



I'm Alone and O.K.



Objectives:

Objective 1: Practice safety around the home and personal safety

Objective 2: Practice decision-making skills you would use when staying home alone

Target Audience:

K-5th grade children (best suited for Kindergarten and 1st grade)

Life Skill(s): Self-Responsibility

Character Focus: Responsibility

Delivery Mode: Group Meeting

Time Allotted: 30 minutes

Materials Needed for the Lesson:

Figures or puppets, printed on poster board with popsicle sticks or tongue depressors or actual puppets

O.K. Kelly

Tweety Bird

Pink Panther

McGruff

Telephone

First Aid Kit

Fireman's hat, matches

Flashlight

Number of Participants: 2 to 50

Author(s): Eloise Futrell, Family Life Specialist (Retired), Made available by Diane D. Sasser, Ph. D., and Lanette Hebert, 4-H Coordinator, Southwest and Central Regions

TIPS FOR VOLUNTEERS EDUCATORS

- Have all of your props laid out on top of desk. Remember to place props in order of your presentation to prompt you of the progression of your talk.
- Children can see your production better and will be more attentive if they are gathered around you on the floor. If the class is large, some children could sit in desks arranged in a semi-circle behind the children on the floor.
- It is very difficult to get and keep every child's attention all of the time. That is why it is important to keep things moving and exciting and to have lots of props.
- To keep the children's attention, use a variety of techniques. Be animated, whisper sometimes, and hold surprises behind your back or in a box. Ask questions, for example, "I'm thinking of a character you've seen on TV, and his motto is, "Take a bite out of crime." He's not a cat, or a cow or an elephant." Or, "What might happen if you are close to a window in a bad storm?"
- Caution: If you ask too many questions, be prepared for lots of answers and everyone wanting his or her turn to talk. Because of time constraints, it will be best to limit questions. Use them when you've lost their interest or attention. Examples: "Who can tell me...?" "Raise your hand if..."
- A script has been provided only as a training guide and a tool by which you can practice your presentation. An outline, typed or printed on a note card may keep you on track.
- Remember to "go with the flow." Just read the audience to see if they are interested or bored. If something is not working well for you, move on.

What You Say:**What You Do:****What Participants Do:**

Good morning/afternoon! My name is _____. I am so excited about being with you today! I have a lot of very important things to go over with you and some fun, surprise guests I brought along to help you learn some new skills.

First of all, I'd like to go over some rules so that we can all have a good time. Since time is limited and I have so much to share with you, you need to put on your listening ears stay quiet until it is your turn to talk. And if you have a question, I ask that you remember to raise your hand for me to see.

Now that you are all sitting perfectly still and quiet, let's meet our first guest of the day. (Reach into the box; put O.K. Kelly on your hand; bring him out) Well here he is! His name is O.K. Kelly. He wants to help you to be okay when you're home alone. That's how he gets his name, O.K. Kelly.

How many of you sometimes stay home alone or with just a young brother or sister? (Have O.K. Kelly look all around the room) (Now look at O.K. Kelly) Wow, O.K. Kelly! We have some important things to talk about with all these boys and girls. When you're home alone, it can be scary, huh? (Have O.K. Kelly shake head yes) What are some things that scare you, O.K. Kelly? (Have O.K. Kelly whisper in your ear)

1. A stranger calling on the phone?
2. If you get hurt and don't know what to do.
3. Bad weather? Yes, that can be real scary too.
4. Walking home alone?
- 5.

Have props all lined up in order of use since you will be using puppets in one hand and manipulating props with the other. Or recruit a helper.

Introduce yourself to group

Bring out puppet O.K. Kelly

Pull out a toy phone

Pull out first aid kit, open

Observe

Raise hands.

What You Say:**What You Do:****What Participants Do:**

6. Are you're scared of fire?

Well, O.K. Kelly, we're going to help you handle these fears. We're going to talk about each of these situations.

TELEPHONE

Let's start by introducing our first guest. Now ya'll watch and see if you recognize our guest. I know you've probably seen him on Saturday morning cartoons. Here he is.

Let's everyone say "Hi, Tweety Bird! Can you guess what Tweety Bird wants to talk about?"

Right. The telephone. "Well Tweety Bird, what should you do if the telephone rings?"

Tweety – You should answer it. It might be important. But just say "hello."

O.K. Kelly – What will I do if someone asks for my telephone number?

Tweety – Never give your number out. Just ask what number they are calling.

O.K. Kelly – What do I say if they ask to speak to my parents?

Tweety – Just say they are busy and can't come to the phone right now. NEVER, NEVER SAY YOU'RE ALONE!

O.K. Kelly – I have one last question. What if the person sounds scary on the phone?

Pull out fire hat and matches

Whisper the next sentence to catch kid's attention.

Pull out Tweety Bird puppet.

Have Tweety Bird pick up phone

Have Tweety Bird and O. K. Kelly puppets "talk" to each other.

Say "hi" to Tweety Bird.

Respond.

What You Say:**What You Do:****What Participants Do:**

Tweety – Just hang up!

O.K. Kelly – Thanks Tweety, now I know how to answer the telephone when I'm home alone. Boys and girls, there's a page in your O.K. Kelly booklet that you need to go over with your mother or father. It has a place for you to write phone numbers of parents, police, and fire department when you need help. Always keep it near your phone and make sure you know your address and even directions to get to your house.

FIRST AID

It's time to introduce our next guest so he can show you another surprise. Are you ready? Say "hi" to the Pink Panther. Have any of you seen him on T.V.?

Pink Panther what do you have in your surprise box?

Pink Panther – I've made a first aid kit which can be kept in any type of box.

Can you tell me which of these items I'll need if I get a cut or scratch?

Pink Panther – Yes, just wash the area gently with warm, soapy water and put on a bandage.

What about a bad bump or bruise?

Pink Panther – Apply ice or an ice pack wrapped in a cloth to the area. Without the towel the cold ice could burn and stick to your fingers.

That's a good point to remember! What do I do if I get a nose bleed?

Pink Panther – Sit with your head forward, looking down at the ground. Pinch the soft part of the nose together for about ten minutes. Putting a cold pack, or ice in a cloth on the back of the neck and forehead can help sometimes, but it is not usually

Bring out the "Pink Panther" puppet.

Open first aid kit.

Show soap.
Show bandage.

Say "hi" and respond if they recognize the character.

Respond and point.

What You Say:

What You Do:

What Participants Do:

needed. When it stops clean up the mess (put the blood stained tissues into a bin yourself, so that others don't have to handle your blood). . Your nose will probably feel blocked with blood, and you will want to blow the blood out. Try not to sniff or blow your nose for at least 30 minutes. If it doesn't stop keep pinching the soft part of the nose together. Get some more ice or a colder cold pack and hold it on for another 10 minutes Sucking a piece of ice may help [and at least it helps take the taste of blood out of your mouth.] Get help if the nose is still bleeding after 20 minutes

WEATHER

O.K. Kelly – The Pink Panther wants you to discuss another important topic with your parents. Raise your hand if you have ever been frightened by bad weather. We think all of us have at one time or another. When we are having dangerous weather, there are some very important rules for you to follow. Ask your parents where they'd like for you to go in your house if the weather gets too bad.

Pink Panther - ... and always keep a flashlight handy! Stay inside and away from windows in case they get broken.

SAFETY

O.K. Kelly – We have saved our special guest for last. He is called a Crime Dog on T.V. Can anybody guess his name? Here's McGruff the Crime Dog with some safety tips.

McGruff – Yes, I'm here to help you "Take a Bite Out of Crime." I want you to be safe while you're walking home or going into an empty house by remembering 3 basic safety rules. "

1. Don't ever go near a stranger's car.

Bring out O. K. Kelly. Pink Panther picks up a flashlight and whispers to O. K. Kelly.

Put Pink Panther away and take out McGruff.

Pull out McGruff and parade around to show the children.

What You Say:

2. Always keep the door locked when you are home alone.
3. Do not let anyone in unless your parents say its O.K.

FIRE

O.K. Kelly – Our last topic is very important one because McGruff knows that every year boys and girls get burned or killed because of something very dangerous.

McGruff – Yes, boys and girls we’re talking about fire. All of you know NEVER to play with matches, but do you know what to do if there’s an accident and your clothes catch fire? If your clothes catch fire, first STOP, then DROP, then ROLL. Watch me STOP, DROP and then ROLL. This will put the fire out. If you run, the fire will only get bigger and burn you more.

O.K. Kelly – Help me remember this important slogan by saying it with me. STOP! DROP! ROLL! Now go home today and teach this to your parents because many adults don’t even know this.

CONCLUSION

O.K. Kelly – Our time with you is up for today. Promise O.K. Kelly that you’ll tell your parents what you learned today. They will be so proud of you because you know so many safety rules and can now handle some emergencies.

Goodbye, Boys and Girls – Stay Safe

What You Do:

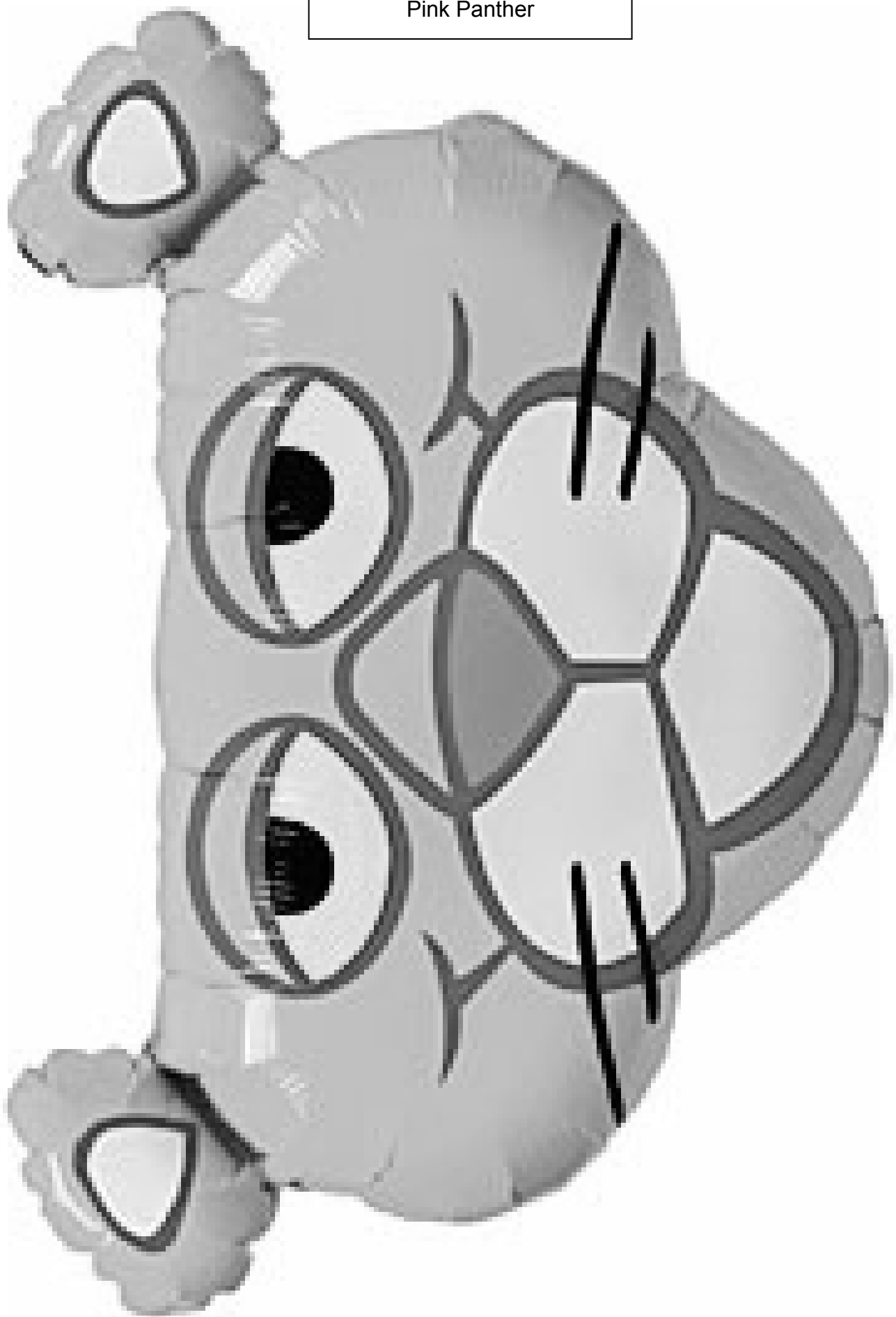
Pick up fire hat. May have to put O. K. Kelly away for the time being as you pick up props.
Put hat down and pick up matches.

McGruff demonstrates.
Put McGruff away temporarily and bring out O. K. Kelly.

What Participants Do:

Repeat after O. K. Kelly,
“STOP, DROP, and ROLL!”

Pink Panther



McGruff



Tweety Bird

