environmental themes into 4-H meetings and events.

WETLAND TRIVIA:

Wetland Trivia Question of the Month:

Congratulations to the following 4-H members who answered the January and February Wetland Trivia Question correctly:

Dutchtown Middle: Joseph Babineaux;
Dutchtown Primary: Jessica Strahan;
Galvez Primary: Madison Anderson, Mackenzie Wilbert; **Gonzales Middle:** Daisha Bouton, Jonathan Leggett, Terrenica Pierre, Christopher Russell, Meagan Williams;
Gonzales Primary: Terrance Jones; **Lake Elementary:** Regan Jones, Candice Prejean;
Oak Grove Primary: Tristan Ward;
Prairieville Middle: Brielle Moreau;
Prairieville Primary: Abigail Lowery, Rachel Millet; **St. Theresa:** Lexie Vass

THESE 4-H MEMBERS WILL BE AWARDED A SPECIAL PRIZE AT ACHIEVEMENT DAY!

FEBRUARY TRIVIA ANSWER:

Name two areas in Ascension Parish that are designated as Wetland areas.

Bayou Manchac, Bayou Pierre, Amite River, Blind River, Mississippi River, Lake Maurepas, Spanish Lake, Bluff Swamp, Bayou Conway, Black Bayou, Bayou Lafourche, Babin Bayou, Bayou Braud, Alligator Bayou



4-H Coin Challenge Fundraiser

Show your school spirit!

Join us for our Coin Challenge at Achievement Day on April 30, 2009! 4-H challenges each 4-Her to bring coins of any denomination (pennies, nickels, dimes, or quarters) to Achievement Day. You may want to put your child's coins in a zip-lock bag to prevent them from getting misplaced during transport.

Each school will have a collection jar located in their designated seating area and **the school who collects the most coins in each division will receive a Centennial Spirit Stick to take home.** All proceeds raised will benefit the Ascension Parish 4-H Foundation to help improve 4-H programs. 4-H leaders please encourage your members to participate.

4-H Achievement Day Dutchtown High School

Achievement day is a treat to those 4-Hers that have worked hard all year long! This is a field trip day and the schools will be transporting their 4-H members. Get ready for a fun-filled day of Song and Yell Competition, recognition of awards, special guests, etc. **Achievement day promptly begins at 9:45 A.M. Please arrive by 9:15 and be seated by 9:30 a.m.** Achievement day starts late enough in the morning that most children can go to school in the morning, check in, load the bus for Achievement Day, and afterwards are back in time to catch their usual ride home. The day will conclude at 1:30 PM if everything runs smoothly. **We encourage 4-Hers to bring snack money to purchase snacks and drinks at the concession stand during break and lunch.** The concession funds will support our Ascension 4-H Jr. Leader Club. **All children are to bring a bag lunch unless the school club leader indicates otherwise.** We look forward to having you participate at our 2008 Achievement Day event!



**HELP OUR 4-H MEMBERS BY
DONATING YOUR EMPTY
SHAMPOO AND LAUNDRY
DETERGENT BOTTLES FOR OUR
CHALLENGE CAMP RECYCLING
PROJECT! PLEASE BRING YOUR
CLEANED OUT BOTTLES TO 4-H**

ACHIEVEMENT DAY OR TO THE 4-H OFFICE BY MONDAY, APRIL 13, 2009

4-H YOUTH GARDEN CONTEST SCHEDULED FOR MAY 19, 2009*

Entry Forms Due On Or Before Thursday, April 30, 2009

AWARDS: May, 2009 - Noon at Sac's Western Store



Dear 4-H Club Member, 4-H Leader and Parents

The LSU AgCenter in Ascension Parish, County Agent's office welcomes and encourages 4-H'ers to grow a home vegetable garden. The contest is competitive with prizes or cash to be awarded. Photography results will be placed in the locate newspapers.

THE GARDEN

4-H'er MUST grow vegetables in the garden starting with four (4) vegetables. The garden can consist of **ONE** of the following.

1. One (1) long or short plowed row with 4 different vegetables
2. Square Foot Gardening (no smaller than 4' X 4' with 16 plants)
3. Container Gardens * Boxed in the ground (using cross ties or treated wood)
Container/Buckets (3) – 5 gallon Planters (size: [3] 5 gallon
4. A normal size plowed garden in partnership with parents, grandparents, a friend or another 4-H'er. (The garden may be large but the contestant must grow and work vegetables on 1 or 2 rows.)

- NOTE: Flowers (ex: mums, Impatiens, marigolds) will not be judged.
- **You must return entry form to the address below to receive details (record keeping, scorecard etc.,)**

QUESTIONS: call 225 (621-5799)

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4-H GARDEN CONTEST REGISTRATION FORM

COMPLETE THIS ENTRY FORM and RETURN BY APRIL 30 TO THIS ADDRESS:

Desiree A. Dorest, Area Agent (Horticulture)
ATTENTION: 4H GARDEN CONTEST
9039 St. Landry Road
Gonzales, LA 70737

Draw Map in Space Below

___ I WILL enter the 4-H Home Vegetable Garden Contest
(It is understood I'm responsible for the majority of the work in my garden.)

Signature: 4-H Member

Signature: Parent or Guardian

Name of 4-H'er (PRINT)

Route/P. O. Box/

City State Zip

Phone: _____

E-Mail: _____
(Please Print)

School: _____ Grade: _____

Use space in next column to DRAW A MAP, STARTING FROM YOUR SCHOOL, OF HOW TO GET TO YOUR HOME. (Your parents can draw this map). Use street name or road numbers.

Incomplete maps will be returned.